

# Being a Lifelong Learner and End of Workshop Survey

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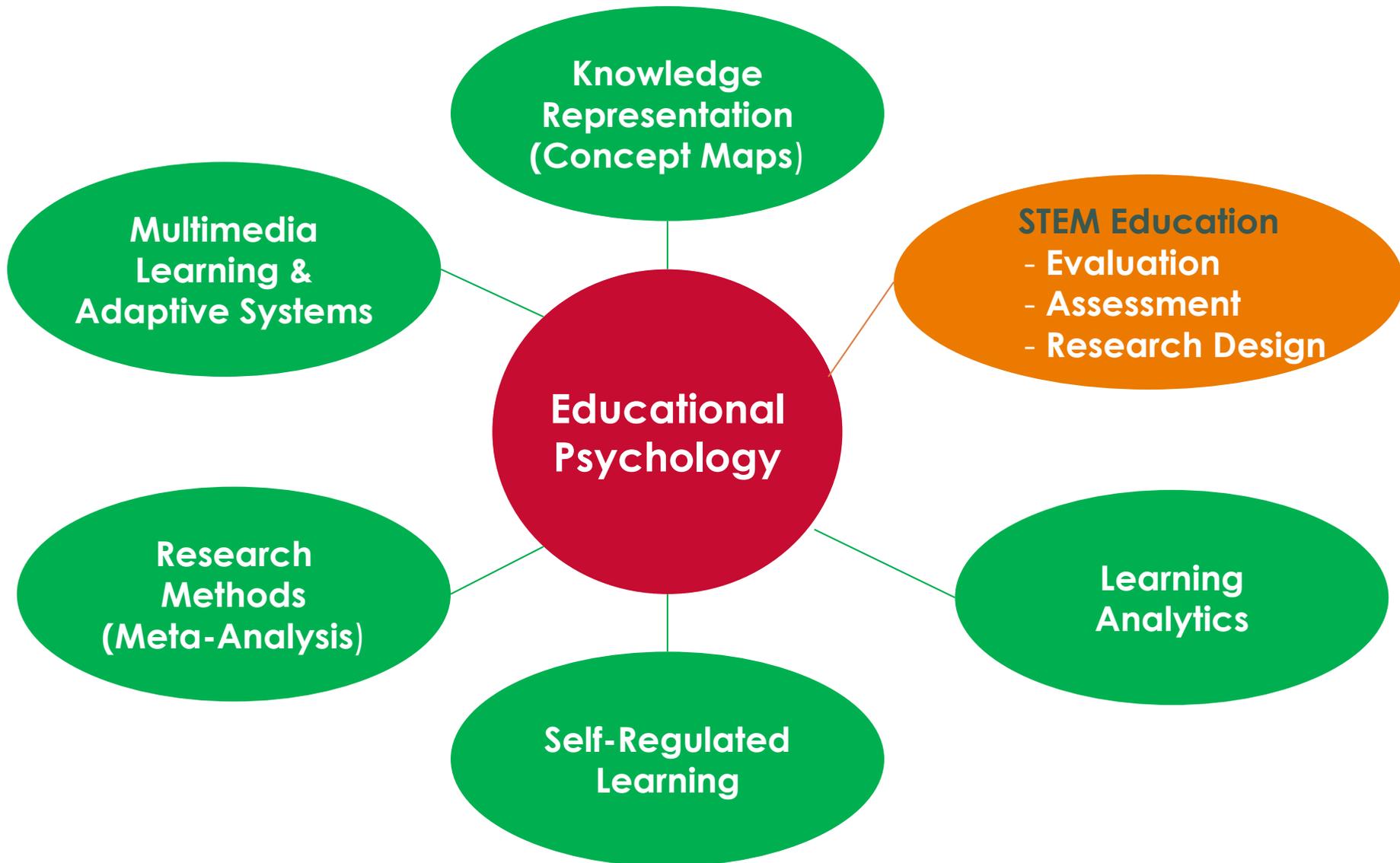
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# Research Interests



Being a  
Lifelong  
Learner

# Who Is a Lifelong Learner?

- ▣ Someone who is committed to ongoing education
- ▣ Embraces a growth mindset ... **the day we stop learning is the day we die**
- ▣ Lifelong learning can consist of multiple activities including earning a degree, pursuing certifications and on-the-job training, reading to learn new things, etc.

# Who Is a Lifelong Learner?

- ▣ Uses both **formal and informal learning opportunities** to foster continuous development and improvement of the knowledge and skills needed for career and personal fulfillment (Fairbanks, 2021)

# Who Is a Lifelong Learner?

- ▣ Lifelong learning is the ongoing education of the self. Because it's on a continuum, this type of learning is self-motivated and often self-taught.... It's about having a fierce **desire to gain knowledge and skills whenever, wherever, and however** (Griffin, 2022)

# 7 Ways to Become a Lifelong Learner

- Be self-regulated - accept responsibility for your own learning
- Keep a list of “to-learn” things and set goals
- Ask questions when confused
- Put what you are learning into practice
- Improve your memory ... re-read, do practice testing, etc.
- Embrace a growth mindset
- Read! Read!! Read!!!

# End of Workshop Survey



Thank you for participating in the 2025 Cybersecurity Education and Research Summer Workshop. This brief survey is designed to gather your feedback about the workshop's content, delivery, and overall impact. It will take approximately 20 minutes to complete. Your responses will be kept confidential, and only summarized aggregate results will be used for evaluation and reporting purposes.

We greatly appreciate your time and valuable input.



# Survey QR Code



# Survey Link

[https://wsu.co1.qualtrics.com/jfe/form/SV\\_50Aaqj5Y6PV5EXk](https://wsu.co1.qualtrics.com/jfe/form/SV_50Aaqj5Y6PV5EXk)

# Thank You

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