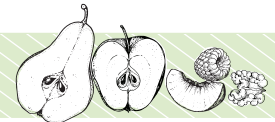


Menu of Offerings

This menu is designed to help you better understand the variety of activities that a Supplemental Nutrition Assistance Program-Education (SNAP-Ed) provider can offer to support your food bank or food pantry. The goal of SNAP-Ed is to improve the likelihood that persons eligible for SNAP will make healthy food choices within a limited budget, as well as choose active lifestyles consistent with the current Dietary Guidelines for Americans and the USDA food guidance.

To find your local SNAP-Ed provider: wasnap-ed.org/interactive-map/. SNAP-Ed is a different program than SNAP. If you are looking for food assistance resources to share with shoppers (clients), please go to agr.wa.gov/services/food-access/access-food-near-you.

Appetizers



The “appetizers” are the common statewide SNAP-Ed offerings. These are a great place to start if you are just getting familiarized with SNAP-Ed.

TASTINGS/COOKING DEMOS

A SNAP-Ed provider can come to your location and host a recipe taste-testing activity or provide a cooking demonstration.

RECIPE DEVELOPMENT

Based on the types of foods that are commonly available at your food bank/pantry, a SNAP-Ed provider can provide relevant recipes that you can share with your shoppers.

EDUCATION CLASSES

This includes classes on nutrition, physical activity, cooking, grocery shopping on a budget, and more.

SNAP MATCH OPPORTUNITIES

A provider can help connect shoppers to SNAP Match opportunities through their local farmers markets and grocery stores. These programs increase SNAP recipients’ food benefits so they can purchase more fruits and vegetables.



Main Courses



The “main courses” are the activities that support Policy, Systems, and Environment (PSE) work. These have potential to improve a community’s health by making physical activities and healthy food more accessible.

NUTRITION POLICY DEVELOPMENT

Nutritional guidelines for your food bank to improve the quality of food and to provide increased access to healthy foods for your shoppers.

SHOPPING MODEL ASSESSMENT

Assistance transitioning from the pre-built box model of distribution to a grocery-style shopping model.

DONOR EDUCATION

Guidelines and/or education materials to inform donors about the types and quantities of foods needed at your food bank. Policy development around the donation of expired food, “seconds,” and/or highly processed foods.

SWAP ROLLOUT

Supporting Wellness at Pantries (SWAP) is designed to promote the donation and selection of foods within the food bank system. It uses the traffic light system (green, yellow, red) to categorize foods based on their nutritional value.

FOOD SAFETY POLICIES

Guidelines for shoppers and/or donors around topics such as food washing, handling, storage, and consumption.

COALITION DEVELOPMENT

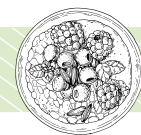
Facilitate connections and opportunities for collaboration between your food bank and other potential partners, organizations doing similar work, individuals seeking to get involved, etc.

FOOD WASTE REDUCTION

Education for food bank staff/volunteers and/or food bank shoppers on food waste reduction from the Food Smarts Waste Reduction curriculum.



Desserts



All SNAP-Ed provider offerings are sweet, but the “desserts” are extra sweet. These offerings can help make your food bank a more vibrant, welcoming, and accessible place for shoppers.

FARMER/VENDOR RELATIONSHIPS

Tips and assistance creating purchasing relationships with farmers and other food vendors in your community.

PROCURING LOCAL FOOD



Connect to the bounty of your region and provide your shoppers with fresh, flavorful foods grown closest to them.

IMPROVEMENTS IN LAYOUT/DISPLAY

Encourage healthier choices, provide more education, and create an all-around better experience for your shoppers.

ACTIVE LIVING

Receive curriculum centered around healthy movement, mobility, and low barrier physical activity for all ages.

UPDATED SIGNAGE

Create updated signage to promote education, clarity, cultural food information, more. Translations are also available.

FOOD PREFERENCE SURVEYS

Develop and administer efficient, useful surveys to get feedback directly from your shoppers to make further improvements.