

Washington SNAP-Ed Forum: Strengthening Partnerships Panel



SNAP-Ed Forum: Strengthening Partnerships School Meal Programs

Liz Beechler, RDN

Director of School Meal Programs, OSPI CNS

Rachel Floyd

Special Programs Specialist, OSPI CNS



School Meal Programs



National School Lunch Program



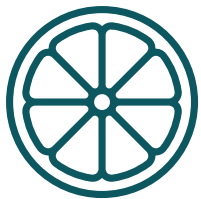
Seamless Summer Option



School Breakfast Program



Afterschool Snack Program



Fresh Fruit and Vegetable Program



Special Milk Program



Fresh Fruit and Vegetable Program



Local School Wellness Policy

Specific Goals

for nutrition education and promotion, physical activity, and other school-based activities that promote student wellness

Nutrition Guidelines for all Foods and Beverages Sold

to students on the school campus during the school day that are consistent with federal regulations

Standards for all Foods and Beverages Provided

(not sold) to students during the school day

Policies for Food and Beverage Marketing

of only foods and beverages that meet the Smart Snacks in School nutrition standards

Description of public involvement, public updates, policy leadership, and evaluation plan

Wellness Committee

parents, school members, students, community members and health professionals



OSPI Child Nutrition Services Contact:

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Alliance for a Healthier Generation

Tools & Resources for Your SNAP-Ed Projects



MAY 2024



Tools to Engage Schools & Districts



Improving Nutrition & Food Access

To what extent does your school...

- Implement farm to school activities?
- Prohibit the use of food as a reward?
- Use a trauma-informed approach to implement policies and practices regarding nutrition & food access?
- Mitigate stigma associated with school meal programs?
- Have a process in place to collaborate with community organizations to support nutrition & food access?



Best Practices

- Supplement Nutrition Services with locally grown food
- Provide alternative rewards such as outdoor time or physical activity
- Provide professional development opportunities for staff members
- Celebrate or include meals that are culturally appropriate
- Utilize our Healthier Generation Collaborator Analysis Tool on the Action Center

Resource Hub

- Supporting Food Security in Schools
- Improving Food Access and Nutrition



[Food Access Resources](#)

Creating Collaborative Nutrition Education
Increasing Student Engagement Through Taste Tests



[Nutrition Services Resources](#)

- Model Wellness Policy
- Collaborator Analysis Toolkit



[Toolkits & Guides](#)



Athena Dávila-Miranda

PRONOUNS: SHE/HER

WASHINGTON PROGRAM MANAGER

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GET STARTED ON THE
ACTION CENTER HERE!



FY23 Team Nutrition Grant

Power Up Your Program

Erica Lamson MPH, RD

Project Director

Office of Superintendent of Public
Instruction

Shannon Delaney MPH, RDN

Project Coordinator

Office of Superintendent of Public
Instruction



Our Approach



9 Month/3 Stage Action Pathway



Assess & Engage

Plan & Implement

Improve & Sustain

Supported by:

Online Canvas course

Monthly collaboration calls

Technical Assistance

Community Partners



2024-2025 Partnership Opportunities

Partner with
Participants

- School Nutrition Directors
- CACFP After School Program Directors

*2024-2025
Pathways*

- Nutrition Education - Extends beyond classroom (taste tests, cafeteria signage, school gardens,...)
- Culturally Inclusive meals/menu

Collaborate

- School Partners/Providers Workgroup



POWER UP YOUR PROGRAM!

Boost Nutrition Education, Equity, and Engagement in School and Afterschool Meals Programs

Join child nutrition program peers from across Washington for action-focused training and collaboration at no cost to you!

Choose an action path

- Path A: Nutrition education to power up healthier choices
- Path B: Culturally inclusive nutrition education, meals, and menus

Engage with

- An action-focused training program aligned with the school year
- Self-paced online Canvas course
- Monthly collaboration/coaching calls
- One-to-one support
- High-quality resources

Designed for

- National School Lunch Program (NSLP) & School Breakfast Program (SBP)
- Child and Adult Care Food Program (CACFP)
- At-Risk Afterschool Meals & Outside School Hours Care Centers

This project is funded using U.S. Department of Agriculture (USDA) Team Nutrition grant funds. USDA is an equal opportunity provider, employer, and lender.

Join the 2024–2025 Team!



Elevate your program and offer even more powerful benefits!



Spark lasting partnerships and community connections!



Get recognized with local, state, and national promotion opportunities!

To Register:

Go to:
2024–2025 Registration Form
<https://forms.office.com/r/9Mbas3ndmC>



Or Contact:

Shannon Delaney: Shannon.Delaney@k12.wa.us
Erica Lamson: Erica.Lamson@k12.wa.us



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Join Us...

1. Visit our table

2. Get in touch

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Washington
State Department of
Agriculture



Farm to School

WSDA Regional Markets Program



Annette Slonim

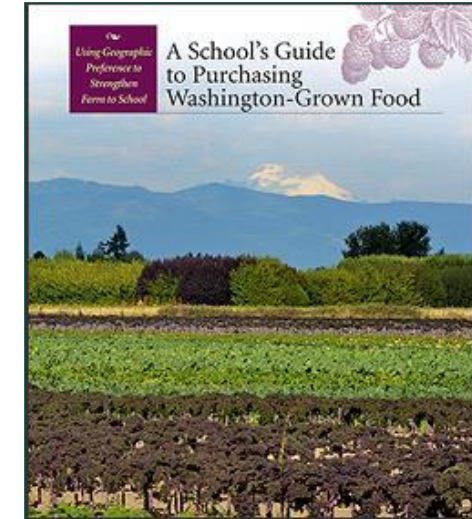
Farm to School Lead

WDA Farm to School Programming



- Taste Washington Day
- Trainings and workshops
- Technical assistance for schools and farms
- Factsheets and tools
- Policy, research and surveys
- Special projects
- **Purchasing grants!**

Learn more at <https://agr.wa.gov/farmentoschool>



WSDA Farm to School Toolkit

FOR SCHOOLS

FOR FARMERS

RECIPE TOOLKIT



RESOURCES FOR SCHOOL GARDENS AND FARM EDUCATION

Food grown in school gardens can be served in the cafeteria! Learn about best practices for food safety in the school garden and ways to integrate garden produce into school meals.

[READ MORE](#)

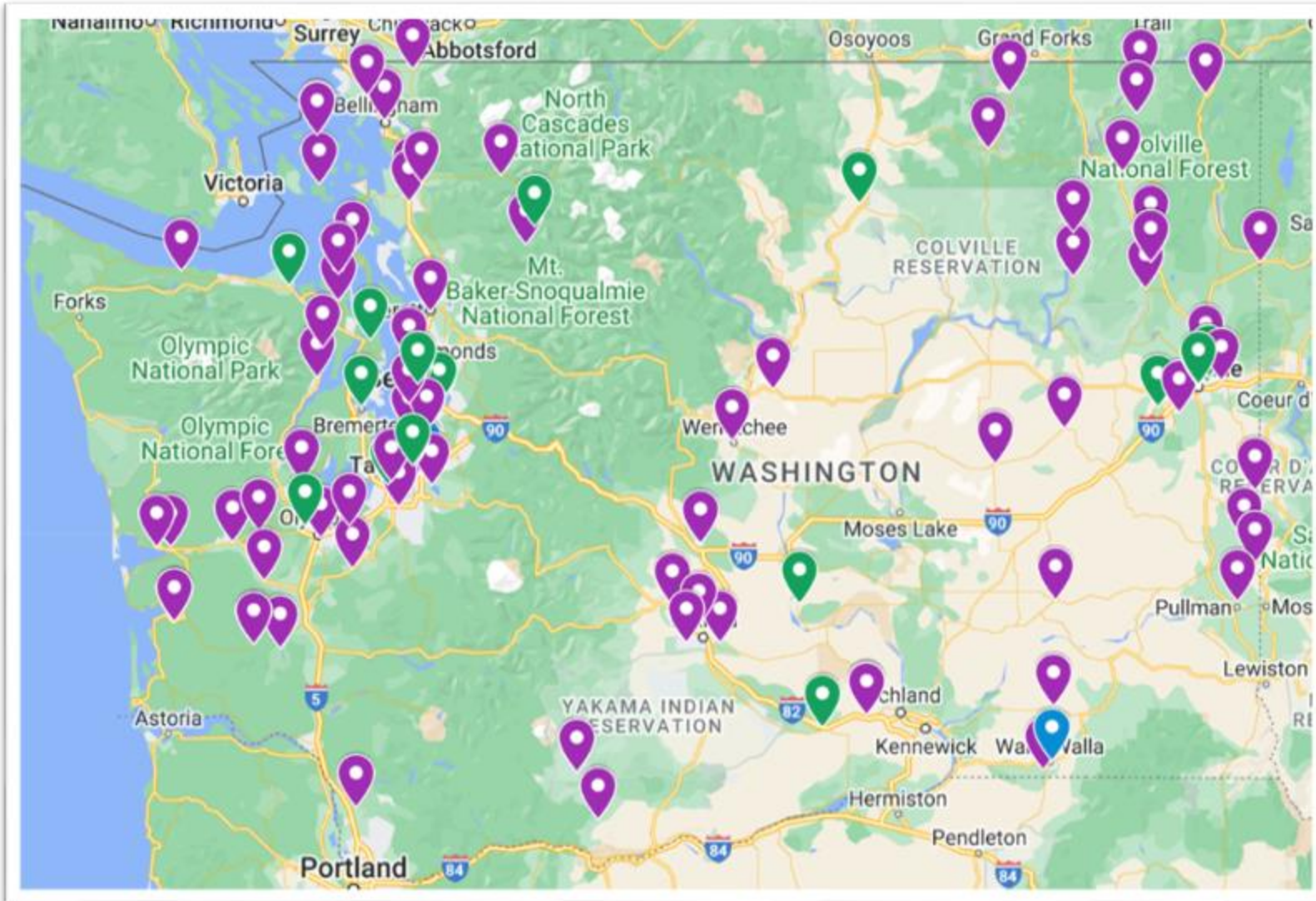
Farm to School + SNAP-Ed



- **Education & Promotion**
 - Cafeteria Taste Testing & Nutrition Ed
 - Harvest of the Month
 - Fresh Fruit & Vegetable Program
 - Taste Washington Day
- **Local Food Procurement**
 - Outreach to local farmers
 - Coordinating orders / deliveries
- **Scratch Cooking**
 - Equipment
 - Culinary Skills Training
 - Seasonal Recipes
- **Wellness Policies**



WSDA Farm to School Purchasing Grants 2023-2025



[WSDA Farm to School Purchasing Grants Homepage](#)

[Map of WSDA Farm to School Purchasing Grantees 2023-2025](#)

[List of WSDA Farm to School Purchasing Grant Award Recipients 2023-2025](#)



Contact Us!

Regional Markets – Farm to School Program



Washington
State Department of
Agriculture

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Farm to School Lead

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WEB

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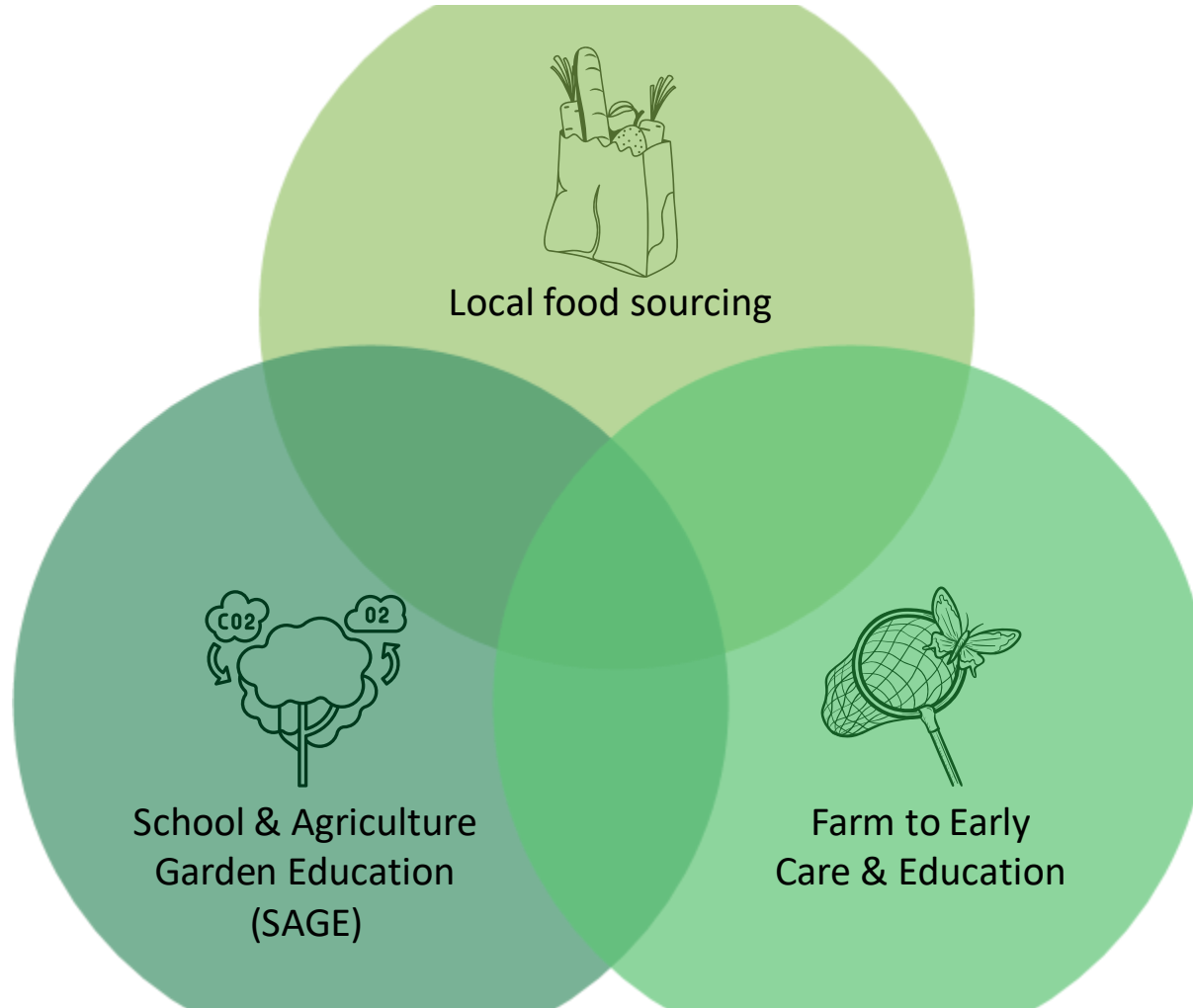
WA FARM TO SCHOOL NETWORK

Goal: Create connection to catalyze systemic change



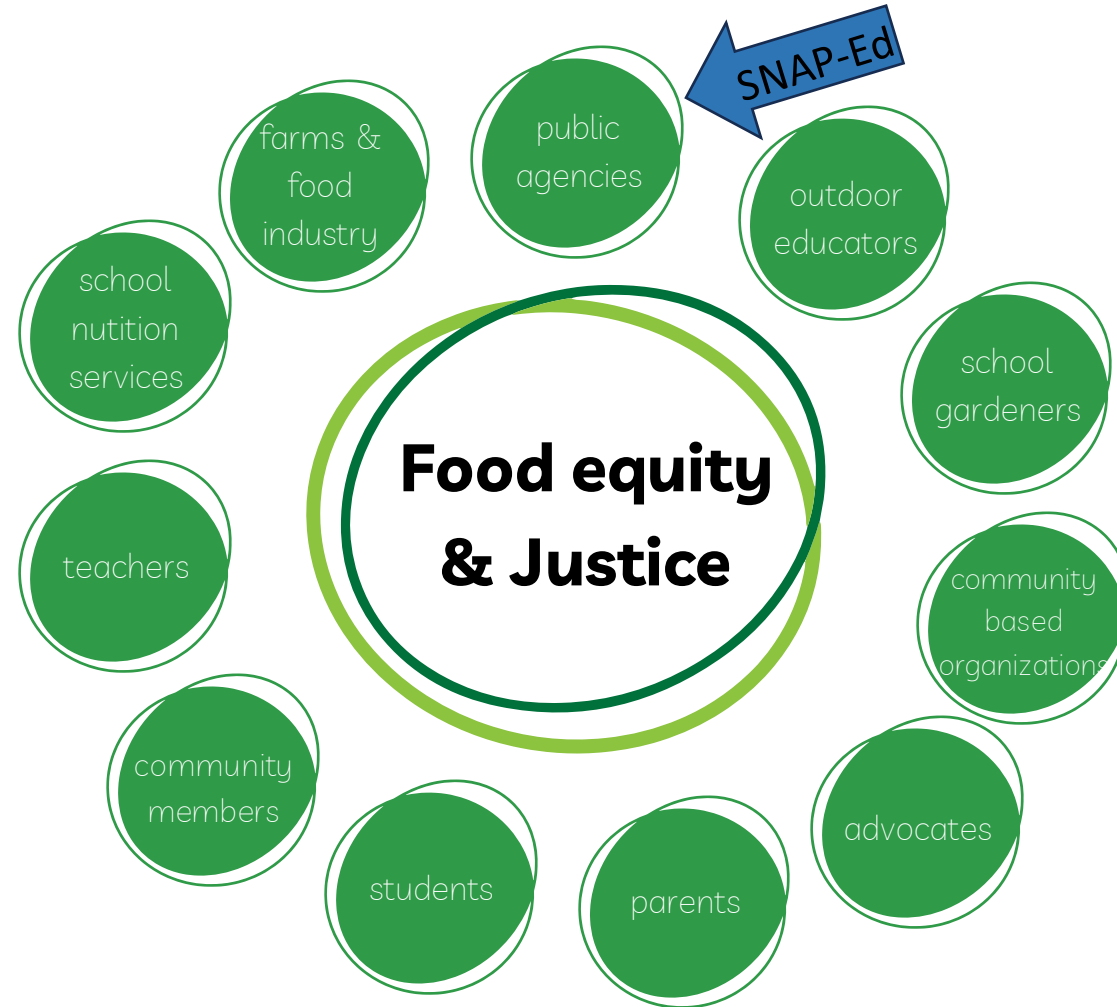


NETWORK PRIORITIES





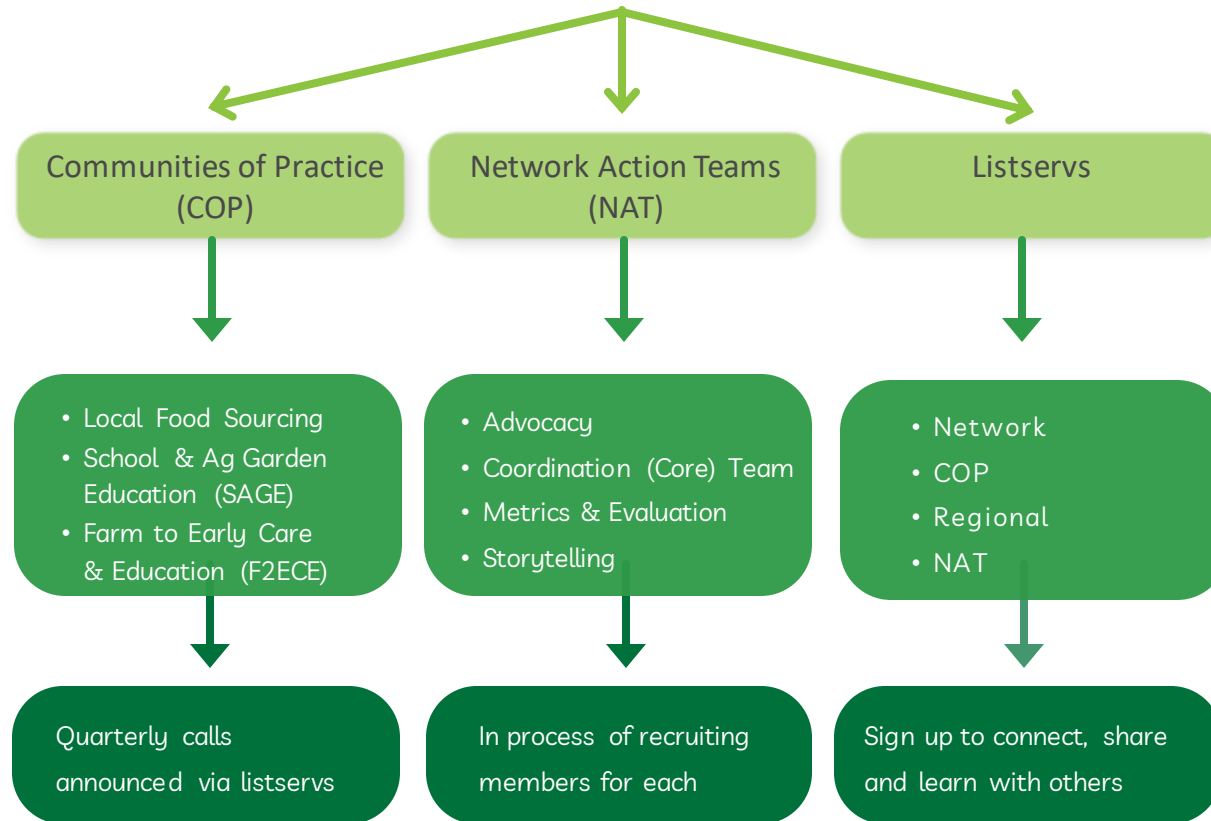
NETWORK MEMBERSHIP



516 members



WAYS TO ENGAGE



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waf2s_foodsourcing-join@lists.wsu.edu

waf2s_sage-join@lists.wsu.edu
waf2s_farmtoece-join@lists.wsu.edu



LET'S GROW TOGETHER!

JOIN THE NETWORK AT:

<https://wafarmtoschoolnetwork.org>

REY COOLEY - WA F2S NETWORK COORDINATOR

rey.cooley@unitedgeneral.org



***Special
Olympics
Washington***



A Partnership to Advance Health Equity

May 22, 2024

Introductions



Emma Richardson
Director of Health Programs

Special Olympics Washington removes barriers and stigmas that people with intellectual and developmental disabilities (IDD) face.

We aim to improve the overall wellbeing and maintain continuity of programming care throughout their lifetime.



Health Disparities



People with Intellectual Disabilities and Developmental Disabilities

5X

DIABETES

3X

ARTHRITIS

2X

CARDIOVASCULAR
DISEASE & ASTHMA

16


ON AVERAGE
DIE 16 YEARS
PREMATURELY

For every 10 athletes on a U.S. Special Olympics team:



 **8** are overweight or obese

 **7** have significant problems with flexibility


4 need a new prescription for eyeglasses


 **2** have some kind of eye disease

 **3** will fail a hearing test

 **3** have low bone density

 **3** have untreated tooth decay

 **1** needs an urgent referral to a dentist

Special Olympics Inclusive Health Strategy



Play to Prevent

Ongoing Prevention and Fitness



Assess to Address

Early Detection & Care Coordination

**Health
Equity**



Train to Treat

Training the Health Workforce



**Health Systems
Transformation**

Inclusive Health Advocacy

A Shared Mission:

Improve the health and wellbeing of marginalized populations:



**Chronic
Disease
Prevention**



**Increase
access
regardless of
geographical
barriers**



**Increase
access
regardless of
coverage**



**Health
Professional
Training**

Intersecting Projects

Including: Health Equity Advocacy, Public Health Research, Program Design and Activation, Health Professional and Student Training



Rosemary Collaborative

Aims to increase positive health outcomes globally through accelerating local-level research, policy, and practice for ID-inclusive health through connections from a global network. In WA we are working to:

1. identify the current gaps within the WA State Healthcare System for People with IDD, increase awareness and catalyze action for ID-Inclusive Health Systems
2. health systems reforms that stand to improve health access or outcomes for people with intellectual disabilities.

Of note: increasing access to state funded programs, healthcare advocacy, policy change

Calls for support: WA state policy stakeholders guidance and/or participation for interview subjects and phase 2 direction.



Health Messengers

To create inclusive health systems, people with intellectual disabilities have to be included in the conversation.

Health Messengers are trained through Special Olympics to:

- providing athletes with a technical skill set that enhances their ability to be a leader and advocate for themselves and others in all aspects of health (e.g., health, fitness, with healthcare providers),
- empowering athletes to advocate for the health needs of people with intellectual disabilities, and
- promoting athlete knowledge of health and change in health behaviors.

Of note: Nutrition Education, increasing SNAP-Ed access, Medicaid waiver program and healthcare system literacy, policy advocacy.

Calls for support: SNAP-Ed program education, opportunities for policy advocacy, focus group participation



Building Bridges

The goals of this program are to improve key components of health for Native Americans in Washington with intellectual disabilities. We will focus on supporting the development of culturally relevant and evidence-informed sports, health, and leadership programs in four Washington tribes

- **Physical Fitness**, through Special Olympics sports training, fitness, and competition opportunities, including Native sports and games,.
- **Health and Wellness** through medical provider training, free health screenings, health education, family support services, and youth programming
- **Social inclusion** through Unified Sports and Schools, with the delivery of Unified Champion School programs through intentionally planned and implemented activities affecting systems-wide change for youth with and without disabilities.

Call to Action Summary



Advocacy

Support our athletes in their advocacy work



Volunteer

the 200,000 residents with IDD and Unified Partners in WA

Train

Athletes and Health Professionals



Guide

We need your perspective



Collaborate

Let's work together to create equitable health systems



Emma Richardson

Director of Health Programs
Special Olympics Washington
erichardson@sowa.org

Special Olympics Washington

2815 2nd Avenue, Suite 370,
Seattle, WA 98121

[SpecialOlympicsWashington.org](https://www.SpecialOlympicsWashington.org)

Thank You

Basic Food Outreach

BFO Program Overview

Mission - FNS works with State and local agencies, advocates, employers, community and faith-based organizations, and others to reach out to eligible low-income people who are not currently participating in SNAP and share information about the nutrition benefits of SNAP to help them make an informed participation decision

Program Model - BFO is part of SNAP and operates on the state level similar to BFET and SNAP-Ed

Funding – BFO receives 50 percent federal funds, and 50 percent organizations fundraise.

Basic Food Outreach partners can help you:

- Complete your SNAP application, interim report and recertification
- Understand the application process
- Gather and submit required verifications
- Remain eligible for SNAP by helping with the recertification process

Lead Contractors

Western Washington – Eastern Washington

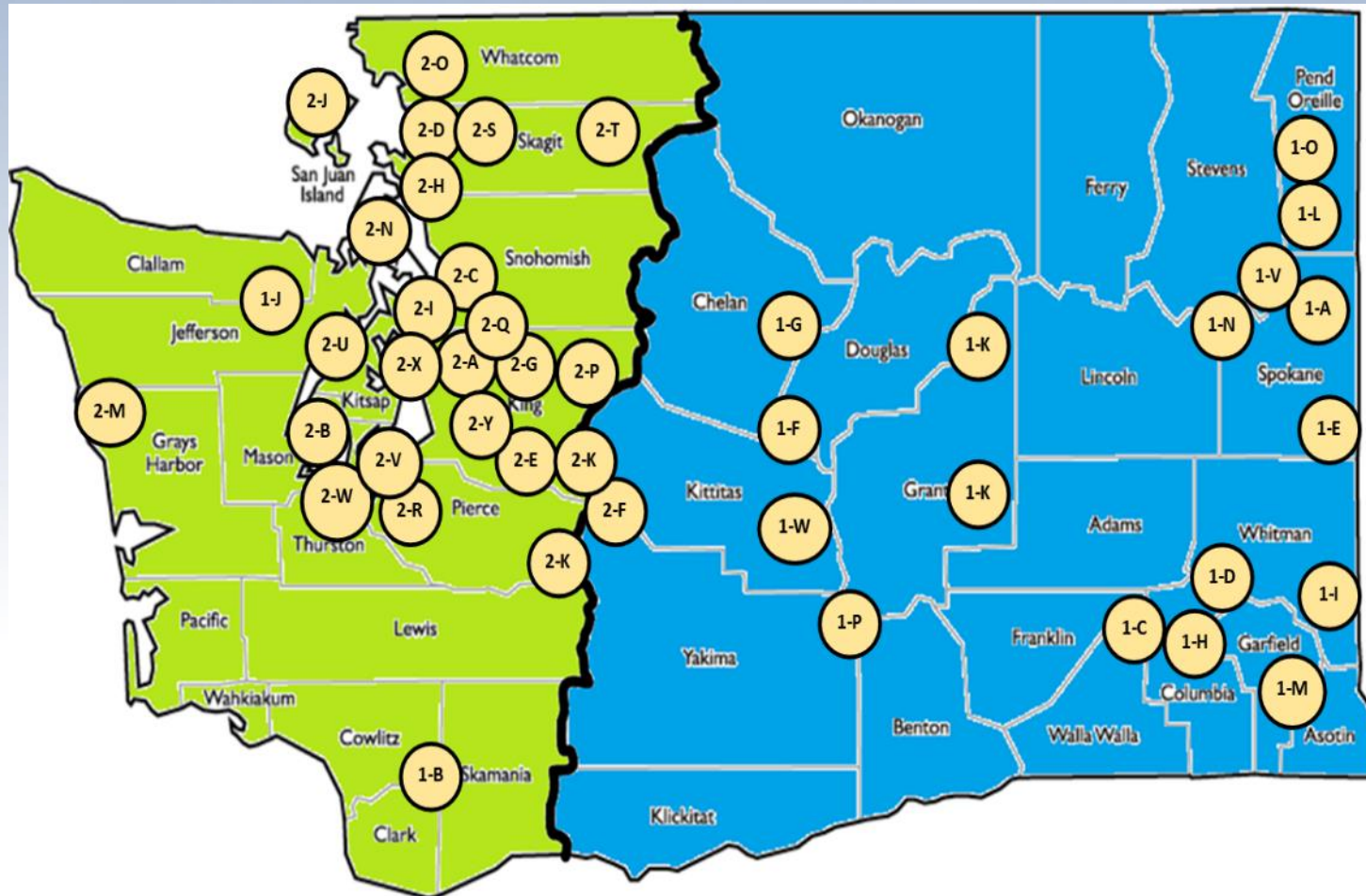


Sub-Contractors

Transforming
Lives



Map of Partners



Ways to Connect

Potential Clients – Call 2-1-1 and locate BFO providers and CSOs near you.

Potential BFO Contractors – Contact me if your organization is interested in becoming a BFO contractor

Contact Information

E-mail: ProehJ@dshs.wa.gov

Phone: (360) 764-6117

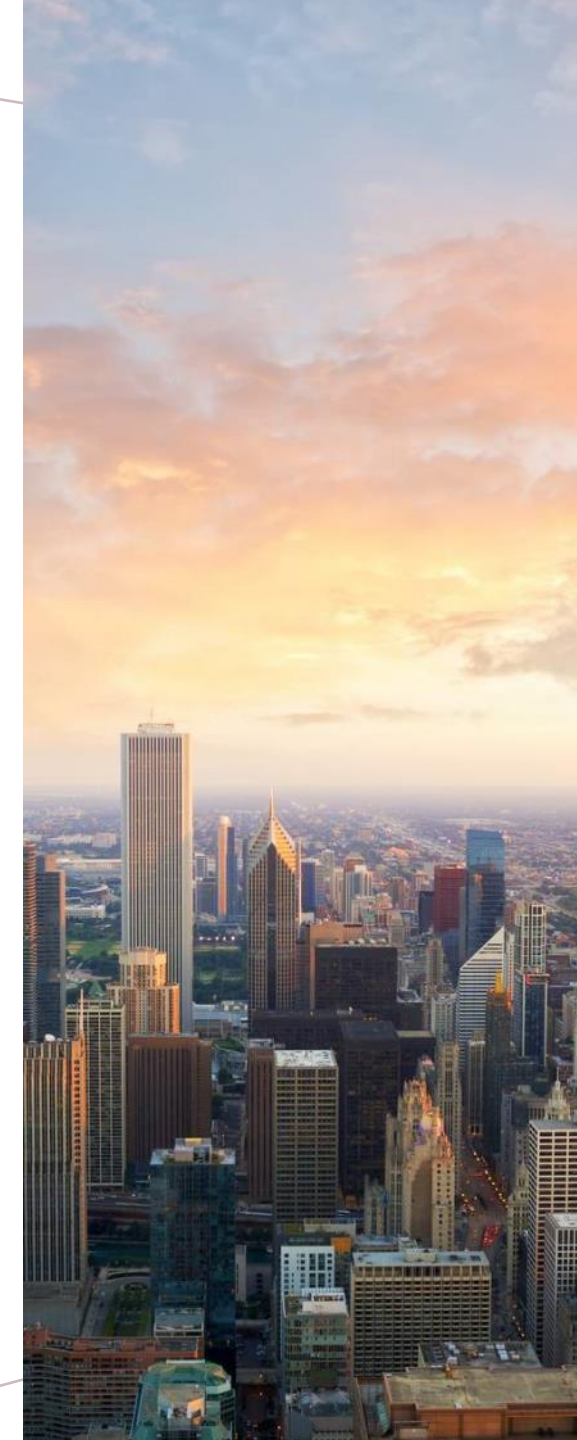
*PIERCE COUNTY
LPA (LOCAL
PLANNING AREA)*



Local Planning Area Partnerships (LPAs) serve to coordinate, communicate, and connect projects and resources with other community organizations and partners so that WorkFirst participants and others living in poverty can succeed.

The primary goal is to reduce barriers, and link services and resources for those that need it most.

LPAs also serve as a forum to coordinate the development and delivery of services at a more localized level, taking into consideration all community resources.



WHO HAS TO BE AT THE TABLE?

DSHS
DEPARTMENT OF COMMERCE (COM)
EMPLOYMENT SECURITY (ESD)
STATE BOARD OF COMMUNITY AND TECHNICAL COLLEGE

WHO DO WE WANT AT THE TABLE?

ALL OF YOU!!



LPAS MEET REGULARLY TO BUILD AND MAINTAIN LOCALIZED PARTNERSHIPS AND LEVERAGE RESOURCES.

THE ROLE OF THE LPA IS TO SHARE INFORMATION AND RESOURCES TO ADDRESS THE CHALLENGES OF WORKFIRST AND OTHER LOW-INCOME FAMILIES TO MOVE TOWARDS SUSTAINABLE ECONOMIC INDEPENDENCE AND FINDS WAYS TO FILL THE "GAPS" IN NEEDED ASSISTANCE.

CURRENT THEME FOR THE YEAR IS GETTING INTO THE COMMUNITY AND VISITING OUR COMMUNITY PARTNERS (OUR HOSTING SCHEDULE, VISITING FAIRS, ETC.).

RESOURCE FAIR BEING HELD ON JUNE 5TH FROM 10AM TO 2PM AT THE PIERCE NORTH CSO. YOU ARE ALL WELCOME TO ATTEND.




[ECONOMIC SERVICES STRATEGIC GOALS | DSHS](#)
[\(WA.GOV\)](#)

Goal #4 – *“Promote ESA as a partner of choice by welcoming new partners and identifying innovative ways to collaborate for mutual, supportive relationships that work towards positive outcomes for shared customers.”*

[DASHBOARD ESA COVID.PDF \(WA.GOV\)](#)

- Statewide TANF counts as of April 2023 had increased by 51% from prior to COVID.
 - Per eMAPS, Pierce County TANF case count is about 30% higher than prior to COVID (February 2020): 4,554 vs. 3,514
- Statewide: Since Feb. 2022 (Ukraine War) – we've seen a massive increase in non-citizen households.
 - Per eMAPS, Pierce County TANF recipients has increased 14.4% during that time. State Family Assistance (SFA) since that time increased from 90 cases to 453 currently.



*WE INVITE YOU TO JOIN THE LOCAL
PLANNING AREA IN YOUR COUNTY. WE
WILL PROVIDE CONTACT
INFORMATION FOR ALL LPAS ACROSS
THE STATE. IF YOU HAVE QUESTIONS
ABOUT BENEFITS, ASSISTING YOUR
CLIENTS WITH APPLICATIONS, OR
CONNECTING THEM WITH
ORGANIZATIONS THAT OFFER JOB
PLACEMENT OR TRAINING,
PLEASE REACH OUT. THANK YOU!*

Jeffrey McCarthy

Operation Management Analyst

Pierce North CSO

Jeffrey.McCarthy@dshs.wa.gov

Thank You!

