

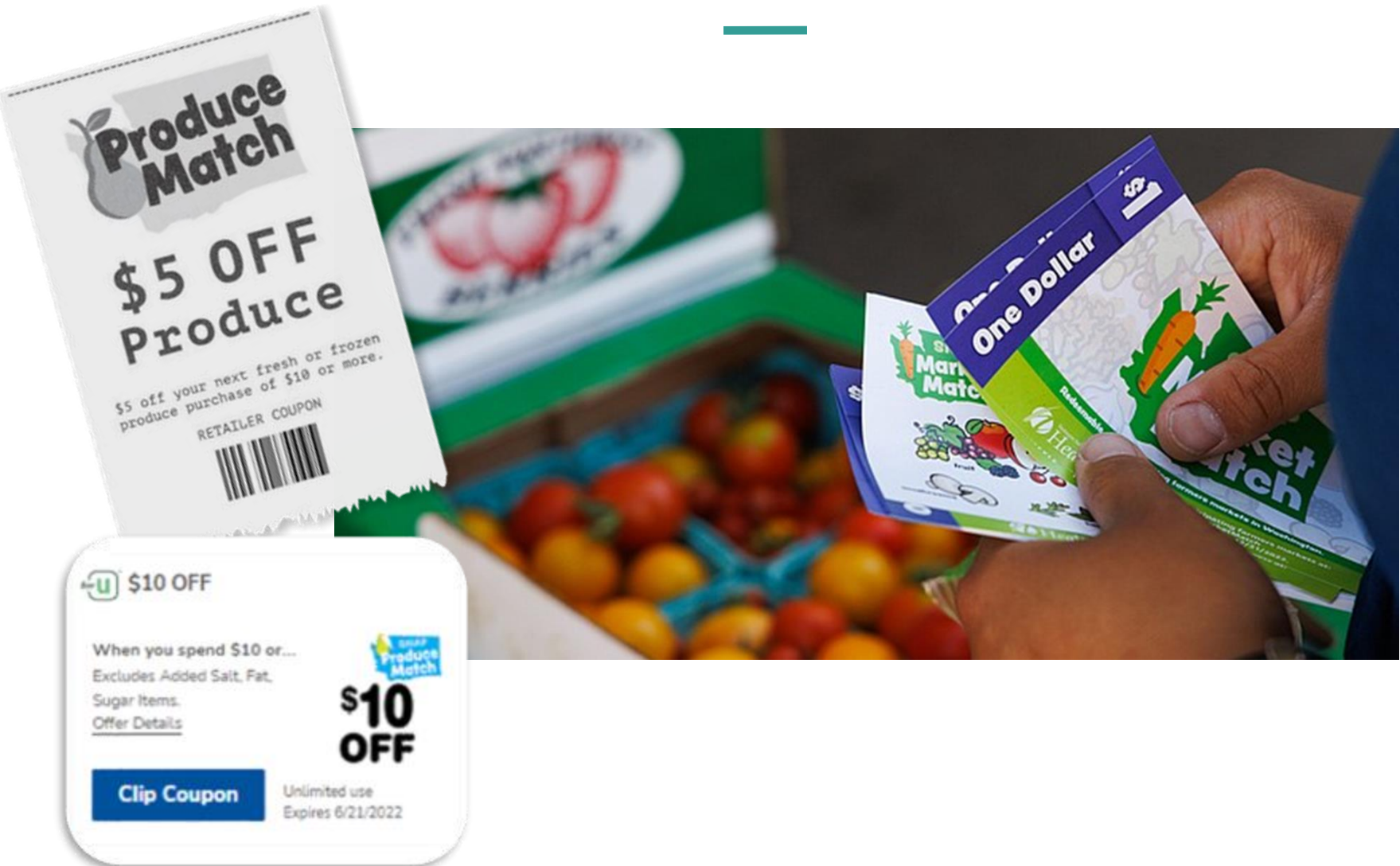


**SNAP Match in Grocery
Stores and Farmers Markets**

What is SNAP Match?



What is SNAP Match?



How does SNAP Produce Match Work?



Buy at least \$10

of fresh or frozen fruits and vegetables with your EBT card.



Save the coupon

that prints on the bottom of your shopping receipt.



Use the coupon

for \$5 off your next purchase of fresh or frozen fruits and vegetables.



**fresh and frozen fruits and vegetables with no added salt, sugar, or fat*

How does SNAP Market Match Work?

Go to the farmers market information tent.

Swipe your EBT card for the amount you want to spend at the market.

Match your EBT dollars with SNAP Market Match.

Shop for fresh produce, seeds, and plant starts.



Current SNAP Match Locations

Grocery (211 locations)

- Amazon Fresh
 - Online
- Safeway and Albertsons
 - In-store and online
- Fiesta Foods
- The Food Co-op
- Chimacum Corner Farm Stand
- Community Food Co-op
- SeaTac International Market
- Skagit Valley Food Co-op
- Sophiya Mini Market and Halal

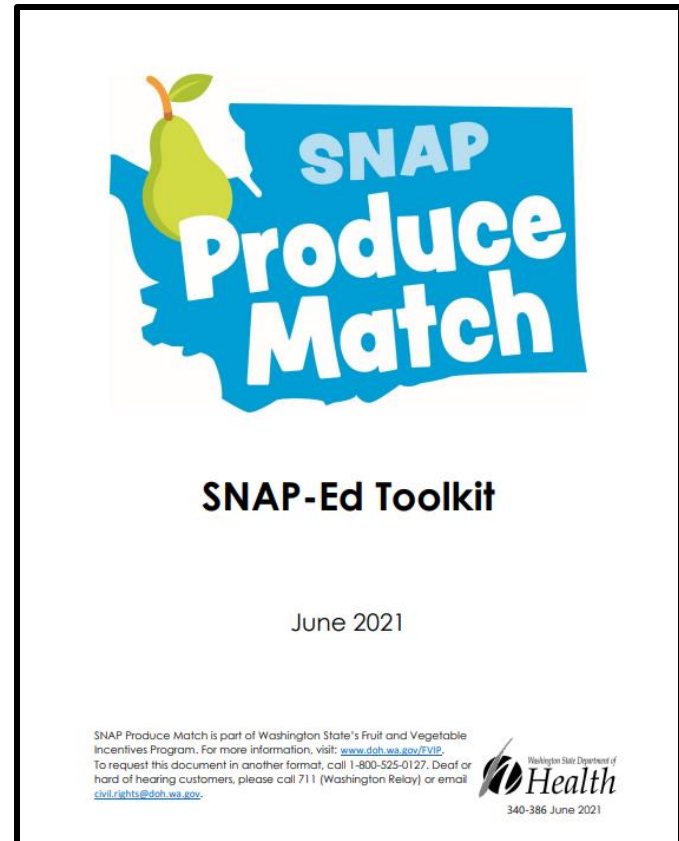
Farmers Markets (121 locations)

- 6 farm stands
- 3 mobile markets
- 112 farmers markets



SNAP-Ed Toolkit

- Background
- Potential SNAP-Ed activities
- Program promotion
- Troubleshooting
- Will be updated this summer



Rack Cards, Posters, and More!

Order free printed promotional materials:

www.doh.wa.gov/SNAPMarketMatch

www.doh.wa.gov/SNAPProduceMatch



SNAP Market Match

Redeemable at participating farmers markets in Washington.

Double your SNAP/EBT dollars!
Here's how it works:

- Go** to the farmers market information tent.
- Swipe** your EBT card for the amount you want to spend at the market.
- Match** your EBT dollars with SNAP Market Match.
- Shop** for fresh produce, seeds, and plant starts.

Find a list of participating farmers markets at: doh.wa.gov/SNAPMarketMatch



SNAP Produce Match Makes Getting Fruits and Vegetables a SNAP!

Find a list of participating grocery stores at: doh.wa.gov/SNAPProduceMatch

Here's how it works:

- 1** Buy at least \$10 of fresh or frozen fruits and vegetables with your EBT card.
- 2** Save the coupon that prints on the bottom of your shopping receipt.
- 3** Use the coupon for \$5 off your next purchase of fresh or frozen fruits and vegetables.

DOH 340-381 May 2021 To request this document in another format, call 1-800-525-6122. Dead or best of breeding customers please call 311. Washington Relay or email call@rightdoh.wa.gov. SNAP Produce Match is made possible and administered by Washington State Department of Health and material is based upon work that is supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, under award number 2020-70309-03185.



RECIPE Vegetable Stir Fry

INGREDIENTS

- 1 tablespoon vegetable oil
- 1 cup onion, chopped
- 1 red or orange bell pepper, cut into thin strips
- 1 head broccoli
- 1 cup snow peas
- 2 cloves garlic, chopped
- 2 tablespoons low sodium soy sauce

OPTIONAL INGREDIENTS

- Brown rice or another whole grain

DIRECTIONS

1. Wash and cut vegetables.
2. Heat oil in a large skillet over medium heat.
3. Add onions, peppers, and garlic to skillet and cook over medium heat for 5 minutes.
4. Add zucchini and broccoli to skillet and continue to cook until vegetables are tender.
5. Add soy sauce and stir until sauce boils.
6. Remove from skillet and enjoy over brown rice.

How SNAP-Ed Can Help

- Join our Community of Practice!
- Learn how the program works at locations in your area so that you can become a resource.
- Promote the program in ways that make sense for your local community.
- Include SNAP Match info as part of grocery and farmers market tours.
 - We can help with talking points, promo materials, and 'swag'
- Include information about SNAP Match in classes or when tabling at community events

How SNAP-Ed Can Help

- Share with SNAP shoppers and community partners what to do if a coupon doesn't print
 - Email SNAP.ProduceMatch@doh.wa.gov
 - Call (360) 236-3148
- Share “how to” for home delivery, provide assistance.
- Share grocery locations in your communities that would be good partners for SNAP Produce Match.

