

THE SNAP-ED DIFFERENCE

SNAP-Ed's goal is to make it easier for everyone to **eat healthy** and **be physically active**, in alignment with the most current recommendations.

By May of 2023, SNAP-Ed sponsored

298

Policy, Systems and Environmental (PSE) activities

that reached **234,413** people

By May of 2023, SNAP-Ed ran

184

Direct Education Programs

that reached **3,493** youth and **187** adults

ACTIVITIES ACROSS WASHINGTON

SNAP-ED WORKS EVERYWHERE IN THE COMMUNITY

SNAP-Ed's strong partnerships allow **Policy, System, and Environmental** activities to take place in a wide variety of locations throughout Washington State, increasing access for the people who most need it.

Farm to Community

"a collaboration with the **Silent Task Force**, a community based nonprofit organization, was established to lead after school garden activities. The after school garden club meets twice a week ... with a total of 30 students enrolled, grades K-5. Students participate in food gardening and nutrition education activities co-led by Silent Task Force and SNAP-Ed staff ... activities focused on composting, soil health, MyPlate food groups, eat a rainbow, seed planting, harvesting & preparing kale."

— WSU King County

Access to Healthy Foods

"...community-based organizations such as food pantries have been at the forefront of a cultural shift in the world of 'emergency food' ... [The WSU Clallam and Jefferson Team wrote an article published to multiple sites] ... to educate audiences about the need for community donations, as well as the positive changes that food banking has undergone in recent years [going] from emergency food system to welcoming, wellness-centered places that contribute to local economies while capturing nutritious food headed to the waste stream."

— WSU Clallam and Jefferson

Direct Education

"...a 3-lesson [**Food Smarts**] series was offered [and] the teacher jumped at the opportunity to have SNAP-Ed in her classroom for 4 periods ... Students were very interested in how food could help them in athletics and academics. When relating food to how it can help their bodies be at its best is when the students took notice and started engaging more in the conversations."

— WSU Spokane County

Access to Healthy Foods

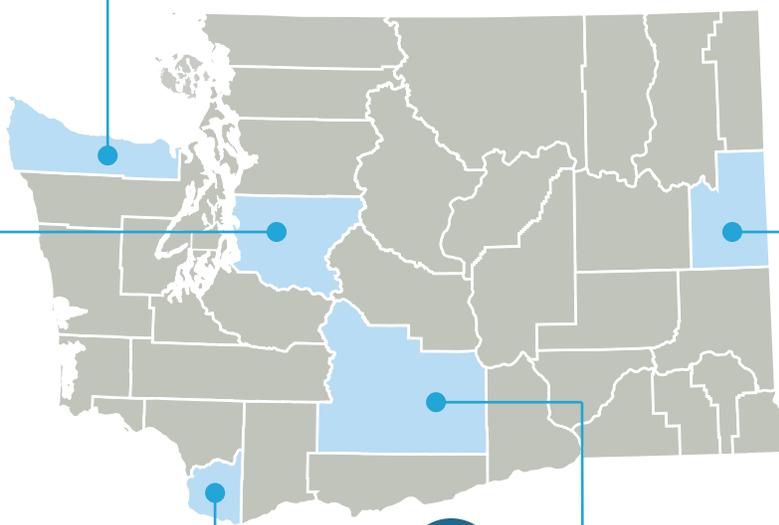
"SNAP-Ed has been creating picture-based recipes to highlight foods found in the backpack program. These recipes have become so popular that **Family and Community Resource Room Coordinators (FCRC)** are using them outside of the backpack program. During a recent pantry tasting, SNAP-Ed found that the recipes had been laminated and displayed on pantry cabinets. The FCRC Coordinator shared how many of her families don't usually use canned foods, so they loved getting some recipe inspiration."

— WSU Clark County

Diverse Partnership

"What was initially planned as a procurement partnership strategy meeting turned into a deep, complex, intense conversation about the possibilities of culturally responsive agricultural education, field trips, veggie bars, and the future of Toppenish's students. Steps were made toward procurement, but the conversation was far richer than we all could have dreamed."

— Yakima Valley Farmworkers Clinic



SNAP-ED 2023 Mid-year SNAPshot

POLICY, SYSTEMS, & ENVIRONMENTAL CHANGES

TYPES OF PSE CHANGES ENACTED

By May 2023, SNAP-Ed facilitated **298** PSE activities across the state, with **21** newly started projects.

Activities below reflect the number of ongoing PSE projects by intervention type:



Access to Healthy Foods

127 PSE projects ongoing at

116 sites



Farm to Community

144 PSE projects ongoing at

138 sites



Physical Activity

19 PSE projects ongoing at

17 sites

DIVERSE PARTNERSHIPS

TOP PARTNERSHIP SECTORS

The Washington SNAP-Ed program values diverse partnerships. The quality of our programming is enhanced through increased collaboration.

1

**Schools
(Pre-K - 12th grade)**



2

**Agricultural organizations/
Farmers markets**



3

**Food banks &
food pantries**



4

**Low-income
housing**



5

**Foundations, nonprofits, &
philanthropic organizations**

Lummi Tribal Health Center, Skagit Food

Preservation, WSU Whatcom County SNAP-Ed and the **Lummi Diabetes Prevention Program** teamed up to offer two food preservation classes on the reservation this winter in order to increase food security, resilience, connection to traditional foods, and overall nutrition supports ... The food preservation classes reached a total of **17** [individual] tribal members over the course of two classes in two weeks ... In the middle of the class

Lummi Commods served lunch, chili and beef stew, that was shared with the educators and tribal members. The educators and participants all swapped knowledge, food experiences, and stories with each other which deepened our WSU educator's knowledge on food preservation practices on the reservation. Participants left with a better understanding on how to store, preserve, and ferment their foods. Educators also left with a humbled and better understanding of traditional food systems within Lummi.

— WSU Whatcom County