



Alliance for a Healthier Generation

Tools & Resources for Your SNAP-Ed Projects

APRIL 2023





ALLIANCE FOR A HEALTHIER GENERATION

Whole Child Health & Health Equity

We work to ensure that every mind, every body, and every young person is healthy and ready to succeed.

What, if any, HG resources have you used in the past with your projects, and how?

Healthier Generation Action Center

- Evidence-based Best Practices
- District & School Team Access
- Self-Paced & Flexible Experience
- Action Steps for Improvement



READY TO GET STARTED?



Join your organization's team to access

- Assessments
- Action Plan
- Awards
- And more!

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[JOIN A DISTRICT](#)

[JOIN OUT-OF-SCHOOL TIME SITE](#)

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»  Dashboard

 My Organizations

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 Training

 Get Help

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Administration 

My Dashboard

Build a healthier organization with our 6 Step Process

Follow our proven process to solidify healthy policies & practices and strengthen the culture of health.

[Learn about the 6 Step Process](#)

Explore Resources

Discover trainings, one-pagers, worksheets, toolkits and more in the Resource Hub.

[Access resources](#)

My Organizations

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 Schools  Districts

Pita Comprehensive

FREDERIKSTED, VI

[Go to Action Plan](#)



Thriving Schools Integrated Assessment

The Thriving Schools Integrated Assessment is an evidence-based self-assessment tool to support districts and schools in identifying strengths and opportunities for improvement regarding policies and practices that promote student achievement and the well-being of

In Progress

[CONTINUE](#)

Thriving Schools Integrated Assessment - All Topics

- Advancing Core Policies & Practices
- Increasing Family & Community Engagement
- Improving Nutrition & Food Access
- Implementing Local School Wellness Policy
- Enriching Health Education
- Bolstering PE & Physical Activity
- Strengthening Social-Emotional Health
- Cultivating Staff Well-Being
- Promoting Tobacco-Free Schools
- Supporting School Health Services
- Reducing Chronic Absenteeism
- Addressing School Discipline
- Building Staff Capacity
- Fostering Positive School Climate and Culture

Improving Nutrition & Food Access

- To what extent does your school....
 - Implement strategies to maximize participation in school meal programs?
 - Implement farm to school activities?
 - Have a process in place to collaborate with community organizations to support nutrition & food access?
 - Use a trauma-informed approach to implement policies and practices regarding nutrition & food access?
 - Provide adequate time to eat school meals?
 - Prohibit the use of food as a reward?
 - Mitigate stigma associated with school meal programs?

Nutrition & Food Access

- To what extent does your school implement strategies to **maximize participation** in school meal programs?

Fully-In Place Response

- School implements at least 3 of the following strategies:
 - Breakfast in the classroom
 - Second chance breakfast
 - Alternative points of sale for reimbursable meals (e.g., outside lines, kiosks, grab & go options, reimbursable vending machines)
 - Marketing and merchandising techniques (e.g. attractive presentation, healthy options easily accessible, inviting cafeteria environment)
 - Seeking feedback from the school community through taste tests and surveys

Action Plan Tool

ALLIANCE FOR A HEALTHIER GENERATION | ACTION CENTER

Welcome, Alexis | My Account | Log out

Dashboard

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Focaccia Elementary...

Assessments

Healthy Schools ...

RISE Index

Action Plan

Reports

Team

Resources

Training

Action Plan

Introducing the Action Plan

The Action Plan is a collaborative to-do list that helps you and your Wellness Team plan and prioritize healthy changes for your organization this year.

Want to help us improve the Action Plan? [Let's talk!](#)

How do I use the Action Plan?

Use your Action Plan to outline the tasks, dates, and resources that you and your Wellness Team will use to meet your goals.

[Learn more about using the Action Plan](#)

To work on

[+ Add item](#)

TIS-2 RISE
Delivering social-emotional and behavioral interventions

Unanswered [View >](#)

This year's goals

[+ Add item](#)

SWB-1 RISE
Opportunities for staff to build relationships with each other

Partially in place [View >](#)

Done

Select “View” to add tasks, notes, etc.

Strategies to Deepen Engagement



Child Nutrition Services Staff

- Honor and celebrate their role & program strengths
- Promote unity between admin & CNS
- Avoid pointing out opportunities; offer tools to help them discover and ideate
- Promote resources that will make their lives easier (i.e., Smart Food Planner)
- Start with staff wellbeing

More Recommended Resources



Resource Hub

- **Filling Your Cup: Comprehensive Self-Care Strategies**
- **Improving NS & FA**



On-Demand
E-Learnings

- **Celebrations that Support Health**
- **Applying a Trauma-Informed Lens to PA**
- **Classroom PA Resources**



Context Specific
Resources

- **District Leadership Team Toolkit**
- **School Wellness Committee Toolkit**



Toolkits &
Guides



Model Local School Wellness Policy

POLICY GUIDANCE



JUNE 2020

MY ORGANIZATIONS > FOCACCIA ELEMENTARY

Wellness Policy Builder

 [Preview Your Policy](#)
 [Download Policy Document](#)

INTRODUCTION

[How to Build Your Wellness Policy](#)

POLICY SETUP

District Information 

Policy Title 

Preamble 

DISTRICT WELLNESS COUNCIL

Meeting Frequency 

Members 

ACCOUNTABILITY

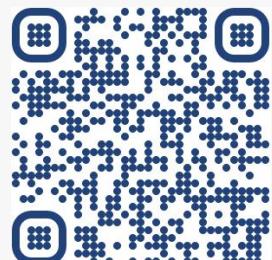
Triennial Assessment 

Documentation 

Notification to the Public 

NUTRITION SERVICES

School Meals: Programs 



Model Policies & Wellness Policy Builder



Proud to be one of
**AMERICA'S
HEALTHIEST
SCHOOLS**



Learn more and apply at
healthiergeneration.org/award

America's Healthiest Schools

- Healthier Generation's annual list of America's Healthiest Schools recognizes schools for advancing the health of the entire learning community.
- Any U.S. K-12 school is eligible to apply for recognition in up to nine topic areas.
- Awardees will receive a promotional package to share their accomplishments with the community.



Improving Nutrition & Food Access

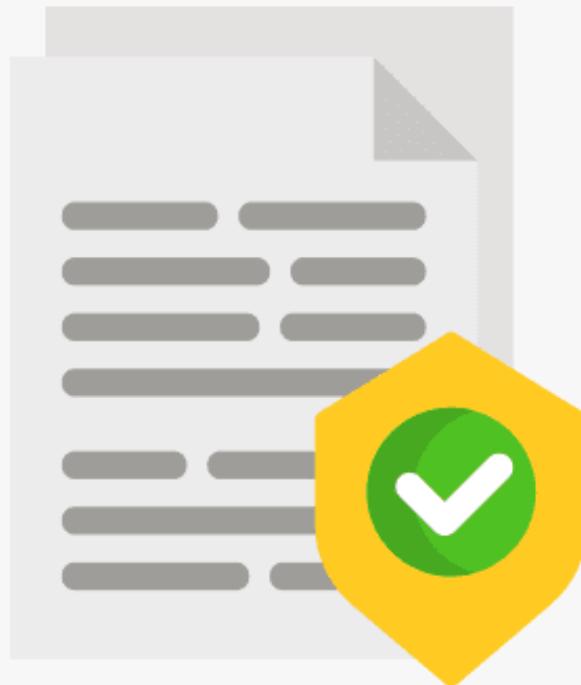
Recognizes school teams that:

- Maximize school meal participation
- Partner with community organization to increase food access for students
- Collaborate with teachers on nutrition education



Learn more and apply at
healthiergeneration.org/award

Call 888-543-4584 or e-mail awards@healthiergeneration.org



Implementing Local School Wellness Policy

Recognizes school teams that:

- Implement the district's wellness policy with a diverse, coordination team
- Set measurable goals
- Reflect on progress, successes, and challenges



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healthiergeneration.org/award

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Questions?



Thank you!

  @healthiergen   /HealthierGeneration

