

# Eat Well + Move



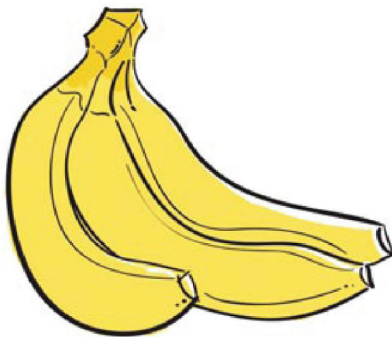
Name or ID

Date

## 1. Circle kids being active.



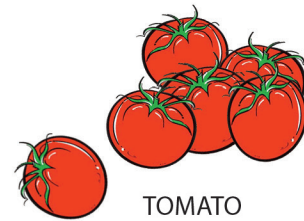
## 2. Circle healthy snacks.



BANANAS



FRENCH FRIES



TOMATO



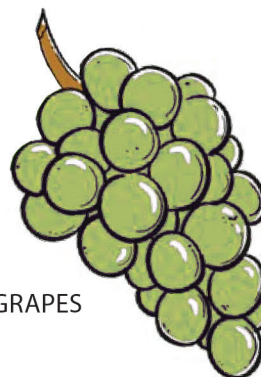
YOGURT

/ 4

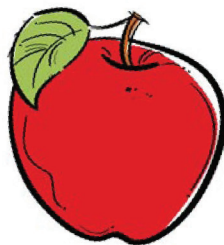
## 3. Circle vegetables.



BROCCOLI



GRAPES



APPLE



GREEN BEANS

/ 4

## 4. Circle dairy foods.



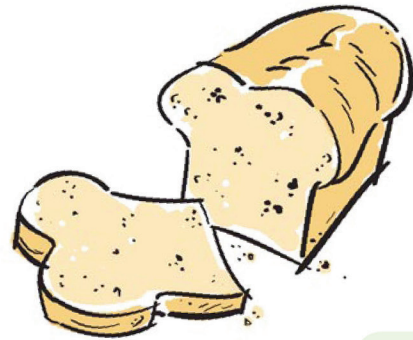
EGG



MILK



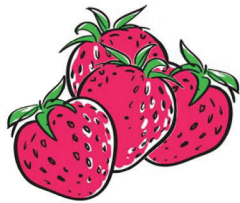
CHEESE



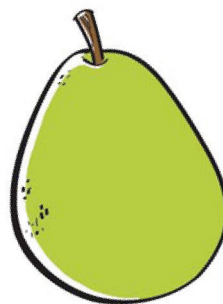
BREAD

4

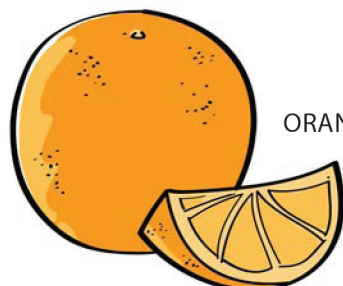
## 5. Circle fruits.



STRAWBERRIES



PEAR



ORANGE



CARROTS

4

## 6. Circle kids who should wash their hands before eating.



4

### For Staff

This tool is for students in kindergarten, 1<sup>st</sup> or 2<sup>nd</sup> grade.

Curriculum

Grade

School

Teacher



Extension

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