

Tiara Rose Freeman

Curriculum Vitae

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Education:

- **Psychological Science Ph.D. Program** (GPA 3.89) – August 2023 – Present
Concentration in Environmental Psychology
Ph.D. Program completion expected May 2028
Washington State University, Pullman, Washington
- **M.S. in Experimental Psychology** (GPA 3.86) – August 2023 – May 2025
Master's Thesis Titled: A Hot Topic: Examining Personality and Ambient Temperature in Predicting Affect
Washington State University, Pullman, Washington
- **B.S. in Psychology, magna cum laude** (major GPA 3.89) – April 2019 – June 2021
Concentration in Neuroscience & Minor in Anthropology
Portland State University, Portland, Oregon

Fellowships:

- 2026 – Psychology Department Marchionne Full-Year Research **Fellowship Award** - \$30,000
 - Competitive Departmental Fellowship offering funding for a student to work on their research project for 12 months
- 2026 – Psychology Department Teaching Marchionne Fellowship Award - Not selected
- 2025 – 2026 CAS Boeing Environmental Science **Fellowship Award** \$4,000
 - Competitive Fellowship that offers funding for projects examining a complex environmental-based problem
- 2025 – CAS Foundry 10 Summer Bridge **Fellowship Award** \$5,000
 - A fellowship that provides summer funding to grad students during the summer to work on projects related to their major research area
- 2024 – Summer Marchionne Fellowship Award - Not selected
- 2023 – NSF Graduate Research Fellowship Program - Not selected, but reviewed positively
 - Title: "Examining individual differences in predicting affect during heat stress"

Grants:

- 2026 – WSU Psychology Department Craft **Travel Award Recipient** \$1,650
- 2025 – WSU Psychology Department **Travel Grant Recipient** \$1,000
- 2023 – Relationship Research Interest Group **Travel Grant Recipient** \$2,000

- 2022 – Psi Chi Unrestricted **Travel Grant Recipient** \$1,500
- 2021 – PSU President’s Diversity Mini-**Grant Recipient** \$500
 - Funded participant payments for the SPARA initiative

Honors and Awards:

- 2025 – 2027 American Indian College Fund- Full Circle **Scholarship Award** \$10,000
- 2026 – WSU Experimental Psychology Graduate **Student Excellence Award** \$300
- 2026 – UCF Health Scholars **Award** \$500
- 2025 – SPSP Graduate Registration Stipend **Recipient** \$230
- 2024 – GPSA **Expo Research Award - 3rd Place Recipient** \$400
- 2024 – 2025 GPSA Grammarly Scholarship **Recipient** \$200 (Fall & Spring semesters)
- 2023 – 2025 Graduate Diversity Assistantship Pathway Program **Recipient** \$20,000
- 2023 – Department of Veterans Affairs - CIVIC Employee Recognition Award **Nominee**
- 2022 – Western Psychological Association Psi Chi Regional **Research Award** \$400
- 2021 – Society for Community & Action Research Biennial **Scholarship** \$300
- 2020 – 2021 PSU **President’s List:** Winter 2020 to Spring 2021 consistently
- 2019 – 2020 PSU **Dean’s List:** Spring 2019, Fall 2019, Summer 2020
- 2019 – Psi Chi Psychology Honors Society Induction

Research Experience:

- **PhD Student Researcher** – August 2023 – Present
 Social Cognitive Environmental Neuroscience (SCeNe) Lab
 Washington State University | Pullman, Washington <https://labs.wsu.edu/scene-lab/>
 - Collaborates with Kimberly Meidenbauer, Ph.D., to assist with research projects on the human-nature relationship and testing experimental methodologies related to the heat-aggression hypothesis. Collaborates with the lab director and provides ongoing support for the lab's development. Directs undergraduate research mentorship.
- **Post-Bacc Research Assistant** – August 2022 – August 2023
 Center to Improve Veteran Involvement in Care (CIVIC)
 Department of Veterans Affairs, Research & Development | Portland, Oregon
 - Served as a qualitative data analyst & study recruiter under Lauren Denneson, Ph.D., and assisted the Principal Investigators and research associates with studies related to suicide prevention and intervention in veteran populations, including experimental treatment trials, longitudinal surveys, and reintegration interventions.
- **Student Co-Investigator** (Undergraduate & Post-Bacc) – January 2021 – August 2023
 Student Partners for Anti-Racist Advising (SPARA)
 Portland State University, Department of University Studies | Portland, Oregon

- o Spearheaded a mixed-method research project that examined transfer students' experience interacting with advisors and career counselors. This project was an extension of a Community Psychology Senior Capstone designed to implement a full action-based research program, which involved equal collaboration with student Co-Investigator Tsionah Novick, a partnership with community members, and collaboration with Julia Dancis, Ph.D., and Eric Mankowski, Ph.D.
- **Research Assistant** (Undergraduate & Post-Bacc) – February 2021 – March 2023
The Daily Affect, Drinking and Interpersonal Contexts (DYADIC) Health Lab
Portland State University, Department of Psychology | Portland, Oregon
 - o Collaborated with Cynthia Mohr, Ph.D., and the research team on multiple research projects studying the dyadic aspects of interpersonal relationships, drinking, and other health-related outcomes in military populations (funded by the Department of Defense or DoD) and college students.

Teaching Experience:

- **Instructor of Record** – May 2025 – May 2026
 - o *Psych 105 Introduction to Psychology (Fall 2025 & Spring 2026)* Pullman Campus, Supervisor Samantha Swindell, Ph.D. Department of Psychology | Washington State University | Pullman, Washington
 - o *Psych 265 Biopsychological Effects of Drugs (Summer 2025)* Global Campus Supervisor Remington Swenson, Ph.D. Department of Psychology | Washington State University | Pullman, Washington
- **Graduate Teaching Assistant** – August 2023 – May 2025
 - o *Psych 446 Environmental Psychology & Psych 324 Psychology of Gender (Spring 2025)* For Kim Meidenbauer, Ph.D. Professor and Blythe Duell, Ph.D., Professor-Department of Psychology | Washington State University | Pullman, Washington
 - o *Psych 223 Psychology of Happiness (Fall 2024)* For Kim Meidenbauer, Ph.D. Professor, Department of Psychology | Washington State University | Pullman, Washington
 - o *Psych 230 Human Sexuality, Psych 324 Psychology of Gender, Psych 201 Careers in Psychology (Fall 2023 & Spring 2024)* For Blythe Duell, Ph.D. Professor, Department of Psychology | Washington State University | Pullman, Washington
- **Post-Bacc Teaching Assistant** – July 2022 – August 2022
 - o *Psych 410 Psychology of Addictive Behavior (Summer term 2022)* For Cynthia Mohr, Ph.D. Professor, Portland State University, Department of Psychology, | Portland, Oregon
- **Volunteer Educator** – October 2019 – October 2022

- o *NW Noggin Neuroscience Outreach Program*: a project that brings students, scientists, and artists into classrooms, youth camps, juvenile detention centers, and other venues to spread science education and enthusiasm | Portland, Oregon (<https://nwnoggin.org/>)
- **Undergraduate Teaching Assistant** – September 2020 – June 2021
 - o *Psych 400 Psychopharmacology* (Spring term 2021) For Bill Griesar, Ph.D. Assistant Professor, neuroscience and psychology courses, Portland State University, Department of Psychology | Portland, Oregon
 - o *Psych 200 Intro to Psychology as a Natural Science* | (Fall 2020 & Winter 2021) For Bill Griesar, Ph.D. Assistant Professor, neuroscience and psychology courses, Portland State University, Department of Psychology, | Portland, Oregon

Peer-reviewed Publications:

- Schertz, K. E.,* Meidenbauer, K. L*, **Freeman, T. R.**, Santiago, I.M., Janey, E. A., Gehrke, K., S, Samtani, A. L., Stier, A. J., Berman, M. G. (2025), Identifying qualities and amenities associated with cognitive restoration and improved affect in urban parks. *Journal of Environmental Psychology*.
- Britton, P. C., Tompkins, K. J., Hindenburg, M. M., **Freeman, T.**, Bohnert, K. M., Ilgen, M. A., & Denneson, L. M. (2025). Ambivalence About Receiving an Emergency Dispatch Following Crisis Line Contact: A Needed Yet Imperfect Intervention. *Suicide and Life-Threatening Behavior*, 55(2), e70016. doi: 10.1111/sltb.70016. PMID: 40231760
- Meidenbauer, K. L., Schertz, K. E., Li, P., Sharma, A., **Freeman, T. R.**, Stier, A., ... Berman, M. (2024). Variable and dynamic associations between hot weather, thermal comfort, and individuals' emotional states during summertime. *BMC Psychology* <https://doi.org/10.31234/osf.io/fhd3z>

Pre-prints:

- Meidenbauer, K. L., Seccia, A., Hocker, K., Duffy-Greslo, K., **Freeman, T. R.**, Sedeh, S. D., Fyfe-Johnson, A. (2025, October 5). Nature is nurture: a pilot study of neural correlates of healthy cognition and environmental predictors in children attending a nature-based public school.
- Meidenbauer, K. L., **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., Choe, K. W., Berman, M. G. (2026, March 5). Boiling Points: Evaluating State and Trait Contributors to Heat-Induced Aggression. In preparation to be submitted to the *Journal of Experimental Psychology*.

Under review: (Equal Contributions of authors designated by a *)

- Santiago, I. M., **Freeman, T. R.**, Lutz, E., Stilson, P. J., Meidenbauer, K.L. (under peer review 2026) "Does empathy mediate the relationship between personality and nature

connectedness? A replication of Di Fabio and Kenny (2021) in a representative U.S. sample. Stage 2 Registered Replication Accepted in Principle at the *Journal of Personality*.

Manuscripts in Preparation:

- **Freeman, T. R.***, Novick, T.* , Dancis, J. (in preparation). Enhancing research experiences for undergraduate transfer students: What community psychologists can do. To be submitted to the *Journal of Community Psychology*.
- **Freeman, T. R.**, Hughes, Z., Stilson, P. J., & Meidenbauer, K. L. (in preparation). In the Heat of the Moment: An Experience Sampling Study Exploring temporal dynamics of emotional states and regulation strategies during heatwaves and summer temperatures. In preparation to be submitted to the *Journal of Climate and Mental Health*.
- **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., & Meidenbauer, K. L. (in preparation). How Clearly Do You Feel the Heat? Emotional Clarity and Affective Change Under Stress. In preparation to be submitted to the *Journal of Affective Science*.
- **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., & Meidenbauer, K. L. (in preparation). Who feels worst first? Neuroticism predicts worsening positive affect during heat stress. In preparation to be submitted to the *Journal of Personality*.
- **Freeman, T. R.**, Meidenbauer, K. L., Santiago, I. M., Janey, J. A., Schertz, K. L., Berman, M. L. (in preparation). When Wealth Shapes Nature: Community socioeconomic status predicts lower park quality in Chicago. In preparation to be submitted to the *Discover Cities*.

Research Report:

- **Freeman, T. R.**, & Novick, T. (2021, July). Student Partners for Reasonable Advising, Enhancing Advising for Transfer Students: Executive Summary Report, Portland State University, Summer 2021.

Academic Conference Presentations:

Conference Talks: (Equal Contributions from authors*)

1. **Freeman, T. R.** (2026, April 30th). "Emotional Granularity and Psychological Vulnerability to Heat Stress" [Formal Paper Presentation], Western Psychological Association, Tacoma, WA.
2. **Freeman, T. R.** (2025, March 22nd). "*Some can't take the heat; exploring personality as a psychological vulnerability for negative emotional states due to heat stress*" [Formal Conference presentation]—University of Idaho English Conference, Moscow, ID.
3. Novick, T.* & **Freeman, T. R. ***(2022, February 25). "*An autoethnographic exploration of undergraduate research & academic gatekeeping.*" [Formal paper presentation] Community of Research and Action in the West Conference, hosted virtually.

4. ***Freeman, T. R.,** & Novick, T. (2022, February 02). "Developing community interventions within PWI advising departments for BIPOC transfer students." [Formal conference presentation] *National Institute for the Study of Transfer Students, From Moment to Movement*. St. Louis, MI.
5. ***Freeman, T. R.,** & Novick, T. (2021, June 26). "*Enhancing advising support for BIPOC transfer students.*" [Symposium presentation]. Society for Community of Research and Action Biennial Conference, hosted virtually.

International Poster Presentations: (Equal Contributions from authors*)(Student mentored ^)

1. **Freeman, T. R.,** Schertz, K. E., & Meidenbauer, K. L. (2026, May 28th). "Weathering the Heat: Emotional and Health Consequences of Extreme Temperature Events" [Poster Presentation]. Association for Psychological Science, International Conference, Barcelona, Spain.
2. **Freeman, T. R.,** Stilson, P. J., Hubbard, K. M., & Meidenbauer, K. L. (2026, Feb 26th). "*Some don't like it hot: An experiment examining personality as a predictor of worsening affect when undergoing heat stress*", [Poster]. Society of Personality and Social Psychology, Chicago, IL.
3. Meidenbauer, K. L., **Freeman, T. R.,** Stilson, P. J., Hubbard, K. M., Choe, K. W., & Berman, M. G. (2026, Feb 28th). "*In the heat of the moment: Trait impulsivity increases reactive aggression during an experimental stress induction*" [Poster]. Society of Personality and Social Psychology, Chicago, IL
4. Allen, L. ^, **Freeman, T. R.,** Meidenbauer, K. L. (2026, Feb 28th), "*Hot and Hasty: Linking Impulsivity and Comfort*" [Poster Presentation]. Society of Personality and Social Psychology Conference, Chicago, IL.
5. Hughes, Z. M.^, **Freeman, T. R.,** Meidenbauer, K. L. (2026, Feb 27th), "*Under the Influence: Emotion and Impulsivity in Alcohol and Cannabis Users Across Baseline and Heat Conditions*" [Poster Presentation]. Society of Personality and Social Psychology Conference, Chicago, IL.
6. **Freeman, T. R.,** Schertz, K. E., Janey, E. A., Berman, M. G., Meidenbauer, K. L. (2025, February 21). To standardize or not standardize? Exploring desirable park amenities and demographic factors. [Poster presentation] Society of Personality and Social Psychology, Denver, Colorado
7. Santiago, I. M. ^, Schmitter-Edgecomb, M., Cook, D. J., Minor, B. D., Luna, K., **Freeman, T. R.,** Meidenbauer, K. L. (2024, November 12) "Examining the impact of temperature on cognition using ecological momentary assessment" [Poster presentation], Aging and Research Conference, Seattle, Washington
8. Meidenbauer, K. L., **Freeman, T. R.,** Shertz, K. E., Peiyuan Li, A. S., Berman, M. G. (2024, February 8). "Too hot? Feels fine to me!" Feelings of thermal discomfort, but not actual or perceived temperature, predict negative emotional states. [Poster presentation to Pre-conference of Emotion] Society for Personality and Social Psychology, San Diego, California
9. **Freeman, T. R.,** Meidenbauer, K. L., Schertz, K. E., Janey, E. A., Berman, M. G. (2024, February 9). Examining personality factors and negative emotions due to heat stress. [Poster presentation] Society for Personality and Social Psychology, San Diego, California

10. Mohr, C. D., Samson, M. A., Lee, J. D., **Freeman, T. R.**, Umemoto, S. K., Hammer, L.B. (2023, June 24); "Military reservists and social network drinking; Implications for spouse alcohol use and relational well-being." [Poster presentation] Research Society on Alcoholism, Bellevue, Washington.
11. **Freeman, T. R.**, Mohr, C. D., & Hammer, L. B. (2023, February 25). "Unrecognized or underreported? National Guard spouses estimate partners' drinking habits." [Poster presentation] Society for Personality and Social Psychology, Atlanta, Georgia

Regional/ Local Poster Presentations: (Equal Contributions from authors*)(Student mentored ^)

12. **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., & Meidenbauer, K. L. (2026, March 26th). "When It Gets Hot, Feeling Good Fades—Especially for High Neuroticism", [Poster]. Academic Showcase & PNW Regional Health Symposium, Washington State University, Pullman, WA.
13. Stilson, P. J.^, Lutz, E.T.H., **Freeman, T. R.**, Meidenbauer, K. L., Cuttler, C. (2026, March 26th). "Musing about Personality: An Examination of Conscientiousness and Use of Music as an Emotional Regulation Strategy"[Poster presentation], Symposium for Undergraduate Research, WSU, Pullman, WA. & Western Psychological Association (WPA), Tacoma, WA
14. Hughes, Z. M. ^, Lutz, E. T. H, **Freeman, T. R.**, Meidenbauer, K. M., Cuttler, C. (2026, March 26th), "Feeling Awe-Fully Better: Does Cannabis Use Impact the Effects of Awe on Changes in Affect?" [Poster presentation]. Western Psychological Association (WPA), Tacoma, WA.
15. Dorri, S. S., Fife-Johnson, A., Duffy-Greslo, K., **Freeman, T.R.**, Meidenbauer, K. L. (2026, March 26th). "Assessing the neurocognitive benefits of attending a nature-based school: An fNIRS pilot study".[Poster presentation] Showcase of Excellence, WSU, Pullman, WA & Western Psychological Association (WPA), Tacoma, WA
16. Allen, L.N. ^, Hughes, Z. M., **Freeman, T.R.**, Stilson, P. J., Hubbard, K. M., Meidenbauer, K. L. (2026, March 23rd), "Hot and Hasy: a Deep Dive into Impulsivity, Comfort, and Affect" [Poster Presentation]. Symposium for Undergraduate Research, WSU, Pullman, WA.
17. Hatipolgu, D.^, **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., Meidenbauer, K. L. (2026, March 23rd), "Does Personality Make Some People More Aggressive in the Heat?" [Poster presentation], Symposium for Undergraduate Research, WSU, Pullman, WA. & Western Psychological Association (WPA), Tacoma, WA
18. Allen, L.N. ^, **Freeman, T.R.**, Stilson, P. J., Hubbard, K. M., Meidenbauer, K. L. (2026, March 23rd), "Steady in the Heat: Conscientiousness as a Moderator of Thermal Stress Responses" [Poster Presentation]. Symposium for Undergraduate Research, WSU, Pullman, WA. & Western Psychological Association (WPA), Tacoma, WA.
19. McKim, E., Stilson, P. J., Schmitter-Edgecomb, M., Cook, **Freeman, T.R.**, Meidenbauer, K. L. (2026, March 23rd), "Beyond Rural-to-Urban: Examining Effects of Neighborhood Greenspace on Healthy Aging". [Poster presentation]. Symposium for Undergraduate Research, WSU, Pullman, WA. & Western Psychological Association (WPA), Tacoma, WA.
20. Gauntney, R.^, **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., Meidenbauer, K. L. (2026, March 23rd), "How to Handle the Heat: Exploring Regulation Strategies in Heat Stress" [Poster presentation], Symposium for Undergraduate Research, WSU, Pullman, WA. & Western Psychological Association (WPA), Tacoma, WA

21. Stilson ^ P. J., **Freeman, T. R.**, Schmitter-Edgecomb, M., Cook, D. J., Minor, B. D., Meidenbauer, K. L. (2025, April 23rd). "Feeling the heat, Cognition, Aging and Thermal Comfort". [Poster presentation]. WSU Psychology Undergraduate Research Symposium, Washington State University, Pullman, WA
22. Hamilton, C. J., **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., Meidenbauer, K. L. (2025, April 23rd). "*Is it hot in here? I had not noticed: Exploring psychological coping mechanisms in heat stress.*" [Poster presentation]. WSU Psychology Undergraduate Research Symposium, Washington State University, Pullman, WA.
23. Doyle, A. D., ^, **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., Meidenbauer, K. L. (2025, April 23rd). "*It's too hot, don't you agree? Agreeableness as a predictor of comfort and affect in heat stress*" [Poster presentation]. WSU Psychology Undergraduate Research Symposium, Washington State University, Pullman, WA.
24. Hughes, Z. M. ^, Lutz, E. T. H, **Freeman, T. R.**, Hamilton, C. J., Hubbard, K. M., Stilson, P. J., Meidenbauer, K. L. (2025, April 23rd) "*Hot and Bothered: Exploring the Link Between Cannabis Consumption and Heat-Related Coping Mechanisms*" [Poster presentation]. WSU Psychology Undergraduate Research Symposium, Washington State University, Pullman, WA.
25. Wilkinson, A.G. ^, **Freeman, T. R.**, Meidenbauer, K. L. (2025, April 23rd) "*Coping or Compounding? Alcohol Use in Evaluating Response to Heat-Induced Stress*" [Poster presentation]. WSU Psychology Undergraduate Research Symposium, Washington State University, Pullman, WA.
26. Hubbard, K. M. ^, **Freeman, T. R.**, Stilson, P. J., Meidenbauer, K. L. (2025, April 23rd) "*Exploring the impact of temperature, personal preferences, and BMI on heat stress perception and comfort*" [Poster presentation]. WSU Psychology Undergraduate Research Symposium, Washington State University, Pullman, WA.
27. Santiago, I. M. ^, **Freeman, T. R.**, Lutz, E. T. H., Stilson, P. J.^., Meidenbauer, K. L. (2025, April 23rd). "*Does empathy mediate the relationship between personality and nature connectedness? A replication of Di Fabio and Kenny (2018) in a US representative sample*" [Poster presentation]. Psychology Undergraduate Research Symposium, Washington State University, Pullman, WA.
28. Hubbard, K. M. ^, **Freeman, T. R.**, Stilson, P. J., Meidenbauer, K. L. (2025, April 15th). "*Exploring the impact of temperature, personal preferences, and BMI on heat stress perception and comfort*" [Poster presentation]. Washington State Health Research Symposium, Washington State University, Spokane, WA.
29. Hughes, Z. M. ^, **Freeman, T. R.**, Meidenbauer, K. L. 2025, April 15th) "Impulsivity, interrupted: How nature can calm the mind" [Poster presentation]. Washington State University Health Symposium, Washington State University, Spokane, WA.
30. Stilson, P. J. ^, **Freeman, T. R.**, Hubbard, K. M., Meidenbauer, K. L. (2025, April 15th). *Too Hot to Think: Exploring ambient temperatures' impact on effort and motivation* [Poster presentation]. WSU Health Research Symposium, Washington State University, Spokane, WA.
31. Stilson, P. J. ^, **Freeman, T. R.**, Hubbard, K. M., Meidenbauer, K. L. (2025, March 24th). "*Examining the Effects of Elevated Ambient Temperature on Motivation, Cognitive Effort,*

- and Performance*" [Poster presentation]. Showcase for Undergraduate Research and Creative Activities (SURCA), Washington State University, Pullman, WA.
32. Hubbard, K. M. ^, **Freeman, T. R.**, Stilson, P. J., Meidenbauer, K. L. (2025, March 24th). "How do current temperature (outside, at time of session) and temperature preferences relate to rated comfort and perceived temperature?" [Poster presentation]. Showcase for Undergraduate Research and Creative Activities (SURCA), Washington State University, Pullman, WA.
 33. Hughes, Z. M.^, **Freeman, T. R.**, Lutz, E. T. H., Meidenbauer, K. L.(2025, March 24th). "Exploring Nature's Influence on Impulsivity: How Greenspaces and Park Features Affect Impulsive Behaviors and Emotional Responses" [Poster presentation], Showcase for Undergraduate Research and Creative Activities (SURCA), Washington State University, Pullman, WA
 34. Hamilton, C. J.^, **Freeman, T. R.**, Stilson, P. J., Hubbard, K. M., Meidenbauer, K. L. (2025, March 24th). "It's hot in here? I had not noticed: Exploring psychological coping mechanisms in heat stress." [Poster presentation], Showcase for Undergraduate Research and Creative Activities (SURCA), Washington State University, Pullman, WA
 35. Santiago, I. M. ^, Schmitter-Edgecomb, M., Cook, D. J., Minor, B. D., Luna, K., **Freeman, T. R.**, Meidenbauer, K. L. (2024, August 2). "Examining the impact of temperature on cognition using ecological momentary assessment" [Post-presentation], *Summer Undergraduate Research Symposium*. Washington State University, Pullman, Washington
 36. Stilson, P. J.^, **Freeman, T. R.**, Schmitter-Edgecomb, M., Cook. D.J., Minor, B. D., Meidenbauer, K. L.(2024, August 2). "Examining the effects of ambient temperature on cognitive performance in older adults. [Poster Presentation] *Summer Undergraduate Research Symposium*, Washington State University, Pullman, Washington
 37. **Freeman, T. R.**, Meidenbauer, K. L., Schertz, K. E., Janey, E. A., Santiago, I. M., Berman, M. G. (2024, April 5). "Where can I launch my boat?" The effects of racialization and SES on access to (and perceptions of) quality urban parks. [Poster presentation] *Community of Research and Action in the West Conference*, Tacoma, Washington
 38. **Freeman, T. R.**, Meidenbauer, K. L., Shertz, K. E., Janey, E. A., Berman, M. G. (2024, March 28). "Is it just me or the heat? Examining personality factors and negative emotions due to heat stress." [Poster presentation] WSU GPSA Expo & Showcase, Pullman, Washington
 39. **Freeman, T. R.**, Umemoto, S. K., & Mohr, C. D. (2022, April 29). "Seeking out nature to improve sleep quality and relieve burnout during the COVID-19 pandemic." [Psi Chi Poster presentation] The Western Psychological Association, Portland, Oregon.
 40. **Freeman, T. R.,* & Novick, T.*** (2022, April 29). "Mitigating self-reliance in BIPOC transfer students by expanding advising support." [Psi Chi Poster presentation] *The Western Psychological Association*, Portland, Oregon.

Submitted Presentations: (currently under review)

- Nothing currently*

Invited Lectures & Presentations: (Authors presented alphabetically with an *)

1. **Freeman, T. R.** (2026, April 15th). Disaster Psychology & Critiquing Resilience. Invited Lecture for Environmental Psychology, Washington State University, Professor Kim Meidenbauer, in person.
2. **Freeman, T. R.** (2026, April 17th). The Positive Psychology of Relationships. Invited lecture for Psychology of Happiness, Washington State University, Professor Kim Meidenbauer, in person.
3. **Freeman, T. R.** (2025, November 20th). Meaningful relationships & love. Invited lecture for Psychology of Happiness, Washington State University, Professor Kim Meidenbauer, in person.
4. **Freeman, T. R.** (2025, October 29th). How to take care of bearded dragons. Science outreach & communication about animal care. Invited presentation, Juliana Pyle, Moscow Charter School, Moscow, ID.
5. **Freeman, T. R.** (2025, October 15th). Boiling Points: How Personality Fuels Emotional Reactions to Heat. Invited Lecture for Psychology 506, Professional Development in Psychology, Washington State University, Professor Carrie Cuttler, in person.
6. **Freeman, T. R.** (2025, April 11th) Disaster Psychology & Critiquing Resilience. Invited Lecture for Environmental Psychology, Washington State University, Professor Kim Meidenbauer, in person.
7. **Freeman, T. R.** (2024, November 5th). Building Meaningful Relationships and Love. Invited Lecture for Psychology of Happiness, Washington State University, Professor Kim Meidenbauer, in person.
8. ***Freeman, T. R., & Novick, T.** (2021, July 7). *Enhancing advising support for BIPOC transfer students*. Invited presentation to Dr. Susan Jeffords, PSU Provost & Vice President for Student Affairs, virtually via Zoom.
9. ***Freeman, T. R., Novick, T., Nguyen, A., & Smith, M.** (2021, May 27). *Enhancing advising support for BIPOC transfer students*. Invited Lecture for PSU Community Psychology Capstone Panel, virtually via Zoom.
10. **Freeman, T. R.** (2021, April 6). Introduction to Qualtrics Survey Design. Invited Lecture for PSU Community Psychology Senior Capstone Course, Instructor Julia Dancis, virtually via Zoom.

Engagements with the Media:

- Featured as the Graduate Diversity Assistantship Pathway's program in the *WSU Insider* titled "[Passion for land, people, and diversity drives doctoral research.](#)"
- Featured in *WSU Insider* for research looking at the impacts of heat stress titled: "[Doctoral Student connects the environment to mental health.](#)"
- Interviewed for the [Transfer Nation Podcast](#) (Episode 29): (2022, August 1). Transfer students' experience doing undergraduate research. [Audio podcast].

Mentorship & Training:

Graduate Student Mentorship:

- Erika Lutz: 3rd year experimental grad, student at Washington State University, mentoring in preliminary exams, data analyses, and presentation development
- Sanaz Dorri Sedeh: 2nd year experimental grad student, Washington State University, mentoring in presentation development and grant writing
- Aislinn Low: 2nd year experimental grad student at Michigan State University, mentored in undergrad research assistant presentations, lab culture development, and cultivating independence
- Kassidy Conradi: 2nd year health psychology grad student at Baylor University, mentored lab development, applying to fellowships and grants

Undergrad Research Awards: (co-mentored)

1. Duru Hatipoglu: 2026 WSU Psychology Symposium 3rd place recipient
2. Blake Turnman: 2026 Cech Summer Undergrad Research Fellowship
3. Duru Hatipoglu: 2026 CAS Research Scholarship
4. Lizzie McKim: 2026 SURCA Crimson Research Award
5. Duru Hatipoglu: 2026 SURCA Early Career Scholars Research Award
6. Duru Hatipoglu: 2026 Auvil Scholars Fellowship Award
7. Amanda Doyle: 2025 Research Symposium Excellence Award
8. Camdyn Hamilton: 2025 SURCA Crimson Award
9. Zaza Hughes: 2025 Chosen Outstanding Senior for the Psych Department Award
10. Isabella Santiago: 2024 Undergraduate Research Proposal Award

Research Assistants Mentorship:

1. Rebecca Penjinsky MBA & MPH, SCENe Lab RA, Joined Spring 2025, mentored on WAVE project, paper writing
2. Ari Morales, SCENe Lab URA, Joined Spring 2025, mentored on WAVE project
3. Blake Turman, SCENe Lab URA, Joined Fall 2025, mentored on Heart Rate Variability analyses for the Sauna Study using R-Studio, Omnisense software, and Zephyr data collection. Submitted a letter of recommendation for the Cech Fellowship application, and he was a recipient.
4. Duru Hatipoglu: SCENe Lab URA, Joined Fall 2025, mentored for the WAVE project literature search, Undergraduate Research Proposal, SURCA poster presentation, WPA poster presentation
5. Mason Mastor: SCENe Lab URA, Joined Fall 2025, mentored on Park study data and inter-rater reliability. Also mentored on the WAVE Project, assisted with Python programming & data linking
6. Larissa Allen: SCENe Lab URA, Joined Summer 2025, mentored on SPSP abstract & presentation, WAVE Project, WPA poster presentation
7. Charlie Jones: SCENe Lab URA, Joined Summer 2025

8. Zaza Hughes: SCENe Lab Post-bacc & URA, Joined Fall 2024, Mentored for Sauna Study, SURCA presentations, and WAVE Project, WPA abstract
9. Madelynne Sherwood: SCENe Lab Post-bacc RA, Joined Fall 2024
10. Reagan Gautney: SCENe Lab URA, Joined Fall 2024, Mentored on Sauna Study, WAVE Project, WPA abstract & presentation, SURCA presentation
11. Camdym Hamilton: SCENe Lab URA, Joined Fall 2024, mentored for Undergrad Research Proposal & SURCA, and WAVE Project
12. Yanin Duarte: SCENe Lab URA, Joined Spring 2024
13. Amanda Doyle: SCENe Lab URA, Joined Spring 2024, mentored for Psychology Research Symposium
14. Lizzie McKim: SCENe Lab URA, Joined Fall 2024, mentored for WAVE Project, Sauna Study, WPA abstract, SURCA Abstract & Presentation
15. Kathrine Hubbard: SCENe Lab Post-bacc & URA, Joined Fall 2024, Graduated Spring 2025, mentored on Sauna Study, SURCA presentation, and WAVE Project
16. Kaylee Gibbs: SCENe Lab URA, Joined Fall 2023
17. Abigail Wilkinson: SCENe Lab URA, Joined Fall 2023. Mentored on the CAT Study, the Sauna Study
18. PJ Stillson: SCENe Lab Manager, Post-bacc & URA Joined Fall 2023, Graduated Spring 2025 - Mentored on CAT Study, Sauna Study, GSUR Study, SURCA presentation, Wave Project, WPA abstract
19. Jack Hermanson: SCENe Lab RA Joined Fall 2023
20. Isabella Santiago: SCENe Lab Post-bacc & URA, Joined Fall 2023, Mentored on Nature & Empathy Study & GSUR Study, SURCA, Undergraduate Research Proposal, Paper writing
21. Darren Caruso: SCENe Lab Undergrad Research Assistant (URA) Joined Fall 2023

Undergrad Teaching Assistants Mentored:

1. Lizzie McKim: Psych 105: Introduction to **Psychology TA Fall 2025 & Spring 2026**
2. Josie Lee: Psych 105: Introduction to **Psychology TA Fall 2025 & Spring 2026**
3. Josephine Kuan: Psych 105: Introduction to **Psychology TA Fall 2025 & Spring 2026**, submitted a letter of recommendation for the University of Washington Master's in Child & Adolescent Counseling program
4. Ari Morales: Psych 105: Introduction to **Psychology TA Fall 2025 & Spring 2026**, submitted a letter of recommendation for the University of Illinois Summer Research Opportunities program
5. Katie Sciarrott: Psych 466: Environmental Psychology TA Spring 2025
6. Joape Tavuki: Psych 466: Environmental Psychology TA Spring 2025
7. Sienna Vetto: Psych 466: Environmental Psychology TA Spring 2025
8. Brenna Niemi: Psych 466: Environmental Psychology TA Spring 2025
9. Isabella Santiago: Psych 223: Psychology of Happiness TA Fall 2024
10. Katelyn Kensinger: Psych 324 TA: Psychology of Gender, Spring 2024
11. Oliver Nelson: Psych 324 TA: Psychology of Gender for Spring 2024
12. Jonathan Hernandez: Psych 324: Psychology of Gender, Spring 2024
13. Gavin Hamilton: Psych 324: Psychology of Gender, Spring 2024

Service & Leadership:

- WSU Psychology Graduate Student Organization- **Vice President** – January 2026 – Present
- Experimental Psychology **Student Representative Chair** – August 2025 – Present
- Society for Personality and Social Psychology **Peer Mentor** – October 2025 – August 2026
- WSU Committee for Undergraduate Research Symposium – **Grant reviewer** – Aug 2023 – Aug 2025
- Journal of Research on Personality **Ad hoc reviewer** – September 2025
- APA Div 34 **Student Committee Secretary** – Aug 2024 – Aug 2025
- Experimental Psychology **Student Rep Co-Chair** – Aug 2024 – Aug 2025

Professional Development & Training:

- Expiwell Experience Sampling Survey Design – February 2026
- Accessibility in Higher Education Training – December 2025
- MUSE Brain Scanning fNIRSs & EEG data collection training – December 2025
- Longitudinal Multilevel Modeling in SAS Software and RStudio – December 2025
- Cross-Sectional Multilevel Modeling in SPSS – December 2025
- Psychometrics in Mplus Software – December 2025
- CANVAS course development – August 2025
- Data Cleaning in R Studio – July 2025
- Calera Core Sensor & Skin Temperature Technology Training – July 2024
- Introduction to Teaching Online January – May 2024
- Introduction to Teaching Psychology – January - May 2024
- Good Clinical Practice Training- Citi – March 2024
- Zephyr Bioharness & Omnisense Software Training – January 2024
- Dedoose Qualitative Coding Software – November 2023
- Atlas.ti Qualitative Coding Software – June 2023
- Clinical Assessment Training (non-diagnostic, data collection only) – January 2023
- Mental Health Clinic Inpatient Safety Training – January 2023
- Data Protection and Privacy Training – August 2022
- REDCap Software Training – August 2022
- Prevention and Management of Disruptive Behavior Training (PMDb) – August 2022
- Intro to RStudio Statistics Training – June 2021
- Qualtrics Survey Training – February 2021
- CITI Ethics Human Subjects Research Certification – January 2021
- SPSS Statistics Training – December 2020
- FERPA Teaching Certification – August 2020 (renewed 2023)
- Sexual Harassment Training – August 2020
- HIPAA Compliance Training – August 2016 (renewed 2023)
- CPR & First Aid Certification & Teaching Internship – 2012

Professional Memberships:

- Association for Psychological Science (APS) **Member** – Since 2025
- Western Psychological Association (WPA) **Member** – Since 2023
- Association for the Faculty of Women (AFW) **Member** – Since 2023
- Society of Personality and Social Psychology (SPSP) **Member** – Since 2021
- American Psychological Association (APA) **Member** – Since 2021
- APA Division 34- Conservation & Environmental Psychology **Member** – Since 2021
- Society for Indigenous Psychology Professionals (SIPS) **Member** – Since 2021
- Society for Community Research Association (SCRA) **Member** – Since 2021
- National Institute for Collegiate Scholars (NICSS) **Member** – Since 2020
- Portland State University Neuroscience Club **Member** – 2019 - 2021
- Psychology Honor Society (Psi Chi) **Member** – Since 2019