

STRENGTHENING
Families PROGRAM
FOR PARENTS AND YOUTH 10-14



WSU EXTENSION
Whatcom County

PLAY GAMES TOGETHER • CREATE YOUR FAMILY TREE • INTERACT WITH YOUR FRIENDS • MAKE YOUR FAMILY SHIELD

COME JOIN THE FAMILY FUN!



- **Acquire Methods to Reduce Conflict**
- **Learn How to Listen and be Heard**
- **Explore Productive Parenting Strategies**
- **Get Skills to Handle Peer Pressure & more...**



Registration now open!

Bellingham Area

Program in English

April 14 - May 26th, 2026

Tuesdays, 5:30 – 8:00pm

Kulshan Middle School

1250 Keynoyer Drive • Bellingham, WA 98229

Free dinner & free child supervision available!

<https://extension.wsu.edu/whatcom/fch/sfp>

SCAN for WEBSITE



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