



Chelan/Douglas County 4-H

Recommendations for Attire in 4-H Activities

The following attire is recommended for 4-H Fitting & Showing/Showmanship Classes, Breed Classes, Judging Contests, Barn Duty, and all other 4-H public events. This attire is designed for the safety of the participant and the animal as well as professional presentation to the judge and the public. If you choose to dress inappropriately, you may be asked to change or may be disqualified from the event.

ALL 4-H Events

Clean and appropriate attire should be worn for presentations, while on barn duty, and ALL other 4-H activities. Dress should be appropriate for the event and should reflect confidence, proficiency, and pride in the 4-H project and achievements. All the clothes should be neat and clean.

Attire NOT allowed:

- Any attire with holes or rips
- Sagging pants or pants worn significantly below the waist
- Revealing pants or pants with side openings, mesh, or cutouts
- Mesh or see through garments
- Visible midriff or inappropriately visible cleavage; neckline of top should remain in place when bending over
- Halter top, tube top, one shoulder top, backless top, or spaghetti strap top
- Visible undergarments
- Attire with poorly placed logos or inappropriate logos

4-H Beef, Swine, Sheep, Goat, Dairy, Heifer, Rabbit, Cavy, Poultry, & Cat Classes

- Shirts
 - **Fitting & Showing/Showmanship Classes:** long-sleeved shirts required; white shirts are recommended
 - **Breed Classes, Judging Classes, & Barn Duty:** Club T-Shirts or long-sleeved shirts; white recommended
 - Shirts must be tucked in
- Jeans or slacks required, black recommended; no shorts
- Boots required; no tennis shoes, sandals, open-toe or open-heel shoes allowed
- No hats allowed
- Ties are optional
- Attire must also meet the standards for "All 4-H Events" as stated above

4-H Horse Classes

- ASTM/SEI approved headgear (see 4-H publications EM0758E and PNW574) must be worn when mounted or driving, headgear must be properly fitted and have the chin strap fastened. It is recommended that 4-H members wear their ASTM/SEI helmets anytime they are around their horses.
- Footwear should be boots. Footwear must fit flat in the stirrup with the ball of the foot on the flat iron or stirrup and must be able to move freely in the stirrup with the ability to slide out. Footwear heel must have an adequate heel stop to prevent forward movement through the stirrup.
- Pants should be jeans, trousers, or western pants: black pants are recommended
- Attire must also meet the standards for "All 4-H Events" as stated above
- See 4-H Horse Contest Guide, PNW574, for any additional and/or specific class requirements

4-H Dog Classes

- Shirts
 - Fitting & Showing/Showmanship Classes:
 - Girls - suit, dress, skirt outfit, or dress slacks; the skirt or dress length should be at the knee or below which allows for kneeling, bending, and free movement
 - Boys - dress slacks and dress shirt or polo shirt
 - Obedience and Agility Classes:
 - 4-H Members may wear a dress shirt, polo shirt, long-sleeved shirt, or club t-shirt; jeans or slacks, no shorts
 - Shirts must be tucked in
- Boots, shoes, or tennis shoes required, a flat non-skid sole is preferred for safety and traction; no sandals, open-toe or open-heel shoes allowed
- No midriff tops or sleeveless tops allowed
- No hats allowed
- Ties are optional
- Attire must also meet the standards for "All 4-H Events" as stated above

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.