



HEAD



HEART



HANDS



HEALTH

Pacific County 4-H

E-News

April 29, 2021



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Check out our website!

<https://extension.wsu.edu/pacific/>

Follow us on Facebook!

[Pacific County 4-H](#)



LEARN ABOUT TOXIC PLANTS IN A VIRTUAL PRESENTATION

“When in Doubt, Take It Out!” Toxic plants can affect our Family, Pets, and Livestock



Have you ever wondered what plants may be growing on your land that might be toxic to your pets and livestock? “When in Doubt, Take It Out!” is the Yakima County 4-H zoom presentation topic on **April 29th at 6:30 pm**. This presentation is open to 4-H families across Washington State.

Susan Bird, from the Yakima County Noxious Weed Board, will be giving a zoom presentation on toxic plants, **“When in Doubt, Take It Out!” Toxic plants can affect our Family, Pets, and Livestock**. Don’t miss the opportunity to learn this important information – your knowledge on this topic can impact the health and safety of your family and animals.

Topic: When in Doubt, Take it Out! Toxic Plant Virtual Presentation
Time: Apr 29, 2021, 06:30 PM Pacific Time (US and Canada)

Join the Zoom Meeting:

<https://zoom.us/j/93899725522?pwd=R1pFSFNRYys3SHpUNHp3VIJwcjJ3dz09>

Meeting ID: 938 9972 5522
Passcode: 042921

For questions or additional information, please contact Bonnie at Yakima.4h@wsu.edu or Jenny at Jennifer.loyd@co.yakima.wa.us for additional information regarding this valuable virtual learning opportunity. Susan will also be available to answer questions and her contact information will be available at the end of the presentation.

ANOTHER OUTSTANDING ZOOM WORKSHOP COMING MAY 1ST

Out-Standing in the Garden, That Is!



Don't miss the virtual
Introducing Soil
4-H workshop
on May 1, 10 a.m. PST.
It's FREE!

Join us to learn why
understanding soil is
important for gardening.

Even during challenging times,
4-H'ers keep learning by doing.  #Opportunity4All

Join our Master Gardeners to explore the understanding and managing Earth's soil resource. Learning about the soil – the color, texture and structure – will get you ready for a successful garden.

When: May 1, 2021 10:00 AM Pacific Time (US and Canada)

Register at:

<https://wsu.zoom.us/meeting/register/tJMvfu2tqTqrHtfT5DQe2rFZalruRby465tW>

After registering, you will receive a confirmation email containing information about joining the meeting.

Questions? Contact Toni Gwin at tgwin@wsu.edu.

MAY 1ST ENROLLMENT DEADLINE FOR FAIR PARTICIPATION

Pacific County 4-H members, have you re-enrolled yet? Remember that the enrollment deadline is May 1st if you plan on participating in the fair this year.

All youth members and adult volunteers must log into 4-H Online and update their profiles in order to re-enroll for the new 4-H year. There is a new enrollment website, v2.4honline.com, and you will login using the same email and password that you used in the previous version. If you have forgotten your password just select the reset password option. Most of your information has transferred over; however you will be prompted to add your club and projects.

Visit the WA State 4-H website at <https://extension.wsu.edu/4h/member-resources/> for enrollment help or contact Sue at 360-875-9331 or sue.carbaugh@wsu.edu

Please share this information with anyone you know who is interested in joining 4-H!



COLORFUL BLOOMING PLANTERS FOR SALE – THIS SATURDAY!



The WSU Master Gardeners of Grays Harbor and Pacific Counties are offering a large selection of beautiful blooming planters for sale. Planters are made of cedar and galvanized metal detail. There are flowering, herb and vegetable combinations. \$45 each.

Also unique flowering baskets planted in nautical floats.

Perfect gifts for May Day, Mother's Day or any other occasion.

Sale is May Day Weekend at the greenhouse at 86

Rustemeyer Road off Highway 105 just west of the Westport Winery. Saturday May 1 hours are 9:00am to 4pm. Sunday hours are 10:am-2:00pm. Sale is outdoors but masks are required.

Sale also will be at Garden by the Sea in Ocean Shore on Saturday May 8 – the day before Mother's Day. Hours are 9:00am-3:00pm.

Proceeds of the sale benefit the WSU Master Gardeners of Grays Harbor and Pacific Counties.

SKAGIT VALLEY LIVESTOCK VIRTUAL SHOWDOWN RETURNS!!

SKAGIT VALLEY LIVESTOCK 2021
VIRTUAL SHOWDOWN
WASHINGTON STATE

Registration due April 30th. Video submission May 1th - 7th.

2021
SKAGIT VALLEY LIVESTOCK
Virtual
SHOWDOWN

BANNERS
Overall Champions,
Reserves, Best In Show
and Reserves in Show all
get banners!

*Feedback from judges
to get you prepared
for showing season!*

DIVISIONS
LARGE ANIMALS: Beef,
Dairy Cow, Meat Goats,
Dairy Goats, Pygmy
Goats, Sheep and Swine
SMALL ANIMALS: Cats,
Cavies, Rabbits and
Poultry
SMALL FARMERS: Tiny
Tots

\$25.00 for first animal
\$10.00 for ea additional
(no maximum)
T-Shirt for first animal
entered.

Register Online:
WWW.SKAGITVALLEYLIVESTOCK.COM

Live Web Link: www.skagitvalleylivestock.com/showdown

NICE OPPORTUNITY FOR SHEEP AND GOAT 4-HERS

-Submitted by Susan Kerr, DVM, PhD, WSDA Education and Outreach Specialist



The Maryland Virtual Sheep & Goat Skillathon is open to any youth between the ages of 8 and 18. Youth will compete according to their age as of January 1, 2021 (4-H age): junior, 8-10; intermediate, 11-13; and senior, 14-18. Youth under the age of 8 (clovers) and adults (19 and over) may participate, but there will be no awards given.

The skillathon is normally held in conjunction with the Maryland Sheep & Wool Festival. Since this year's festival will again be virtual due to the coronavirus pandemic, the Sheep & Goat Skillathon will also be virtual (online). **The dates of this year's festival are May 1-2.** The skillathon must be completed on these days.

The skillathon will consist of five sections:

- 1) Breeds; 2) Feeds; 3) Equipment; 4) Meat; and 5) Fiber.

For more information, visit https://umdsurvey.umd.edu/jfe/form/SV_enzFVladmeuakg6

An Evening With 4-H Volunteers • May 6, 2021 Pop-Up Event

The 4-H Volunteer Conference of Southern States is excited to offer their first pop-up event, May 6 at 7 p.m. EST (4 p.m. PST). An Evening with Volunteers features author, speaker, teacher, and friend, **Jed Dearybury**. Jed delights audiences as he helps us deliver programming that is fun, engaging and educational. Jed equips, empowers, and encourages as he shares best practices in youth development.

The evening includes networking and sharing with other volunteers, previews for the upcoming 2021 conference, giveaways and more. The event will be virtual and registered participants have the opportunity to review the recording through June 15.

Registration is \$10 and closes May 4th.

Click [HERE](#) for the Registration Link



FORESTRY LUNCH BREAKS: TECHNOLOGY FOR FOREST OWNERS

A basic understanding of technology can help a forest owner both plan and implement management practices on their property. There are a wide variety of programs available to help in this process, but some can be a little tricky to get the hang of. Join us on your lunch break to watch tutorials on some commonly used programs and have a chance to discuss with experts and other landowners how they can be used for forest management.

SPEND 30 MINUTES WITH THE EXPERTS!

WHEN: MAY 10-14, 12-12:30PM

WHERE: ONLINE VIA ZOOM

COST: FREE (REGISTRATION REQUIRED)

REGISTER AT FORESTRY.WSU.EDU



Forestry

WASHINGTON STATE UNIVERSITY
EXTENSION

MONDAY

**CREATING SIMPLE MAPS WITH
GOOGLE EARTH**

TUESDAY

USING THE WEB SOIL SURVEY

WEDNESDAY

**COLLECTING FOREST INVENTORY
DATA WITH PLOTHOUND**

THURSDAY

**USING THE DNR FOREST
PRACTICES ACTIVITY MAP**

FRIDAY

**TRACKING FOREST HEALTH
ISSUES WITH INATURALIST**



Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office. Reasonable accommodations will be made for persons with disabilities and special needs who contact Patrick Shults at 360-740-1213, or patrick.shults@wsu.edu.

CHILDREN, YOUTH AND FAMILIES AT RISK (CYFAR) PRESENTS **JUST IN TIME DIALOG WEBINAR ON MAY 12, 2021**



Our society continues to wrestle with social justice, as seen in the voting law recently passed in Georgia and Derek Chauvin's trial for the murder of George Floyd. Our youth are not immune to what is going on in the country and need to have a safe space to discuss these topics. The *Just in Time Equity Dialogues for Youth* authors developed a series of guided dialogues to help in having these conversations.



Just in Time Dialogue Webinar

May 12, 2021 at 3:00 P.M. EDT (12:00 P.M. PDT)

This webinar will empower professionals who work with children, youth, and families by:

- Providing ready-to-use resources to facilitate conversations about social justice
- Increasing cultural competency; and
- Expanding understanding of terms and definitions.



Just in Time Dialogue Team

The Just in Time Dialogue team consists of Vernelle Mitchell-Hawkins (University of Maryland), Michelle Cox, Ph.D. (University of Illinois), Jessica Russo (University of Minnesota), Nicole Webster, Ph.D. (The Pennsylvania State University), and Dorothy Freeman, Ph.D. (National 4-H Council).

Click [here](#) to register for the webinar!

WAHKIAKUM 4-H VIRTUAL GREAT WHITE TAIL RUN

The registration is open for the virtual Wahkiakum 4-H Great White Tail Run!

This is a virtual walk or run 2 mile, 5K, or 10K event to raise money for Wahkiakum 4-H. Our annual run encourages canine participants with their owners so take your canine family members with you on your run/walk. You can complete your run/walk starting May 15th thru May 22nd. All registered participants will receive a runner's head buff in the mail.

We are excited to hold this annual event! Like our Facebook page and use the hashtag #GWTR2021 Please share pictures of you completing your event and share your time too for your event! We look forward to seeing new and familiar faces!

Please register at for the virtual event online at: <https://runsignup.com/Race/WA/Cathlamet/GreatWhiteTailRun>



PASTURE MANAGEMENT WORKSHOP

On **Wednesday, May 26** at **6:00 pm** the Cowlitz County Master Gardeners will hold a virtual workshop on **Pasture Management**.

Want to improve pasture quality and increase forage yields? **Gary Fredricks, WSU Cowlitz County Extension Director**, will discuss best practices to keep your pastures productive for the long run while maximizing forage through managed grazing.

No need to register, just pop in. Connection information (YOU MUST HAVE A ZOOM ACCOUNT!--sign up for one at zoom.us), then join from PC, Mac, Linux, iOS, or Android from this link: <https://wsu.zoom.us/j/7756056320...>

Meeting ID: 775 605 6320 Password: 12345



PANDEMIC EBT CARDS

A second round on Pandemic EBT (P-EBT) cards are here for the 2020-2021 school year.

Due to COVID-19, children who are **eligible for free or reduced-price school meals** will get extra food benefits. These food benefits are called P-EBT. P-EBT benefits help Washington families buy food when schools are closed or have reduced in-person attendance.

Please see the attached flyer for more information.

WSU Extension programs and employment are available to all without discrimination.

Evidence of noncompliance may be reported through your local Pacific County Extension Office.

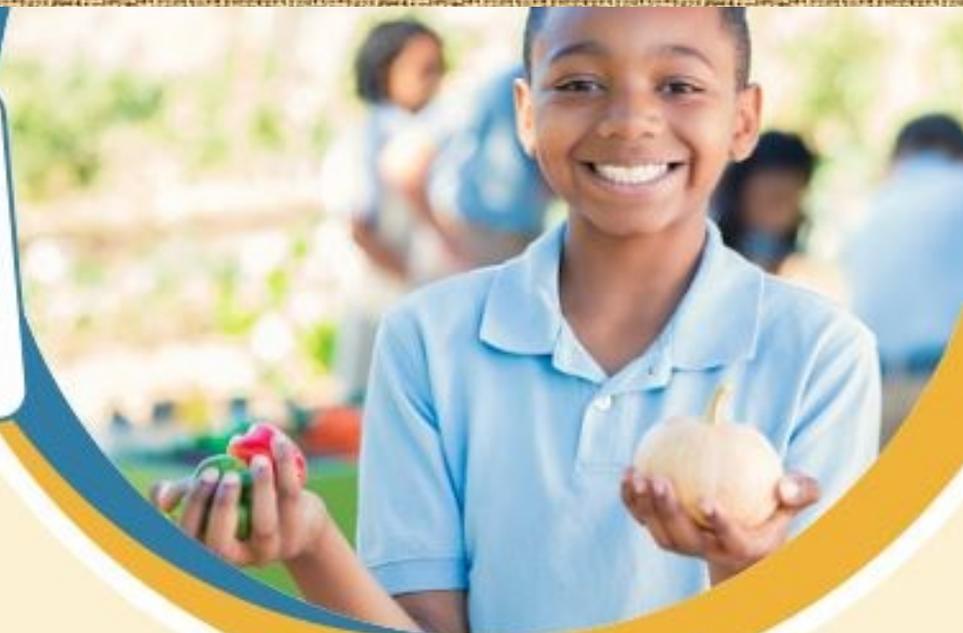
WASHINGTON

P-EBT



5077 1012 3456 7890

Cardholder Name



PANDEMIC EBT IS HERE!

Due to COVID-19, children who are eligible for free or reduced-price school meals will get extra food benefits. These food benefits are called P-EBT. P-EBT benefits help Washington families buy food when schools are closed or have reduced in-person attendance.

Who is eligible?

Children are eligible for P-EBT benefits if:

- Their school is closed or has reduced in-person attendance hours.
- They are eligible for free or reduced-price school meals.
- What does the P-EBT card look like?

Can P-EBT be used at farmers markets?

P-EBT cards can be used just like a SNAP/EBT card at a farmers market and are eligible for SNAP Market Match!

1. **GO** to the market Information Booth.
2. **SWIPE** your P-EBT card.
3. **RECEIVE** tokens that can be used to purchase any SNAP-eligible foods.
4. **MATCH** P-EBT benefits with SNAP Market Match. For every \$1 in P-EBT you will receive \$1 in SNAP Market Match, up to \$40, to be used on fruits, vegetables, mushrooms, herbs and plant starts.
5. **SHOP** at different vendor booths and get even more fresh, healthy food!

P-EBT cards can be used in conjunction with SNAP/EBT cards and each card qualifies for SNAP Market Match. This means if a family has both a P-EBT card and a SNAP/EBT card, they receive double SNAP Market Match benefits.

QUESTIONS?

Visit dshs.wa.gov/PEBT to learn more!

If you have questions about your local farmers market, please contact info@wafarmersmarkets.org.

If you have questions about SNAP Market Match transactions that involved P-EBT, please contact SNAP.MarketMatch@doh.wa.gov.



DOH 340-379 April 2021

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Table Setting Contest



- Choose a theme and create a table setting. Be creative and have fun! Color, texture, design and creativity are important.
- Submit up to 3 photos of decorated table and menu to tgwin@wsu.edu by June 1st, 2021.
- Bonus points given if participant appears in photo wearing clothes that match the theme/occasion of their table setting.
- Prizes awarded by 4-H age group.



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