



HEAD



HEART



HANDS



HEALTH

Pacific County 4-H

E-News

April 7, 2021



IN THIS ISSUE

- Pacific County 4-H Reopening Plan
- Pacific County Youth Livestock Auction
- April is Kids Gardening Month
- Guiding Good Choices
- Equine Science & Horsemanship Series
- Volunteer Education Classes
- Joann Spring Campaign
- OSU Animal Science Lessons
- Raising Rabbits for Home Use

Check out our website!

<https://extension.wsu.edu/pacific/>

Follow us on Facebook!

[Pacific County 4-H](#)



PACIFIC COUNTY 4-H REOPENING PLAN - A MESSAGE FROM TONI

It's time to start planning face to face time! I know some of you are super excited about getting back to face-to-face, in-person 4-H programs, club meetings, and activities. Here is what you need to know. We are being cautious to keep our community safe. We will follow ALL national, state, and local government mandates, restrictions, and precautions. These mandates, restrictions and precautions are moving targets. Our face to face planning is also always changing. We always follow the CDC guidelines for cleaning and safety precautions. We hope our 4-H members and leaders will be the role models for our communities on how to have safe and wonderful hands-on programs.

Currently we are only allowing activities that are not possible virtually. There is a form to fill out and a training to complete if you have a 4-H activity that you can't do virtually. Read more and find forms at: <https://extension.wsu.edu/4h/4-h-in-person-resources/> 4-H in person resources.

Remember Sue and I are here to help. As our county opens up so will 4-H.

PACIFIC COUNTY YOUTH LIVESTOCK AUCTION

You may have noticed a change in the market livestock project committee name, forms and policy. The market livestock project committee is stepping out! They are becoming their own 501c-3 organization. It is time for this change as it will offer more opportunities to you, our members. As always, the Pacific County Fair staff, FFA teachers, WSU Extension staff

and the market livestock committee are working to provide the traditional livestock experience to as many of our county youth as possible. Same process, new/old organization. Interested in the changes or want to get involved, contact Marcy Olsen-Walden at olsentr@willapabay.org



2021 KIDS GARDEN MONTH CONTEST

- April is Kids Garden Month -



"What do you love about your garden?"

The hands-on experience of gardening has endless benefits for kids. But what gets kids hooked is that gardening is fun! To celebrate kids in the garden this April, we are asking kids to tell us what they love about their garden! Sharing food with your neighbors? Finding cool bugs? Being outside? We can't wait to read, see, and hear kids' answers!

Teachers, caregivers, and parents: Send a photo, drawing, video, or other creative medium (really, the sky's the limit!) to KidsGardening on behalf of the kids you garden with. The kid(s) entry should tell what they love about their garden or gardening, whether it is tangible or intangible. Entries can be submitted by individuals, or by a class or group. Group entries can be a collaboration, or a collection of entries.

Contest Rules: KidsGardening asks kids (0-18) to submit photos, video, song, drawing, artwork, or words (essay, poem) about what grows in their garden. Creativity is encouraged. If you work with kids who aren't verbal or who don't write, an adult can caption their entry (or not). **Entries must be submitted via https://kidsgardening.org/kids-garden-month-2021/?mc_cid=7c2bfe5542&mc_eid=6ad08234b4**

Each week we'll choose a favorite entry to receive a prize package, and at the end of the month we'll award two grand prize winners – one to an individual and one to a group or class.

The Kids Garden Month 2021 contest is open from April 1 - April 30, 2021.

GUIDING GOOD CHOICES

[Guiding Good Choices](#) (GGC) April 27th-May 18th is a FREE program for parents/caregivers.

Participants will network with other parents and learn new skills to **build stronger families!**

Sessions are virtual with Zoom video conferencing. At home materials and family activities will be provided to all participants.

Sign up today: <https://ggcspring21.eventbrite.com>



Guiding Good Choices

FREE! A PROGRAM FOR PARENTS OF CHILDREN AGES 9-14

Get the tools, skills, and strategies to build stronger families in four sessions!

Free skill-building program!

	Zoom – Tuesdays 5:30-7:30 PM
Session One	April 27th
Session Two	May 4th
Session Three	May 11th
Session Four & Five	May 18th

Complete all four sessions and earn a free family game to take home!



Registration

Parent/Caregiver Name(s): _____

Student Name(s): _____ Home Phone: _____

Address: _____ Street _____ Cell Phone: _____

<https://ggcspring21.eventbrite.com>

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WASHINGTON STATE 4-H EQUINE SCIENCE & HORSEMANSHIP SERIES
OFFERED TUESDAYS THROUGH APRIL 27

All are welcome to join the statewide fun!

Come learn about horses with us!

REGISTER HERE TO RECEIVE THE LINK TO JOIN:

Registration link: <https://wsu.zoom.us/meeting/register/tJcodeyggzsrHdd48gIKLK4-7XRcoiAYC29x>



WSU EXTENSION | WA STATE 4-H

**EQUINE SCIENCE &
HORSEMANSHIP SERIES**

EVERY TUESDAY | 7-8 PM
MARCH 23 - APRIL 27

**FUN VIRTUAL EQUINE LEARNING
ACTIVITIES FOR EVERYONE!**

REGISTER HERE TO RECEIVE THE LINK TO JOIN:
**[HTTPS://WSU.ZOOM.US/MEETING/REGISTER/TJC
ODEYGQZSRHDD48GLKLK4-7XRCOIAYC29X](https://wsu.zoom.us/meeting/register/tJcodeyggzsrHdd48gIKLK4-7XRcoiAYC29x)**



4-H 

WASHINGTON STATE UNIVERSITY
EXTENSION

SPRING 4-H CONTINUING VOLUNTEER EDUCATION EVENING CLASSES OFFERED

Snohomish County's Spring Continuing Volunteer Education Classes continue on evenings in April. **These classes are open to all Extension programs statewide.** Classes to be offered are:

- **Group Basics** – April 19th, 6:30 pm – 7:30 pm
- **Delegation** – April 20th, 6:30 pm – 8:00 pm
- **Conflict Management** – April 28th, 6:30 pm – 8:30 pm

For further information, including class descriptions, and to sign up for classes, visit extension.wsu.edu/Snohomish/4-H

APRIL EVENINGS

VIRTUAL VOLUNTEER EDUCATION

ALL ARE WELCOME!

we love our volunteers!

18 USC 707

INFORMATION | REGISTRATION
extension.wsu.edu/snohomish/4H

HOSTED BY
SNOHOMISH COUNTY 4-H

JOANN 4-H SPRING CAMPAIGN RUNS THROUGH APRIL 30

JOANN and 4-H are once again teaming up to collect donations at the register and offer special discounts for JOANN/4-H Rewards Card members. The activation will help in the effort to ensure every kid has an equal opportunity to succeed by bringing 4-H to more kids nationwide via local unrestricted funding. Visit any JOANN store through April 30, 2021 to participate or donate online at <https://4-h.org/4HJOANN>.

In addition, this year during the campaign, JOANN will be hosting a free, take home craft event on April 18 in all stores. The kits will include LEGO DOTs and kids will be able to create a bunny and chick and coloring pages. Each craft bag will be messaging about donating to 4-H and creating opportunity for all.



OSU ANIMAL SCIENCE LESSONS

-Submitted by Susan Kerr, DVM, PhD, WSDA Education and Outreach Specialist

Our friends at Ohio State University have generously shared a nice variety of lesson plans for 4-H Animal Science youth! Topics include quality assurance, selection, nutrition, health and disease, reproduction, quality and products, show ring, marketing, judging, advocacy, and careers.

Check it out at <https://ohio4h.org/statewide-programs/animal-sciences/livestock/livestock-resources/animal-sciences-lesson-plans>



RAISING RABBITS FOR HOME USE WORKSHOP

Raising Rabbits for Home Use: Have you been thinking about or have you just started raising rabbits for your family? Raising Rabbits for Home Use is an introduction to raising rabbits for meat. This workshop will be informational with an opportunity to ask questions. Raising Rabbits for Home Use is designed for adult 4-H volunteers, parents/guardians, and teens (such as Int./Sr. 4-H and FFA members). The information presented may not hold the attention of a younger audience.

When: Wednesday, April 14, 2021, 06:30 to 8:30 PM Pacific Time

Register in advance for this meeting: <https://wsu.zoom.us/join/register/tJ0kd-qgrD4iHtPMBrq6JT4IL-1ZQo29gykF>

After registering, you will receive a confirmation email containing information about joining the meeting.



WASHINGTON STATE UNIVERSITY EXTENSION

Don't miss the virtual **Raising Rabbits for Home Use** Zoom workshop on Wednesday, April 14, 6:30 to 8:30 p.m. PST.

It's FREE!

Presented by the WSU Extension 4-H Youth Development Small Animal Committee

An introduction to raising rabbits. You do not need to be in 4-H to attend.

#Opportunity4All

EXPLORE 4-H WITH WSU EXTENSION!

Please join our **Explore 4-H Facebook Page!** In response to the COVID-19 pandemic and need for continuing 4-H education in the home, WSU Extension 4-H has created this page to keep you up-to-date on virtual hands-on learning opportunities. These are free classes available to all youth 5-18. Find it at <https://www.facebook.com/>



WSU Extension programs and employment are available to all without discrimination.

Evidence of noncompliance may be reported through your local Pacific County Extension Office.