



CLOVER REPORT



Skamania County 4-H Newsletter
JUNE 2021



HEALTHY HABITS VIRTUAL SUMMER SERIES



Who: Kids in Clark, Klickitat, and Skamania ages 5 - 12



What: Join us for virtual lessons on nutrition, gardening, cooking, and physical activities taught by local teen-teachers!

When: Choose an offering

FREE

Day Camp	Weekly Sessions
Daily 10 - 11:30 am	Thursdays 3:30 - 4:30 pm
June 28th - July 2nd	July 1st - August 5th

Get a free kit, earn a Farmers Market Certificate, and earn prizes along the way!

How: Sign up by June 19th at extension.wsu.edu/skamania/youth/healthyhabits/

YOUTH WILL:

- LEARN TO MAKE HEALTHY CHOICES**
- GROW FOOD AT HOME**
- EAT NEW FOODS AND MAKE NEW RECIPES**
- GO MOVE AROUND WITH FUN ACTIVITIES**

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office. If you require special accommodation, call WSU/Clark County Extension 360-397-6060 two weeks prior to the event.

QUICK CLICKS

Virtual 4-H+ Activities [here](#)
State 4-H Newsletter [here](#)
National 4-H newsletter [here](#)
Virtual 4-H Resources [here](#)
4-H Curriculum [here](#)

Leader Resource Page [here](#)
Like us on Facebook [here](#)

View Projects & Publications Guide [here](#)
WA State 4-H Projects List [here](#)
County Extension Website [here](#)

UPCOMING EVENTS

- June 12th – Goat & Sheep Weigh In, Fairgrounds 9a-11a
- June 12th – All Animal Certificates Due!
- June 12th – Rabbit Tagging, Fairgrounds 9a-11a
- June 15th – Deadline for the 4-H State Fair Patch Contest
- June 16th - [Culture of Inclusion Workshop- Making the Best Better: Implicit Bias and Creating a More Inclusive 4-H, 7 pm](#)
- June 18th – Creative Connections Meeting, 4pm
- June 19th – Deadline to sign up for Healthy Habits
- June 23rd - [Culture of Inclusion Workshop- Addressing the Dress Code: Body Positivity 7 pm](#)
- June 25th – [The Global Exploration Series Japan 4-5:30 pm](#)
- July 1st – June Skill Builder Entries due
- July 4th – Independence Day (WSU Extension Closed)
- July 10th & 11th – Gorge Games, Fairgrounds
- July 12th – Leader's Council, 6:30pm via Zoom
- August 18th – 21st – Skamania County Fair



ANNOUNCEMENTS

Forest Youth Success is currently hiring Adult Crew Leaders for the summer season. If you enjoy working with youth and being outside in the Gorge, apply today for this awesome seasonal opportunity!

http://www.scsd303.org/programs/forest_youth_success/f_y_s_employment



Congratulations!

**JASMINE
WAYMIRE**

Class of 2021



Congratulations!

**KAJSA
ZIMMERMAN**

Class of 2021



Congratulations!

**MARIAH
MORAN**

Class of 2021

CLASS OF 2021

We are so excited for our graduating seniors! While these 4-H'ers are quick to share how 4-H has been an important part of their lives and their development, we want to take a moment to recognize all that they have given to 4-H! Through their involvement and leadership, they have made the best, better. Congratulations to all of our Skamania County 4-H' graduates!

Friendly
REMINDER



All Remaining

**ANIMAL
CERTIFICATES**

Are Due:

JUNE 12, 2021





JOIN IN ON THE VIRTUAL FUN!

CREATIVE CONNECTIONS

TWO MEETINGS TO JOIN IN JUNE

June 3rd @
5:00pm:
Volcano
Science!

Register to receive the links to plug in for these fun events!

June 18th @
4:00pm:
Garden
Science!

WSU Extension programs are available to all!

Brought to you by:



Skamania
County

WASHINGTON STATE UNIVERSITY
EXTENSION



Thursday, June 17th @ 6:30pm
via Zoom

All Skamania County 4-H'ers are invited to join Cori B, leader of Two Rivers 4-H Club for this educational workshop. Have your rabbit and a carpet square ready to practice basic handling techniques. In July, you'll get the chance to show what you've learned!



Be a Healthy Living Teen Ambassador!



HEALTHY
HABITS

What does a Healthy Living Teen Ambassador do?

- Attend fun training sessions with other teens where you will learn to help younger kids have fun while they learn about health, nutrition, and fitness
- Facilitate lessons on healthy living, including reading books, asking questions, and engaging with kids
- Lead active games and exercises
- Show kids how to make simple, healthy snacks



Why should you be an Ambassador?

- Earn an Amazon gift card
- Add experience to your resume
- Flex your leadership skills
- Optional future travel opportunities to local, regional, state, or national conferences
- Build your social group
- Give back to your community
- Learn by doing!

Virtual Teen Teacher Training Saturday, June 19th
Program Dates Daily Camp June 28th-July 2nd
Weekly Sessions Thursdays July 1st-August 5th



HEAD



HANDS



HEART



HEALTH

STATE FAIR

Organizers for the WA State Fair in Puyallup have announced they are planning an in-person fair this year. It will take place September 3rd – 26th. At this time, no other details are available but you can watch for more information at the State Fair's website:

<https://www.thefair.com/>

Sign up for any of these great offerings at:

<https://extension.wsu.edu/skamaniaman/youth/>



WSU EXTENSION
CAHNRS COMMUNICATIONS

ANIMAL SCIENCE PODCAST

The Cougs Talk Stock Podcast Team is excited to announce that their first four episodes have been released! Their podcast focuses on science-based, relevant animal science topics for those interested in livestock production, those that raise livestock, and those that want to learn more about animal science topics, such as 4-H and FFA members. Each episode, an industry expert is interviewed by Cougs Talk Stock hosts Dr. Don Llewellyn, Hannah Brause, Natasha Moffitt-Hemmer, and Sarah Dreger. The team invites you to check out the first four episodes and tune-in every other Wednesday for new releases. **The Cougs Talk Stock podcast website can be found at: <https://soundcloud.com/cougstalkstock> or on Apple Podcasts.**

Please contact us with any questions, comments, or episode suggestions at cougstalkstock@wsu.edu.

SKILLS CONTEST

For the remainder of this 4-H year, we are offering Skill Builder monthly challenges and participating is simple!

1. Go to our website and view the instructions for each challenge.
2. Complete the challenges.
3. Send in a photo of the completed challenge by the end of the month (instructions are provided) to the 4-H Office.

That's it! For each challenge you complete and submit a photo of, you will be entered into a drawing for prizes at the end of the 4-H year. The Skill Builder Monthly Challenges will be offered through September 2021, and the drawing will take place during National 4-H week at the start of October. Have fun, and build those skills!



Skill Builders

MONTHLY 4-H CHALLENGE



Complete any of our monthly Skill Builders challenges and send a photo of the finished project to the 4-H office to be entered into a drawing for prizes! Detailed instructions at <http://extension.wsu.edu/klickitat/4-h-skill-builders/>

FOOD CHALLENGE



Build a Link Chain to track new foods tried throughout the summer months. Set a goal for how many links you want to add and become a more adventurous eater!

STILL CHALLENGE



Start a collection! Make a plan for a display, choose what and how you want to collect things, and prepare to share them.

JUNE



LEADERSHIP CHALLENGE

Plan a day of fun for your family! Follow our scenario guides and create a plan for safe learning and play.



ANIMAL CHALLENGE

Go Fishing on Washington State Free Fishing Weekend (June 12-13, 2021) and make flashcards or a poster to help you remember how to identify local fish.

For more information, email abby.brandt@wsu.edu

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.



Klickitat County



WASHINGTON STATE UNIVERSITY
EXTENSION



Read, create, explore, and learn with the Library all summer long!

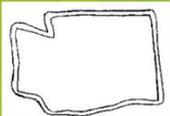
- **Who?** All ages. Library card not needed!
- **When?** June 15–August 15, 2021
- **What?** Track your reading and other activities for a chance to win prizes, and join each week for fun, free [virtual programs!](#)

2021 4-H State Fair Patch Design Contest Open Now!

THE DEADLINE FOR ENTRIES IS JUNE 15, 2021



Your Design Could Be Here!



The 2021 Washington 4-H State Fair Patch Design Contest is now open to all Washington State 4-H members! The winning patch design will be selected by members of the Washington State 4-H Fair Board, 4-H State Fair Manager, and a representative from the company that manufactures the patches. The creator of the winning patch design will receive a patch and a cash award.

- [Guidelines and General Rules for entering can be found here.](#)
- [The Official Entry Form can be found here.](#)
- THE DEADLINE FOR ENTRIES IS JUNE 15, 2021

For more information, contact: Tom Gwin, WA State 4-H Fair Manager Email: tagwin@wsu.edu

2021 FAIR DEADLINES

"Let the Good Times Grow"

- April 5th by 5:00pm**
Horse Certificates due to Horse Superintendent
- April 23rd & 24th, 10a-6p**
Turkeys ready for pick up at Bits & Spurs
- April 24th, 9a-11a**
Beef Weigh In & Beef Certificates Due
- May 2nd & 3rd, 10a-6p**
Chickens & Ducks ready for pick up at Bits & Spurs
- May 15th, 9a-11a**
Swine Weigh In & Swine Certificates Due
- May 29th by 5:00pm**
Non-swine Breed Entry Forms Due to Fair Board
- June 12th, 9a-11a**
Goat & Sheep Weigh In, Animal Certificates Due
- June 12th by 5:00pm**
All remaining Animal Certificates due
- June 12th, 9a-11a**
Rabbit Tagging

Fair Dates: August 18th-21st, 2021

The Skamania County Fair is an annual event put on by the Skamania County Fair Board and Skamania County. All requirements & deadlines are set by the Fair Board, and are subject to change. Any questions can be sent to info@skamaniafair.com

AROUND THE (HOME) OFFICE

Animal Certificates are due this weekend, which means I've been doing lots of paperwork and answering lots of questions! I'm so glad to see so many 4-H'ers working with their projects! I just wrapped up the health & nutrition after-school program at Stevenson Elementary that was delivered virtually, and I'm working with our regional team to offer similar programming to youth in our region this summer. Families will have multiple options to choose from, and can earn certificates to the Farmer's Market again! I have also been working on our partner program with the Stevenson Carson school district- Forest Youth Success. This summer work program for teens is full of 4-H curriculum and life experiences that help them as they work on outdoor projects throughout the Gorge. It's going to be a busy summer, and I for one can't wait!



We're here if you need us!

- 📍 710 SW Rock Creek Dr/PO Box 369, Stevenson
- ✉ somer.meade@wsu.edu ☎ (509)427-3932
- 📘 Skamania County 4-H 📱 @skaco4h
- Somer Meade**
Skamania County 4-H Extension Coordinator
✉ somer.meade@wsu.edu
- Phoebe Jud**
Mentoring Program Coordinator
✉ phoebe.jud@wsu.edu
- Missy Cummins**
4-H Regional Specialist
✉ missy.cummins@wsu.edu

SAFE SPACE