



Skamania
County

WASHINGTON STATE UNIVERSITY
EXTENSION



Make a Difference – Become a YA4-H! Teen Teacher *Stipend Opportunity*

Position Description and Application Instructions

Title: YA4-H! Teen Teacher

Program Description:

Youth Advocates 4 Health! (YA4-H!) is a short term after-school program offered by Skamania County WSU Extension and the 4-H Program in partnership with the Stevenson Carson School District. Teens are recruited and trained to provide nutrition based health education to younger children in our community.

Time Commitment & Schedule:

- Participate in a 4 hour training workshop
 - Saturday, January 19th from 10:00am to 2:00pm (Hegewald Center, Stevenson)
- Help with sign up event at Family Health & Wellness night (optional)
 - Thursday, January 31st from 6:00pm-8:00pm (Carson Elementary, Carson)
- Teach 6 sessions of health & wellness curriculum on early release Wednesdays at the Elementary School in Carson
 - Wednesday, February 6th from 1:15pm-3:15pm (session 1)
 - Wednesday, February 13th from 1:15pm-3:15pm (session 2)
 - Wednesday, February 20th from 1:15pm-3:15pm (session 3)
 - Wednesday, February 27th from 1:15pm-3:15pm (session 4)
 - Wednesday, March 6th from 1:15pm-3:15pm (session 5)
 - Wednesday, March 13th from 1:15pm-3:15pm (session 6)

Responsibilities:

- Participate in the training workshop on Saturday, January 19th
- Collaborate and Co-teach with another teen teacher or 4-H staff member for 6 sessions (Each session: 1 hour of teaching, 30 minutes of activities, 30 minutes of preparation and clean up)
- Model and encourage healthy eating habits and fun physical activities to elementary students

Qualifications:

- Teens between the ages of 14-19
- Motivation to learn about and promote healthy eating and increased physical activity
- Interest in teaching younger youth the value of cultivating a healthy lifestyle
- Public speaking and organizational skills

Benefits:

- Financial stipend of **\$175**
- Enhanced Leadership Skills
- Opportunity to explore teaching and nutrition, education, and health related career options
- Resume and college application builder
- Involvement in YA4-H! Teen Teachers programs at County, district, and state levels
- Opportunity to make a difference in the lives of other youth in the community

How do I apply?

1. Complete the YA4-H! Teen Teacher Application
2. Submit your application to the Skamania County WSU Extension Office
 - Submit by email: somer.meade@wsu.edu
 - Submit in person: WSU Extension Office- The Hegewald Center (enter at east side), 710 SW Rock Creek Drive, Stevenson, WA 98648
 - Submit by mail: WSU Extension, PO Box 369, Stevenson, WA 98648

Application Deadline: January 4th, 2019

Questions? Please contact Somer Meade, 4-H Program Coordinator
Somer.meade@wsu.edu or (509_427-3932