



WSU EXTENSION

Grays Harbor/Mason County

June 25, 2025

To: Grays Harbor & Mason County 4-H Community
From: 4-H Fair Committee
Re: Supplemental Info for 2025 GHC Fair – Table Setting, Kitchen Activities, & Public Presentations

Hello 4-H families!

The information below provides background and framework for 4-H members interested in participating in 4-H Public Presentations, the 4-H Table Setting Activity, and a variety of 4-H Kitchen Activities.

While we recommend submitting your digital registration and scheduling information in FairEntry at <https://www.fairentry.com/Fair/SignIn/20124> by Tuesday, July 15, you can also complete the hard copy registration info at the end of this packet and submit it before Sunday, July 27. Time slots will be filled on a first-come, first-served basis, to reserve a time. Please send forms to tracie.hanson@wsu.edu or falyn.taylor@wsu.edu, or to PO Box 3018, Elma, WA 98541.

WSU EXTENSION 4-H YOUTH DEVELOPMENT RESOURCES

- > Enter Still Life exhibit information (baking, kitchen activities, educational posters, presentations, etc.) with the FairEntry platform at <http://www.fairentry.com/Fair/SignIn/21817> using the same email address and password as 4-H Online
- > Information about upcoming educational events is available at: <http://extension.wsu.edu/graysharbor/4-h/links/> and <https://www.facebook.com/graysharbor4h/>

WA STATE 4-H FAIR REMINDERS

- > The State 4-H Fair Exhibitor Guide will be available online soon at: <http://extension.wsu.edu/4h/fairs/state-4-h-fair/> Please check frequently for updated information!

4-H Cupcake Decorating – Team Challenge (*a 4-H version of Cupcake Wars*)

- 1) **WHO:** 4-H members working in teams of 4-6
- 2) **WHAT:** Each team will create a cupcake display for the judges, incorporating the fair theme (Bigfoot, Big Fair, Big Fun!). Teams must decorate at least 12 cupcakes, with additional logistics details provided at sign-up.
- 3) **WHEN:** Sign up by Tuesday, July 15 for a timeslot between 11 am and 6pm on the Thursday or Friday of fair, with 60 minutes allotted for each team.
- 4) **WHERE:** 4-H Still Life Building in the Pavilion of the GHC Fairgrounds
- 5) **WHY:** Cupcakes will be auctioned off at a silent auction during the Cowboy Breakfast on the last day of the Grays Harbor County Fair. Funds raised will help support the Celebrate Our Kids recognition event. Showcase your teamwork and creativity! Prizes will be awarded by a panel of judges
- 6) **HOW:** Teams must provide their own equipment and decorating tools, and practice proper food safety. While more specific logistics details will be provided at sign-up, additional display decorations may be used if the size does not exceed 28 inches by 30 inches, however there is no minimum or maximum height for the displays, which can include homemade or purchased items (think thrift stores). Purchased items need to be sanitized at home and transported in sterile bags or containers.

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541
Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Grays Harbor County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

4-H Table Setting Activity

- 1) All table setting activities will be held on **Wednesday, July 30, between 10:30 am and 6:30 pm.** Following the activity, the table setting will be left on display for the duration of the fair.
- 2) All table settings can be picked up in the Pavilion on Sunday, August 3, between 9 am and 10 am.
- 3) Participants will plan a table setting and menu around a specific theme or culture. The exhibit will consist of a table covering, centerpiece, two place settings, and a menu.
- 4) Participants will provide their own card table, linens, centerpiece, dishes, utensils, glassware, etc. A limited number of 48" round tables (32" high) are available from the fairgrounds and can be reserved when signing up to participate.
- 5) Cloverbud and Junior members may plan a table setting for breakfast or lunch. Intermediate and Senior members may plan a table setting for lunch or dinner.
- 6) Participants will have thirty minutes to set their table.
- 7) Interview judging will occur during the table setting and scoring will be based on C1076e "4-H Table Setting Activity Scorecard." Judging questions may range from "how did you decide on your table theme?" and "what is the name of this utensil?" to "will this menu item be served hot or cold?" and, if the table contains handmade items "how did you make this item?".
- 8) Table cleaning supplies and a sink for hand washing will be available to satisfy the "Sanitation" portion of judging.
- 9) Reference materials: EM3443 "Dinner is Served", C1075e "4-H Table Setting Activity" and C1076e "4-H Table Setting Activity Scorecard"

4-H Public Presentation Contest

Learning how to communicate your thoughts and ideas to others is an important life skill and helpful as you prepare your 4-H Public Presentation. "Getting to the Point" is a publication full of ideas, recommendations, and tips for shaping your effective, organized, and successful presentation. Leaders may also want to review the 4-H Leader Guide, which defines the 4-H leader's role in presentations and has suggestions for how leaders can provide guidance for youth – from the beginner to seasoned presenters. So...choose a subject, gather information, work out a plan, practice, and get ready to deliver a memorable presentation! "Getting to the Point" (WSU Publication EM4787) and 4-H Leader Guide (WSU Publication EM4788) are available at <https://pubs.extension.wsu.edu/>

The subject of a presentation need not be related to projects in which member is enrolled.

Types of 4-H Presentations

- A **DEMONSTRATION** puts words into action. An effective demonstration teaches others how to do something by showing while telling. At the end of a demonstration, you should have a finished product to show your audience.
Sample titles include: how to set up a tent, how to groom a dog, how to needle-felt
- An **ILLUSTRATED TALK** makes use of posters, pictures, digital presentations like PowerPoint, or other visuals to show how to do something or illustrate a process. No finished product is required.
Sample titles include: how to plan a garden, how to distinguish horse markings, how to lead a fun and effective carwash
- **PUBLIC SPEAKING** is a prepared speech on a specific subject for an audience. Usually, no props or visual aids are used. 4-Hers use this type of presentation to teach, entertain, and/or inform their audiences.
Sample titles include: why I like the 4-H cat project, what compassion looks like in my community

4-H Kitchen Activities

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541
Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

Guidelines for all Kitchen Activities, except Table Setting, may be found in EM4733e.

Resource Publications can be found online at: <https://pubs.extension.wsu.edu/>

EM4733e, 4-H Food Activity Guidelines

C1099e, 4-H Food Activity Worksheet

C1097e, 4-H Food Activity Scoresheet Evaluation Criteria

C1098e, 4-H Food Activity Scoresheet

C1075e, 4-H Table Setting Activity

C1076e, 4-H Table Setting Activity Scorecard

The following activities will be conducted this year:

Table Setting

Lunch on the Go (up to 1.0 hour)

Quick to Fix Meals (up to 2.0 hrs)

Foods of the Pacific Northwest / Native Food (up to 2.0 hrs)

Food for All Occasions (up to 2.0 hrs)

My Favorite Foods (up to 2.0 hrs)

Bread Baking (Quick Bread Only) (up to 2 hrs)

In addition to the guidelines above, we will also use the following additional guidelines in Grays Harbor.

- 1) All kitchen activities will be held on **Thursday, July 31, between 11 am and 6 pm** or on **Friday, August 1, between 11 am and 6 pm**.
- 2) All 4-H Food Activities will take place in the Pavilion Meeting Room at the Fairgrounds in Elma.
- 3) Junior, Intermediate, and Senior members may participate in any of the activities (please check time limits for each age group).
- 4) Cloverbud members may participate only in Table Setting Activity. Comments will be given, and participation ribbons awarded. Cloverbud members are not eligible for premiums.
- 5) Please check in with the 4-H Kitchen Coordinator at least one hour before your scheduled time. We often have to make last minute scheduling adjustments. If you arrive early, we may have limited refrigerator space, so plan to use ice chests.
- 6) Participants will bring a completed 4-H Food Activity Worksheet (C1099e), along with required recipes and/or menus to the activity. Use parts of the worksheet that are suitable for your age group and activity.
- 7) Participants will bring their own cookware, table linens, cooking equipment, and any special equipment they may need.
- 8) Participants will bring their own hot pads or mitts, dishcloths, hand towels, and dish towels.
- 9) A table, sink, refrigerator, range, counter space, cutting board, knife, dish drainer, soap, and bleach will be provided.
- 10) We encourage all food to be purchased from an approved food source. Please keep safety in mind when packing your items and transporting them to the fairgrounds.
- 11) All food containers must be clean and free of foreign material. You no longer have to bring items in their original packages. Judges will closely monitor to see that items are clean and suitable for their use.
- 12) Indicate the total time needed (including set up, clean up, and interview) on the entry form.

2025 Registration for 4-H Kitchen Activities and Public Presentations

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541

Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

Sign up in FairEntry at <http://www.fairentry.com/Fair/SignIn/21817>

OR DELIVER HARD COPY TO:

4-H Fair Committee, c/o WSU Extension Grays Harbor, PO Box 3018, Elma, WA 98541

or via email to tracie.hanson@wsu.edu or falyn.taylor@wsu.edu

Name of 4-H member: _____ Name of Club: _____

4-H Age: ____ Cloverbud ____ Jr ____ Int ____ Sr Email Address: _____

<u>Name of Contest</u>	<u>Date</u> <u>(Circle one)</u>	<u>Time Preference</u> <u>(include am/pm)</u>
Table Setting Activity	Wednesday of fair (10:30am - 7pm)	
<i>Do you plan on using the round table provided?</i>	<i>Yes -OR- No, I'll bring my own table</i>	
Bread Making Activity (Quick Bread OR Non-yeast)	Thursday OR Friday (11am - 6pm)	
Lunch on the Go Activity	Thursday OR Friday (11am - 6pm)	
Quick to Fix Meals Activity	Thursday OR Friday (11am - 6pm)	
Foods of the Pacific Northwest / Native Food	Thursday OR Friday (11am - 6pm)	
Food for All Occasions	Thursday OR Friday (11am - 6pm)	
My Favorite Foods	Thursday OR Friday (11am - 6pm)	
4-H Cupcake Decorating Team Challenge	Thursday OR Friday (11am - 6pm)	
Public Presentation	WED - FRI - SAT	

Name of 4-H member: _____ Name of Club: _____

4-H Age: ____ Cloverbud ____ Jr ____ Int ____ Sr Email Address: _____

<u>Name of Contest</u>	<u>Date</u> <u>(Circle one)</u>	<u>Time Preference</u> <u>(include am/pm)</u>
Table Setting Activity	Wednesday of fair (10:30am - 7pm)	
<i>Do you plan on using the round table provided?</i>	<i>Yes -OR- No, I'll bring my own table</i>	
Bread Making Activity (Quick Bread OR Non-yeast)	Thursday OR Friday (11am - 6pm)	
Lunch on the Go Activity	Thursday OR Friday (11am - 6pm)	
Quick to Fix Meals Activity	Thursday OR Friday (11am - 6pm)	
Foods of the Pacific Northwest / Native Food	Thursday OR Friday (11am - 6pm)	
Food for All Occasions	Thursday OR Friday (11am - 6pm)	
My Favorite Foods	Thursday OR Friday (11am - 6pm)	
4-H Cupcake Decorating Team Challenge	Thursday OR Friday (11am - 6pm)	
Public Presentation	WED - FRI - SAT	

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541
 Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Grays Harbor County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.