



WELCOME TO

Grays Harbor County 4-H

A resource guide
for new and
returning families



Grays Harbor County

WASHINGTON STATE UNIVERSITY
EXTENSION

4-H Terms

4-H SLOGAN:
“Learn by doing.”

4-H EMBLEM: A green four-leaf clover with a letter “H” on each leaf. The four H’s stand for Head, Heart, Hands, and Health.

4-H CLUB: A group of at least five youth from three or more families. They meet regularly throughout the year and have adult support and family involvement.

4-H NEWS BLAST: The county 4-H newsletter that is emailed to all 4-H families. This newsletter is published biweekly.

4-H PROGRAM YEAR: October 1 through September 30. Open year-round enrollment.

ACTIVITY & PROJECT COMMITTEES: These county committees are made up of adult and youth volunteers that meet with WSU staff members to determine needs, plan and evaluate county programs and events.

ENROLLMENT OR RE-ENROLLMENT: The yearly process of signing up to join 4-H.

CLUB LEADER(S): This individual or team provides overall club support by working with officers, parents, members and other leaders to plan a successful 4-H club.

What is 4-H?

The 4-H program begins at the club level. Our 4-H members, parents and leaders meet monthly to have fun, learn and work together in project groups, club activities, special interest groups, and many events.

4-H belongs to the members, their families, and other interested adults who serve as volunteer leaders. Leadership is provided by the Washington State University Extension Service. The 4-H program is a joint effort of county government, Washington State University, and the United States Department of Agriculture.



4-H is a community of young people across America who are learning leadership, citizenship and life skills.

4-H is an informal educational program through which parents, other adults, and youth help young people develop confidence, social skills, decision-making abilities, and subject matter knowledge in a variety of project areas.

4-H and Washington State University Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest or conviction record or veteran status.

Why get involved?

Through 4-H, members develop and practice important life skills. Members will:

- Make **decisions** and solve problems
- Build **self-confidence**
- Accept **responsibility**
- Have a **good time** that makes learning fun
- Feel a sense of **belonging** by being a part of a 4-H club
- Develop **mastery** while learning and practicing skills in areas of interest
- Become **independent** as they are given choices of what to do
- Have a spirit of **generosity** as 4-H clubs give back to their communities through service

4-H Basics

4-H is for the whole family where youth and adults come together to learn new things, meet new friends and have fun. Parents/guardians are encouraged to participate and attend meetings with their children.

Adults help by volunteering time and sharing talents. For example: driving members to activities, supporting project learning, chaperoning and being a positive role model.

COMMON MYTH:

“You need to live on a farm and have animals to join 4-H.”

You do NOT need to live on a farm or own an animal to be in 4-H. Members participate in projects such as arts and crafts, robotics, photography, shooting sports, and so much more!

Clubs 4-H clubs have five or more youth from three or more families who are supported by 4-H leaders. 4-H members, elected by their peers to officer roles, conduct club meetings.

Costs The Washington State 4-H Program assesses an annual \$25 4-H Enrollment Fee for each youth member. Some 4-H clubs may also have local dues. Costs associated with project material are minimal. Some projects and activities have specific costs associated with them. Fundraisers and scholarships help offset costs to keep programs affordable.

Meetings Club meetings include: getting to know other members, youth making decisions about activities, planning and doing community service projects, sharing ideas, recreation and having fun.

4-H Responsibilities

Member

- Attend club meetings
- Participate in club activities (fundraisers, community service, field trips, and project meetings)
- Work on projects throughout the year
- Prepare 4-H County Fair and State 4-H Fair exhibits as appropriate
- Keep accurate records of project work and prepare a record book of their 4-H year
- Consider: demonstrating, speaking, and exhibiting
- Serve as an officer, committee member, or helper in club events
- Read the “4-H News Blast” bi-weekly newsletter



Parents / Adult Mentors

- Attend club meetings with your children
- Serve as a volunteer and share talents
- See that your children meet their responsibilities and complete them
- Encourage your son/daughter to complete their projects
- Help members reflect on their 4-H experience (e.g. record book)
- Read the “4-H News Blast” bi-weekly newsletter

Adult Leaders

- Club leaders provide support for a successful club experience
- Project leaders hold regular meetings to help members learn about specific projects
- Activity leaders work with youth and adults to plan and implement activities
- Attend county leader meetings and workshops
- Assist members to get involved in 4-H events
- Read the “4-H News Blast” bi-weekly newsletter
- Encourage, encourage, encourage!!!

County 4-H Program

The county 4-H program helps provide educational activities beyond 4-H clubs.

Activities

Youth can be part of planning and teaching teams such as Summer Camp, Public Presentations, Celebrate Our Kids recognition event and so much more!

Project Learning

Some projects have extended learning experiences and activities such as dog training, horse events, robotics, and shooting sports.

Fundraisers

Fundraisers are operated by the leaders, members, and parents with 100% of the profit used to support and offset the cost of youth participation.

The main fundraisers are:

- **Paper Clover Campaign:** Twice each year the local Tractor Supply Company holds a Paper Clover Event. 4-H clubs are invited to participate in store by greeting customers or providing a display.
- **Cowboy Breakfast:** 4-H friends and families enjoy catching up over a hearty breakfast during the Grays Harbor County Fair.

4-H Beyond the Club and County Level

4-H is a state and national program. As members mature in their 4-H experiences, state/national/international opportunities become available.

Ready to sign up? Flip to the next page to see all the 4-H Clubs that are located in Grays Harbor County...

4-H Pledge

"I pledge my head to clearer thinking,
my heart to greater loyalty,
my hands to larger service, and
my health to better living,
for my club,
my community,
my country, and
my world."

Grays Harbor County 4-H clubs:

3LC

Primary Projects: Beef, Rabbit, Photography, Crafts, Service Learning
Leader: Annmarie Willis
360-470-9143
graysharbor3LC@gmail.com

Barrel Blazers

Primary Projects: Horse, Photography
Leader: Brittany Conrad
360-964-2023 (text/call)
barrelblazers@gmail.com

Best Of Times

Primary Projects: Gardening, Cooking, Food Preservation, Community Service, Horse
Leader: Jessica Quimby
360-589-8844
jessica.quimby@hala-gh.org

Brady Bunch

Primary Projects: Poultry, Rabbit, Garden, Creative Arts, Public Speaking
Leaders: Tammy Kallgren, Mary Pederson
bradybunch4h@yahoo.com 360-359-0554

Country Pride

Primary Projects: Horse, Swine, Cattle
Leaders: Megan Freeman, Kendall Carman
360-346-0096 (Kendall)
360-556-0886 (Megan)
thetottens06@gmail.com
425-248-3849 (Andrea) Horse Project
andrea.teamca@gmail.com

Critter Crew

Primary Projects: Livestock
Leader: Donna Boyer
360-482-5818
boyerboys@centurytel.net

East County Alliance

Primary Projects: Goats, Poultry, Rabbit, Creative Arts, Garden, Woodworking
Leader: Mandy Biggs
360-580-7384, mandak98@yahoo.com

4-H Factory

Primary Projects: Presentations, Food Activities, Animal Projects, Creative Arts
Leader: Nancy Graham
360-701-0578
busy4hmom@aol.com

Humptulips Valley Hustlers

Primary Projects: Presentations, Photography Garden, Cats, etc.
Leader: Cathy Cozad
(360)593-1609
cathleencozaad@gmail.com

Klassy K-9's

Primary Projects: Dog, Cat, Garden
Leader: Rhonda Borden & Carrie Holcomb
360-470-0231 (RB) & 360-581-6860 (CH)
nooperdoo@aol.com (Rhonda)
carrieandtim_7@hotmail.com (Carrie)

North Coast Country Crew

Primary Projects: Rabbits, Dairy Goats, Sheep
Leaders: Laura Dawson-Barfoot & Kassi Schmoe
503-804-9740 (LDB) 360-310-6736 (KS)
dawson.laura@ymail.com (Laura)
kassigreen2017@gmail.com (Kassi)

Phantom Riders

Primary Projects: Horse, Creative Arts, Photography, Public Presentations
Leaders: Rachel Tuttle & Ariel Tuttle
360-268-3584 (Rachel)
arieltuttle89@gmail.com (Ariel)

Add Your New Club Here...

Grays Harbor County

Special Project Focus:

4-H Teen Leadership

(youth 8th grade and above)
Primary Projects: Leadership
Leader: Taylor Sample
360-470-4870
panhandlecamp@gmail.com

Add Your New Club Here...

Grays Harbor County Resources:

Hope From Horses

Primary Project: provide horse riding opportunities for youth with disabilities
Coordinator: Sarah Protheroe
hopefromhorsesgraysharbor@gmail.com

Quilting & Clothing Advisors

(GH & Pacific Counties)

Adult Volunteers
Primary Projects: Clothing & Textiles
Contact: Tracie Hanson at WSU Extension
360-482-2934, tracie.hanson@wsu.edu

4-H Terms

PROJECT: 4-H members select one or more subjects to learn about during the year. Projects may be taken one year to explore a subject, or if taken repeatedly can result in very high knowledge and skill level. Projects often result in 4-H Fair exhibits.

RECORD BOOKS: Members reflect and record learning that happened during the 4-H year. Booklets and forms are provided to help members focus and organize their thoughts. Members may supplement their records with photos and other items.

4-H YOUTH DEVELOPMENT REGIONAL SPECIALIST:

The professional who guides, teaches, and oversees the 4-H program in the county. This person is a faculty member of Washington State University Extension.

4-H YOUTH DEVELOPMENT PROGRAM COORDINATOR:

The professional who provides program support including volunteer training and extensive communication throughout the county.

4-H at the Grays Harbor County Fair

Many 4-H members participate in the annual Grays Harbor County Fair. The Fair is an opportunity for youth to display items they have made, or exhibit animals they have raised. Members also give public presentations and share their 4-H pride with the community. Fair visitors see 4-Hers demonstrate their skills and knowledge, and certified judges evaluate the exhibits to provide suggestions for improvement.



For more information, contact the WSU Grays Harbor County Extension Office at 360-482-2934 or find us at www.graysharbor.wsu.edu

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Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Washington counties. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.