

4-H FAVORITE FOOD ACTIVITY SCORECARD

Exhibitor Name _____

Grade Division (Check one)

Years in 4-H _____

_____ Jr. (Gr. 3-5)

Years in 4-H Foods _____

_____ Int. (Gr. 6-8)

_____ Sr. (Gr. 9-12)

Name of food prepared _____

Judging Criteria	Possible Points	Points Scored	Comments
1. EXHIBITOR KNOWLEDGE OF FOOD & NUTRITION: - Knowledge of Food Guide Pyramid and number of daily required servings from each group - Knowledge of nutrition and how it contributes to diet - Knows steps in preparing the food exhibited - Knows other foods included in this food group(s) exhibit	30		
2. FOOD EXHIBITED: - General Appearance, quality and flavor - Cost per serving - Is a good source of nutrients of the food group(s) exhibited	20		
3. PLACE SETTING & FOOD HANDLING: - Appropriate table setting for food served. Uses dishes, silver, and linens to serve the food exhibited - Attractive color scheme - Is conscious of safety and sanitation in handling food	20		
4. RECIPE: - Ingredients listed in order used; each step given in order of preparation. - Gives size of cooking containers (if applicable) - Gives number of servings	10		
5. WHAT TO SERVE WITH FAVORITE FOOD (MENU): - Suitable for occasion - Suitable for favorite food - Balance of color - Balance of texture	10		
6. PERSONAL TRAITS: - Poise and grooming (confident, hair pulled back, nails clean, etc.) - Clear audible voice - Appropriate for age and experience (no assistance needed)	10		
TOTAL POINTS	100		

Circle Ribbon Placing

Blue = 90-100

Red = 80-89

White = 70-79

Judges initials _____

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