

Everyday Skills
Compliance Quick Wins
Recharge & Reimagine
Mini Mastery
90 Minute
60 Minute
Micro Sessions

Elevating Cougs 2026 Schedule

Wednesday, October 21 2026

9:30-9:40				Conference Kickoff			
9:40-9:45 Break							
9:45-10:45		Doomscrolling Detox					
10:45-11:00 Break (15 mins)							
11:00-12:00		Project & Time Management of Communications		WSU’s University Ethics Policy Under UPPM 10.65		Beyond the Zoom Call: Practical Strategies for Real Connection at Work	
12:00-1:00 Lunch (60 mins)							
1:00-2:00		Turning Change into Clarity: A Practical Communication Framework for WSU Managers		Hazing Prevention at WSU		Punchout Marketplace for Scientific Supplies	
1:00-2:30		What's New in Workday HCM					
2:30-2:45 Break (15 mins)							
2:45-3:45		Behind the Scenes: Advanced Outlook Calendar Management Tools for Productivity and Power Users		FERPA		Fund/Function/FDM Deep Dive	
3:45-4:45				SmartSheets: Manage projects, optimize workflows, and get more done with less			

11:15-11:45		Mindfulness and Gentle Movement: Reconnect, Recharge, and Renew	
11:45-1:00 Lunch (75 mins)			
1:00-1:30		TouchNet	
1:30-1:45 Break (15 mins)			
1:45-2:15		Accounting Center	
2:15-2:45 Break (30 mins)			
2:45-3:15		Percipio & Professional Development	

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Thursday, October 22 2026

9:00-10:00	Workday Security & Delegation	Military-Affiliated Awareness: A Mini Mastery in Connection, Support, and Allyship	Gentle Chair Yoga
9:15-10:45	Time Entry to Payroll and Basic Time Entry		
9:45-10:45	Problem-Solving with Your WSU Libraries	WSU Retirement Plans — Are You Getting the Most From Your Retirement Benefits?	Navigating Grants Forecasting in Adaptive Planning
10:45-11:00 Break (15 mins)			
11:00-12:00	Maybe This Shouldn't Be a Spreadsheet: Building People-Centered Workflows Beyond Excel	Employee Rights and Responsibilities Under UPPM 10.60	IT Cyber Security Panel
12:00-1:00 Lunch (60 mins)			
1:00-2:30	Understanding WSU's Coordinated Approach to Student Support, Standards, and Compliance		
1:00-2:30	Level Up Excel		
2:00-2:15 Break (15 mins)			
2:15-3:15	Advanced Time Entry	Outlook Calendaring and Scheduling Tips	Tough Conversations Toolkit: The Conversations You've Been Avoiding
3:15-3:30 Break			
3:30-3:45	Conference Closing		

9:45-10:15	EAP at WSU: How to get the most from this amazing benefit
10:15-10:30 Break (15 mins)	
10:30-11	Tentative: Power BI and Power Automate
11:00-11:15 Break (15 mins)	
11:15-11:45	Graduate Assistantships at WSU: An Introductory Overview
11:45-1:00 Lunch (75 mins)	
1:00-1:30	Understanding Item Types in Workday
1:30-1:45 Break (15 mins)	
1:45-2:15	
2:15-2:45 Break (30 mins)	
2:45-3:15	Percipio for Learning Admins