



School of
Music

College of Arts and Sciences
WASHINGTON STATE UNIVERSITY



Allegro Concert Series

Trombone Guest Artist

Dr. Sarah Paradis, trombone

Elena Panchenko, piano

January 23, 2026

7:30pm

Bryan Hall Theatre

What is Allegro?

Allegro is an umbrella Registered Student Organization that represents all music student organizations at Washington State University. We aim to excite and inspire all students on the WSU campus with and through music. By partnering with student organizations, we provide funding to bring world-renowned guest artists to perform and work one-on-one with WSU students. In addition, Allegro offers travel scholarships to exceptional students and organizations traveling to competitions, festivals, conferences, and other music-related activities. Allegro receives generous funding from the Associated Students of Washington State University. All RSOs are welcome to apply for Allegro funding. Applications are available in the Kimbrough Music Building office.

*The Allegro Concert Series is brought to you by Allegro,
the Student Association for Music Advocacy.
Allegro Logo by Clare Sullivan*

Dr. Sarah Paradis is the Professor of Trombone and Euphonium at Boise State University. Paradis earned her D.M. in Brass Pedagogy from Indiana University, her M.M. in Trombone Performance from Indiana University, and her B.M. in Music Education from Ithaca College. Her primary teachers include Peter Ellefson, Carl Lenthe, M. Dee Stewart, Per Brevig, and Hal Reynolds.

An avid orchestral trombonist, Paradis has performed with the Hawai'i Symphony, the Spokane Symphony, the Boise Philharmonic, and many more. Paradis has been a member of the Richmond, Indiana Symphony, the Springfield Symphony Orchestra, and the Ohio Valley Symphony. In addition, she has performed at the American Trombone Workshop, the International Tuba and Euphonium Conference, the International Trombone Festival, and the International Trumpet Guild Conference, and the International Womens Brass Conference. She was a prizewinner in the Susan Slaughter Solo Competition in both 2010 and 2012, and was awarded the Trombone Fellowship at the Aspen Summer Music Festival in 2011.

An active chamber musician, Paradis tours, performs, gives master classes, and records with the *Mirari Brass Quintet* and *Tromboteam Trombone Quintet*. As a member these groups, Paradis has performed in over 40 states and China, has been instrumental in several commission projects, and partakes in educational initiatives that encourage chamber music for young musicians. Paradis can be heard on *Mirari's* two albums *Spire* and *Renewed, Reused, Recycled*, and on *Last Lap*, *Tromboteam's* album of ten new commissioned works for trombone ensemble.

Paradis's research interests include brass pedagogy, effective practicing, and yoga for musicians. Her legato method book for beginners called *Smooth Sailing* was written to target a difficult skill on the trombone that is often overlooked for young trombonists. Paradis has a passion for education, and presents master classes across the United States. She is a member of the International Trombone Association, the International Tuba and Euphonium Association, and the International Women's Brass Conference. She reviews compositions for the International Trombone Association and her reviews are published regularly in the ITA Journal.

Paradis is a Shires Performing Artist.

Program

Fantasy Sigismund Stojowski (1870-1946)

Romance Elizabeth Raum (b. 1945)

Secure. Contain Protect. James David (b. 1978)

I. SCP-882: "Machine God"

II. SCP-1342: "Future Voyager"

III. SCP-682: "Hard-to-Destroy Reptile"

Intermission

Ctrl+Alt+DeFreak Zoe Cutler (b. 1996)

Three Portraits Edgar F. Girtain IV (b. 1988)

I. *The Thinker*

II. *The Joker*

III. *The Princess*

Watchers of the Night Brian Sadler (b. 1982)

Chris Dickey, tuba

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