
❁ What Is 4-H? ❁

4-H is our nation's largest youth organization. The four H's stand for Head, Heart, Hands, and Health. The 4-H Youth Development Program teaches life skills to youth through hands-on activities, leadership development, and community involvement.

4-H is part of the national educational system of Cooperative Extension. This work is shared by the U.S. Department of Agriculture, land-grant colleges, and county government. In our state, the 4-H program is directed by Washington State University Extension, by county extension offices in Washington, and by volunteer adult leaders.

The 4-H Youth Development experience is offered through 4-H clubs and other groups including special interest, school enrichment, school age care, camps, and Adventure Education programs.

Youths in 4-H may select one or more projects to complete during the year from a wide variety of possibilities, such as expressive arts, foods and nutrition, horses, livestock, companion animals, computers, leadership, clothing and textiles, and gardening.

Any boy or girl, 5 years old before Jan. 1 of the current 4-H year, and in kindergarten through high school, may participate in group or club programs. People interested in becoming volunteer leaders may contact their local county Extension office.



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4-H Is in Every County

Adams: 210 W. Broadway, Ritzville 99169-1894
Asotin: 135 2nd St., Courthouse, Rm. B107; Box 9, Asotin 99402-0009
Benton: See Franklin
Chelan: 400 Washington St., Wenatchee 98801
Clallam: Courthouse, 223 East 4th St., Ste. 15, Port Angeles 98362-3025
Clark: 1919 NE 78th St., Vancouver 98665-9752
Columbia: Federal Bldg., 202 S. 2nd St., Dayton 99328-1327
Cowlitz: 1946 3rd Ave., Longview 98632
Douglas: See Chelan
Ferry: 350 E. Delaware Ave., #9, Republic 99166-9747
Franklin: Courthouse, 1016 N. 4th, Pasco 99301
Garfield: Courthouse, 789 Main St., Box 190, Pomeroy 99347-0190
Grant: Courthouse, 35 C St. NW, Box 37, Ephrata 98823
Grays Harbor: 32 Elma-McCleary Rd., P.O. Box 3018, Elma 98541-3018
Island: 101 NE 6th St., Box 5000, Coupeville 98239-5000
Jefferson: 201 W. Patison St., Port Hadlock, 98339-9751
King: 1000 Oakesdale Ave. SW, Ste. 140, Renton 98057
Kitsap: 345 6th St. Ste. 550, Bremerton 98337-1874
Kittitas: 507 Nanum Ave., Rm. 2, Ellensburg 98926
Klickitat: 228 W. Main St., MS-CH-12, Goldendale 98620-9597
Lewis: 351 NW North, MS:AES01, Chehalis 98532
Lincoln: 303 6th, P.O. Box 399, Davenport 99122-0399
Mason: 303 N. 4th St., Shelton 98584-3417
Okanogan: 149 3rd. N., Rm. 101, Box 391, Okanogan 98840-0391
Pacific: 1216 W. Robert Bush Dr., Box 88, South Bend 98586-0088
Pend Oreille: Box 5045, 418 S. Scott, Newport 99156-5045
Pierce: 3602 Pacific Ave., Ste. B, Tacoma 98418
San Juan: 221 Weber Way, Ste. LL, Friday Harbor 98250
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Skamania: 710 SW Rock Creek Dr., Box 369, Stevenson 98648
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Stevens: 986 S. Main, Ste. D, Colville 99114
Thurston: 3054 Carpenter Rd., SE, Olympia 98503
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