



High Impact Learning Experience Submission Directions

For your HILE submission, using the same language employers use is an effective method of communicating how your experience during the HILE provided you the opportunity and growth to make yourself a candidate for further consideration for a job. To do this, we recommend you review the [NACE Career Competencies](#) and keep them in mind as you describe your HILE experience.

Additionally, if you wanted to be even more strategic with this submission using it as preparation for a future interview, you could look up the job description you are seeking. Then, identify key words and attributes identified and craft your responses to the questions below with them in mind. Remember, it is important to be authentic to yourself while accurately representing how you have the skills, attributes and character they are seeking.

Finally, using the [STAR Method of Interviewing](#) or the [CARL method of interviewing](#) to describe your experiences in a way that provides a complete picture of the experience while showing employers growth and development. This doesn't have to be all positive. Employers know that learning from our mistakes is as important if not more than having successes.

DIRECTIONS for HILE SUBMISSION:

Using the STAR Method of Interviewing OR the CARL method of interviewing to answer **FOUR** of the following questions from your high impact learning experience. **Make sure to add specific examples and details to your answers.**

1. Provide an example of a challenge you faced during your HILE and how you resolved it.
2. Describe a situation where you worked as part of a team to achieve a common goal.
3. Describe a time when you had to manage multiple competing tasks and deadlines.
4. Describe a time when you had to handle conflict, disagreement, or discord with colleagues.
5. Describe a time when you had to adapt to change.
6. Describe a time when you experienced great professional growth during your HILE.

LAST BUT NOT LEAST: If you submitted a proposal for a project for your HILE, you need to combine it to this submission. The submission will have to be ONE document for Suitable to accept it.

REMEMBER.....YOU NEED TO COMPLETE EITHER THE STAR OR CARL METHOD FOR FOUR TOTAL QUESTIONS. SO FOR EACH QUESTION YOU SELECT, YOU WILL GO THROUGH THE ENTIRE STAR OR CARL METHOD.