



WSU EXTENSION

Grays Harbor/Mason County

June 1, 2026

**To:** Grays Harbor & Mason County 4-H Community  
**From:** 4-H Fair Committee  
**Re:** Supplemental Info for 2026 GHC Fair – Table Setting, Kitchen Activities, & Public Presentations

Hello 4-H families!

The information below provides background and framework for 4-H members interested in participating in 4-H Public Presentations, the 4-H Table Setting Activity, and a variety of 4-H Kitchen Activities.

While we recommend submitting your digital registration and scheduling information in FairEntry at <http://www.fairentry.com/Fair/SignIn/23268> by Sunday, July 12, you can also complete the hard copy registration info at the end of this packet and drop it off at the Extension office or email it before Sunday, July 12. Time slots will be filled on a first-come, first-served basis, to reserve a time. Please send forms to [tracie.hanson@wsu.edu](mailto:tracie.hanson@wsu.edu) or [falyn.taylor@wsu.edu](mailto:falyn.taylor@wsu.edu). If you would like any support in the registration process, please call the Extension office at 360-482-2934.

#### WSU EXTENSION 4-H YOUTH DEVELOPMENT RESOURCES

> Information about upcoming educational events is available at:  
<http://extension.wsu.edu/graysharbor/4-h/links/> and  
<https://www.facebook.com/graysharbor4h/>

#### WA STATE 4-H FAIR REMINDERS

> The State 4-H Fair Exhibitor Guide will be available online soon at: [State 4-H Fair | 4-H Youth Development Program | Washington State University](#) or <https://extension.wsu.edu/4h/fair-resources/state-4-h-fair/>  
Please check frequently for updated information!

### 4-H Table Setting Activity

- 1) All table setting activities will be held on **Wednesday, July 29, between 10:30 am and 6:30 pm.** Following the activity, the table setting will be left on display for the duration of the fair.
- 2) All table settings can be picked up in the Pavilion on Sunday, August 2, between 9 am and 10 am.
- 3) Participants will plan a table setting and menu around a specific theme or culture. The exhibit will consist of a table covering, centerpiece, two place settings, and menu in accordance w/reference materials listed below.
- 4) Participants should choose to wear clothing that will complement the theme/occasion of their table setting.
- 5) A limited number of 34" square tables (29" high) are available and can be reserved when signing up to participate. Participants will provide their own card table, linens, centerpiece, dishes, utensils, glassware, etc.
- 6) Cloverbud and Junior members may plan a table setting for breakfast or lunch. Intermediate and Senior members may plan a table setting for breakfast, lunch, or dinner.
- 7) Participants will have fifteen minutes to set their table.
- 8) Interview judging will occur during the table setting and scoring will be based on C1076e "4-H Table Setting Activity Scorecard." Judging questions may range from "how did you decide on your table theme?" and "what is the name of this utensil?" to "will this menu item be served hot or cold?" and, if the table contains handmade items "how did you make this item?"
- 9) Table cleaning supplies and a sink for hand washing will be available to satisfy the "Sanitation" portion of judging.
- 10) Reference materials: EM3443 "Dinner is Served", C1075e "4-H Table Setting Activity" and C1076e "4-H Table Setting Activity Scorecard"

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Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

## 4-H Kitchen Activities

Guidelines for all Kitchen Activities, except Table Setting, may be found in EM4733e.

Resource Publications can be found online at: <https://pubs.extension.wsu.edu/>

EM4733e, 4-H Food Activity Guidelines

C1099e, 4-H Food Activity Worksheet

C1097e, 4-H Food Activity Scoresheet Evaluation Criteria

C1098e, 4-H Food Activity Scoresheet

C1075e, 4-H Table Setting Activity

C1076e, 4-H Table Setting Activity Scorecard

The following activities will be conducted this year:

Table Setting

Lunch on the Go (up to 1.0 hour)

Quick to Fix Meals (up to 2.0 hrs)

Foods of the Pacific Northwest / Native Food (up to 2.0 hrs)

Food for All Occasions (up to 2.0 hrs)

My Favorite Foods (up to 2.0 hrs)

Bread Baking (Quick Bread Only) (up to 2 hrs)

In addition to the guidelines above, we will also use the following additional guidelines in Grays Harbor.

- 1) All kitchen activities will be held on **Thursday, July 30, between 11 am and 6 pm** or on **Friday, July 31, between 11 am and 6 pm.**
- 2) All 4-H Food Activities will take place in the Pavilion Meeting Room at the Fairgrounds in Elma.
- 3) Junior, Intermediate, and Senior members may participate in any of the activities (please check time limits for each age group).
- 4) Cloverbud members may participate only in Table Setting Activity. Comments will be given, and participation ribbons awarded. Cloverbud members are not eligible for premiums.
- 5) Please check in with the 4-H Kitchen Coordinator at least one hour before your scheduled time. We often have to make last minute scheduling adjustments. If you arrive early, we may have limited refrigerator space, so plan to use ice chests.
- 6) Participants will bring a completed 4-H Food Activity Worksheet (C1099e), along with required recipes and/or menus to the activity. Use parts of the worksheet that are suitable for your age group and activity.
- 7) Participants will bring their own cookware, table linens, cooking equipment, and any special equipment they may need.
- 8) Participants will bring their own hot pads or mitts, dishcloths, hand towels, and dish towels.
- 9) A table, sink, refrigerator, range, counter space, cutting board, knife, dish drainer, soap, and bleach will be provided.
- 10) We encourage all food to be purchased from an approved food source. Please keep safety in mind when packing your items and transporting them to the fairgrounds.
- 11) All food containers must be clean and free of foreign material. You no longer have to bring items in their original packages. Judges will closely monitor to see that items are clean and suitable for their use.
- 12) Indicate the total time needed (including set up, clean up, and interview) on the entry form.

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## 4-H Public Presentation Contest

Learning how to communicate your thoughts and ideas to others is an important life skill and helpful as you prepare your 4-H Public Presentation. "Getting to the Point" is a publication full of ideas, recommendations, and tips for shaping your effective, organized, and successful presentation. Leaders may also want to review the 4-H Leader Guide, which defines the 4-H leader's role in presentations and has suggestions for how leaders can provide guidance for youth – from the beginner to seasoned presenters. So...choose a subject, gather information, work out a plan, practice, and get ready to deliver a memorable presentation! "Getting to the Point" (WSU Publication EM4787) and 4-H Leader Guide (WSU Publication EM4788) are available at <https://pubs.extension.wsu.edu/>

The subject of a presentation need not be related to projects in which member is enrolled.

### Types of 4-H Presentations

- A **DEMONSTRATION** puts words into action. An effective demonstration teaches others how to do something by showing while telling. At the end of a demonstration, you should have a finished product to show your audience.  
*Sample titles include: how to set up a tent, how to groom a dog, how to needle-felt*
- An **ILLUSTRATED TALK** makes use of posters, pictures, digital presentations like PowerPoint, or other visuals to show how to do something or illustrate a process. No finished product is required.  
*Sample titles include: how to plan a garden, how to distinguish horse markings, how to lead a fun and effective carwash*
- **PUBLIC SPEAKING** is a prepared speech on a specific subject for an audience. Usually, no props or visual aids are used. 4-Hers use this type of presentation to teach, entertain, and/or inform their audiences.  
*Sample titles include: why I like the 4-H cat project, what compassion looks like in my community*

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Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Grays Harbor County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

## 2026 Registration for 4-H Kitchen Activities and Public Presentations

Sign up in FairEntry at <http://www.fairentry.com/Fair/SignIn/23268>

OR DELIVER HARD COPY TO:

WSU Extension Grays Harbor - Elma

or via email to [tracie.hanson@wsu.edu](mailto:tracie.hanson@wsu.edu) or [falyn.taylor@wsu.edu](mailto:falyn.taylor@wsu.edu)

Name of 4-H member: \_\_\_\_\_ Name of Club: \_\_\_\_\_

4-H Age: \_\_\_ Cloverbud \_\_\_ Jr \_\_\_ Int \_\_\_ Sr      Email Address: \_\_\_\_\_

<u>Name of Contest</u>	<u>Date</u> <u>(Circle one)</u>	<u>Time Preference</u> <u>(include am/pm)</u>
Table Setting Activity	Wednesday (10:30am – 6:30 pm)	
<i>Do you plan on using the round table provided?</i>	<i>Yes -OR- No, I'll bring my own table</i>	
Bread Making Activity (Quick Bread OR Non-yeast)	Thursday OR Friday (11am - 6pm)	
Lunch on the Go Activity	Thursday OR Friday (11am - 6pm)	
Quick to Fix Meals Activity	Thursday OR Friday (11am - 6pm)	
Foods of the Pacific Northwest / Native Food	Thursday OR Friday (11am - 6pm)	
Food for All Occasions	Thursday OR Friday (11am - 6pm)	
My Favorite Foods	Thursday OR Friday (11am - 6pm)	
Public Presentation	WED – THURS - FRI - SAT	

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