



ABOUT 4-H

In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. We are America's largest youth development organization—empowering nearly six million young people across the U.S. with the skills to lead for a lifetime. In Washington State, 4-H is delivered by Washington State University Extension. Participation in 4-H is open to youth ages 5-18.



WHITMAN COUNTY



HEAD



HEART



HANDS



HEALTH

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Whitman County

WASHINGTON STATE UNIVERSITY
EXTENSION

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local WSU Extension office.

Persons with a disability requiring special accommodation while participating in an Extension event may call 509-397-6290. If accommodation is not requested at least two weeks in advance, we cannot guarantee availability of accommodation on site.



4-H



WASHINGTON STATE UNIVERSITY
EXTENSION





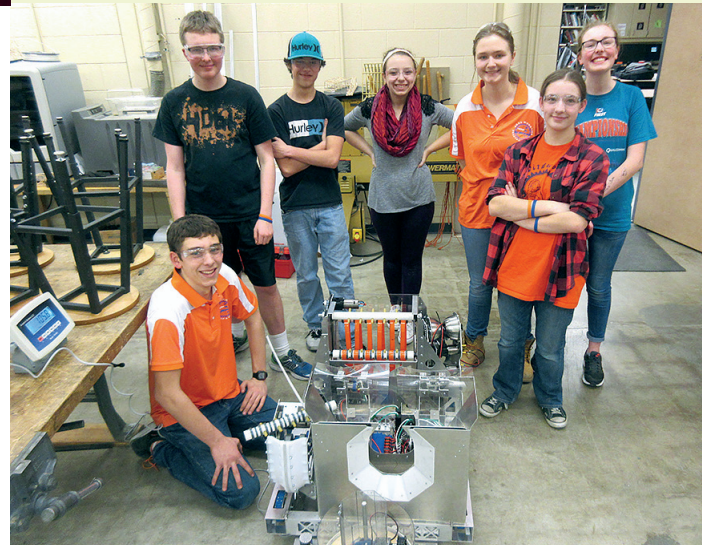
4-H CLUBS

A 4-H club may be organized around a specific project area, such as livestock, shooting sports, or robotics, or it could be a multi-purpose community club in which youth from a certain community are enrolled in various projects. In addition to their project work, youth give demonstrations, do community service projects, and complete record books over the course of the 4-H year. Clubs also provide youth with the opportunity to take on leadership roles as club officers or teen project leaders.

PARTICIPATION IN 4-H

The main focus of 4-H is to help members acquire life skills such as problem-solving, communication, confidence, independence, resilience, and compassion through learning-by-doing projects and activities. Youth collaborate with adult and teen mentors to complete hands-on projects, which they often exhibit at a local Fair.

4-H is so much more than agriculture—projects and activities can include almost anything from animal sciences to social science and from robotics to expressive arts!



4-H'ers are...

4X

more likely to
give back to their
communities

2X

more likely to
make healthier
choices

2X

more likely to
participate in
STEM activities

