

Walla Walla County Extension



4-H NEWSLETTER



Event Conclusion

Thank you to all those who participated in our Top Chef Contest! We were so happy to see all our amazing cooks and table setters.

A huge shout-out to our KYG participants as well! Hear more about these events from some of the members who participated and how to get involved next year.



What is the National 4-H Conference?

The National 4-H conference is an annual event in which hundreds of 4-H members gather at. So what exactly is this event about? Read more to find out!



April Save the Dates

- 6:** Small Animal Project Day
- 11:** Leaders Council Meeting
- 15:** Public Presentation Contest A Starts
- 18:** Public Presentation Contest A Ends
- 19:** 4-H National Conference Starts
- 20:** Livestock Project Day
- 24:** 4-H National Conference Ends



Industry Professional

Jillian Henze, a former newspaper editor and current city council member of Waitsburg, shares her experience of what it takes to become a reporter and editor.

Upcoming Events

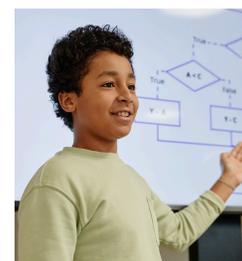
Super Saturday

Are you ready for a fun day of learning? Come join us for this year's Super Saturday! We have a ton of amazing activities so make sure to register before classes fill up!



Public Presentations

Public Presentations allow 4-H members to hone their public speaking and research skills through preparing a judged presentation. Read more about this event!



March Community Service Project

Spring is almost here! With the sunny days fast approaching, more activities can be done outside to enjoy the warmth. This is also a perfect time for some spring cleaning! We are here to provide some inspiration for your next service project.

»»» INDUSTRY PROFESIONAL «««

JULLIAN HENZE

Adapted from Jillian Henze



The experiences we gain in life can provide us with skills that are essential for our future endeavors. Jillian Henze, Director of Communications, credits her years as a newspaper reporter and editor for preparing her for her current job. She also notes that her experiences have given her more than just skills. Through her work, she got to know her community in Waitsburg, covering some heart-wrenching moments in people’s lives and sharing joyful moments, too. Jillian’s greatest joy on the job came from these families telling her that she shared their stories in a way that honored these special families.

WHEN AND HOW DID THIS INTEREST START?

»»» Jillian fondly recalls how the allure of reading and writing captured her imagination in her early years. She knew that she wanted to explore the world of writing. In high school, she was part of the student newspaper. During college, she served in various roles as the news editor, senior reporter, and editor-in-chief of The Linfield Review.

Jillian also completed two internships at the McMinnville News-Register, which led to life-changing work and adventures, including riding in the Goodyear Blimp and covering presidential candidate Hillary Clinton’s campaign stop. Jillian reports, “I just jumped in with both feet, and it was so rewarding.”



IS THERE A CLUB, COMMUNITY, OR PEOPLE THAT HELPED YOU TO GROW THIS INTEREST AND SKILL?

WHAT ADVICE WOULD YOU GIVE 4-H MEMBERS WHO ARE INTERESTED IN THIS FIELD?

»»» Jillian points out that “the best reporters are crackerjack writers who meet their deadlines.” She also notes that a sense of adventure and curiosity are required. And it’s important to love people and treat their stories with the honor and respect they deserve.

UPCOMING EVENTS

➤➤➤ SUPER SATURDAY

Adapted from Walla Walla County Extension Super Saturday

It's almost time for this year's Super Saturday! The Walla Walla County Extension Office is pleased to offer this event to all youth in 1st to 12th grade, no matter if they are enrolled in 4-H or not. So bring your friends to participate in a day full of fun learning activities! Classes include lessons on craft making, search and rescue, gardening, photography, pets, karate, and so much more! [Registration forms](#) are available for download on the Extension website along with a brochure of all the classes offered. Once the form is complete, they can be brought down to the Extension Office on 328 W. Poplar St., Walla Walla, WA along with the registration fee. We hope to see you all there!



➤➤➤ PUBLIC PRESENTATIONS

Adapted from WSU Stevens, Snohomish, and Kitsap County Extension Public Presentations

Public Presentations gives youth a chance to learn how to prepare, practice, and deliver presentations in front of an audience through a set of competitions held in April and May. Presentations should teach a skill, concept, or principle related to a project that the member is enrolled in and can be a demonstration, an illustrated talk or other prepared speech. Participants are encouraged to use life-like models, miniature models, and/or illustrative materials as visual aids. Youth participating in both contests may be eligible to advance to the State 4-H Fair competition! [The Extension website](#) has several resources to help youth learn more about what makes a good presentation, and additional questions can be directed to the Extension Office at 509-524-2685.

»»» SERVICE PROJECT «««

SPRING ACTIVITIES



As we get into the 4-H year, it can be easy to get distracted and forget about your service projects. As the community gives to 4-H, it is important to give back! To help clubs get some ideas rolling, we have found a few fun and seasonal activities to talk about. Please remember to submit a Pre-Event Form with details about any project you plan to do. Not sure if something will work for your service project? Contact the Extension Office at 509-524-2685 for further questions, ideas, or other additional help.



»»» OUTDOOR BEAUTIFICATION

Take some time to enjoy the sun while helping the local environment. Reach out to the community organization to collaborate on cleaning up a local park or other recreational area. Cleaning not your speed? See if these places need help with planting new trees or flowers! There are a ton of ways to help make and keep our outdoor areas beautiful while giving back to the community and wildlife that use the space.



BRING SPRING INDOORS «««

While many of us look forward to spending time outside as the weather gets warmer, it's important to remember that not everyone can enjoy the outdoors. Spread some cheer by bringing spring indoors to residents of nursing homes or hospital patients by making a simple and fun craft such as colored paper flowers.



TOP CHEF & KYG

TOP CHEF CONTEST

Adapted from Sandra Farley

The 2024 edition of Top Chef has concluded with twenty three participants showcasing their skills in over forty kitchen activities such as table setting, favorite foods, quick-fix meals, quick bread, and lunch on the go. The judges were impressed with the participants' abilities and the quality of the food presented. They look forward to seeing and tasting what the participants bring to the table in 2025! If you're interested in the world of food and nutrition and want to learn more about this and other food-related 4-H projects and activities, contact the extension office. Until next year, let's get cooking!



KNOW YOUR GOVERNMENT

Adapted from Brad Bouillette

The three-day 2024 KYG conference was held in Olympia, WA, the home of our state Capitol. Walla Walla County 4-H sent three delegates to participate in the fast-moving and educational experience. After arriving in Olympia, the delegates voted for their top five choices out of twelve candidates present. Those whose candidates did not reach the top five were placed into the remaining campaigns. The top five candidates then prepared speeches and debates. They even lobbied for endorsements from adult resources posing as representatives from various groups such as unions, local farm groups, law enforcement guilds, and healthcare co-ops, among others.

Despite their diverse backgrounds and perspectives, the kids created well-thought-out campaigns and candidates. KYG leader Brad Brouillette commented, "It was great to watch young people from all over the state come together, work as a team, and make new friendships." When not working on their candidates' campaigns, attendees were treated to various speakers, including government lobbyist, CEO of TVW, and the Thurston County Auditor. The keynote speaker was Denny Heck, Lieutenant Governor. Each speaker expressed respect and admiration for KYG and the campaigns each candidate ran. Walla Walla County is looking forward to preparing for the 2025 KYG Conference to be held in Wenatchee, WA. If you are interested in participating in the coming year, please reach out to the Extension Office for additional information.



NATIONAL 4-H CONFERENCE

Adapted from National 4-H Conference and National Institute of Food and Agriculture



➤➤➤ THE CONFERENCE

4-H Departments send delegations of youth between ages 15 and 19 to participate in the National 4-H Conference each year in April. The National 4-H Conference is the flagship youth development opportunity of USDA, hosted by the National Institute of Food and Agriculture. The event is held at the Hyatt Regency Crystal City in Arlington, Virginia, and features Conference roundtable sessions, Youth Career Fair exhibitions, special events, and assemblies. Delegates will also have the chance to present to federal partner agencies, and engage with their U.S. Senators and Representatives.

➤➤➤ CONFERENCE GOALS

- Provide youth with broad-based learning experiences to gain knowledge and skills that help give a sense of responsibility and capacity to connect with communities, country and the world.
- Engage youth in hands-on educational activities to explore, practice, develop and master skills and knowledge in civic engagement, civic education and personal development.
- Facilitate opportunities for youth to apply and expand skills in real-world experiences and develop leadership skills using their voices, work, ideas and behavior to make a difference.

Overall, the conference helps empowers members to create positive social change in their communities and gives them opportunity to practice and apply their skills in a real-world setting.

➤➤➤ REGISTRATION & SCHOLARSHIPS

Registration opens in February and while this year is full, it is still good to plan ahead for the following year. Financial assistance is offered to 4-H youth and adult chaperones to who otherwise would not be able to attend Conference. For more information, email National4-HConference@usda.gov or visit the web page for the [National 4-H Conference](#) videos, documents, and other resources.



Picture From: UC 4-H programs bolster youths' public speaking confidence

WSU EXTENSION
WALLA WALLA COUNTY
328 WEST POPLAR
WALLA WALLA, WA 99362



EXTENSION PROGRAMS AND EMPLOYMENT ARE AVAILABLE TO ALL WITHOUT DISCRIMINATION. EVIDENCE OF NONCOMPLIANCE MAY BE REPORTED THROUGH YOUR LOCAL EXTENSION OFFICE.