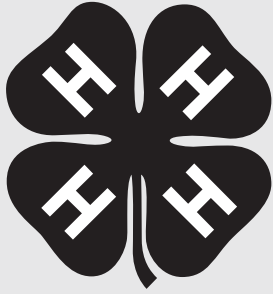


C0934



4-H RECORD BOOK



LEVEL 2



NAME: _____ #YEARS IN 4-H: _____ AGE: on Oct 1 _____

DATE OF BIRTH: month/day/year GRADE IN SCHOOL: _____ 4-H DIVISION: JR INT SR

ADDRESS: _____

CLUB: _____

COUNTY: _____

CALENDAR YEAR: Use "dual" year format (i.e. 2023-2024)

GUIDELINES

YOUR 4-H YEAR AGREEMENT

At the beginning of each year, 4-H members and their mentors should agree on expectations for member participation in the club.

We suggest the following:

Attend a certain number of club meetings.

Attend a certain number of project meetings.

Serve as a committee member or officer.

Do a public presentation.

Keep a record book.

Learn some new skills and knowledge.

Have an exhibit at Fair.

Work on a community service project.

Do leadership activities.

Participate in activities beyond your club: a show, conference, etc.

Be creative. (This is your opportunity to think of other things that could contribute to your 4-H experience!)

OCTOBER

Dates listed should be all of the 4-H events and activities that pertain to you, your club, and your project.

You may also include those activities that are not 4-H related, but only if you plan to incorporate them into your Permanent Record or 4-H Story.

Write in dates and events as you learn about them.
Dates do not need to be in chronological order.

You may record open class shows if they pertain to your project.

Show the day, event, time, and place.

NOVEMBER

Entries should be easy to read, and written or typed by the member, if able.

Put a check mark or other notation next to events you attended.

At the bottom of the first page, provide a "key" to indicate the time and place of a regular meeting, (i.e. Training Meeting*

*All training meetings are held from 7 to 9 pm at the Alderwood Manor Youth Club unless otherwise noted.)

Do not leave a month blank. Write "not a member" or "inactive" or whatever else may apply.

Additional pages may be added if you run out of room.

DECEMBER

Place a check after each event you attend.

PROJECT RECORD

YEARS IN 4-H including this year PROJECT _____ YEARS IN THIS PROJECT including this year

THIS IS WHAT I WANT TO LEARN THIS YEAR:

A project commitment helps you achieve your goals. You must have this section for every project in which you are enrolled and active. Plan with your mentor.

- Junior members may start with simple goals.
- Intermediate and Senior members would plan more advanced goals.

Your project goals should be specific, measurable, appropriate and consistent with your age, experience and ability level. It is recommended that Juniors specify 1 to 3 goals and Intermediates and Seniors consider 3 or more goals.

This page is to be completed and signed at the beginning of the each year.

MEMBER'S SIGNATURE

DATE

THIS IS WHAT MY LEADER AGREED TO HELP ME LEARN:

EXAMPLES of what a Leader can do to help you learn:

- arrange field trips, clinics, activities
- recommend suitable resources / books
- provide project materials
- keep me informed of available learning opportunities

This section is written by the member after consultation with their leader/mentor.

LEADER'S SIGNATURE

DATE

THIS IS HOW MY PARENT(S)/GUARDIAN AGREED TO HELP ME LEARN:

Examples of how a parent/guardian or other mentor can help you learn:

- provide transportation to meetings and other activities
- supervise project activities (i.e. woodworking-use of tools)
- take pictures of project and club activities
- provide appropriate guidance
- provide financial assistance (in exchange for ... (i.e. chores))

The signatures and dates are important because this page serves as an agreement of understanding between the 4-H member, parent, and project leader of what the member plans to accomplish. The date indicates when the agreement took place. It should be done in the first or second month of the member's 4-H year.

PARENT(S)/GUARDIAN SIGNATURE

DATE

PROJECT JOURNAL

Date	What did you do or make?	How much? How many?	Cost	Income
	Record time you have given to your project.			
	You should include:			
	- any time you work on your project			
	- project activities (repeat from calendar is okay)			
	- animal projects should record daily/routine care and health care (feeding, vaccinations, etc.)			
	- you may consolidate routine tasks (i.e. October - fed and watered my cat daily			
	- learning experiences related to your project			
	Your journal should show evidence of being used throughout the year.			
	Your project may require an "Add Sheet" - which may change the way you use this journal.			
	Total the Cost & Income columns on each page.			
Date	What did you do or make?	How much/how many?	Cost	Income
	Beef Project Example:			
October	Fed heifer daily	3# grain/day	\$0.87/day	
	Cavy Project Example:			
2/27	Had my cavies typed judged	2 cavies	\$2.00	None
	Horse Project Example:			
10/5	Had Chico shod	4 shoes	\$140.00	N/A
11/14	Bought alfalfa hay	1 ton	\$350.28	N/A
3/14	Attended Equine-a-Rama	N/A	\$20.00	N/A
5/24	Core Vaccines: tetanus, EEE/WEE, WNV, rabies	5 vaccines	\$45.00	N/A
	Leadership Example:			
9/20	Showed club members how to do showmanship	5 members	N/A	N/A
3/21	Food Project Example:			
	Made cookies for project meeting	4 dozen	\$8.00	N/A
TOTALS				

Time spent:	Comments or what you learned:
<p>Please note: this page is a continuation of the previous page. If printed, the previous page would be left of the spine and this page would be on the right, allowing the rows to line up and carry across the page.</p>	
	<p>Briefly say what problems you had, things you learned, how you feel about what you did or made, what you would do differently next time, or write a comment to clarify or explain.</p>
15 minutes daily	Heifer is also on pasture.
3 hours	Learned good and bad points about my cavy. Won Best of Show!
1 hour	Need to use thrush medicine
3 hours	Had to stack alfalfa. 100# bales are heavy, and prickly!
4 hours	Had a great time and learned a lot about caring for my horse - and I made a new friend!
1/2 hour	Chico was really good this time!
25 minutes	It isn't very easy to tell what you know to others.
2 hours	Learned how to read a recipe - and the cookies were great!

PROJECT PHOTOS

Photos must be of the current 4-H year. (October 1 - September 30)

Include photos of project and project activities.

Include the date, place/event, and who is in each photo.

PROJECT HIGHLIGHTS

What you learned:

Review your Project Commitment/Goals. Did you learn what you planned to learn?

If so, how, when, where, from whom

Include other skills or knowledge you gained that you did not plan. What learning opportunities allowed you to learn these? Be very specific.

Try to limit your Project Highlights to this page, though you may add a page if necessary.

Problems:

How did you overcome / solve any problems with your project?

(For example: My horse would not take the left lead. I took lessons and learned how to cue for the lope in a corner where it is natural to take the correct lead.)

Successes:

What went "right" with your project this year?

Recognition, awards, achievements, goals accomplished, etc.

To do differently next time:

What would you do differently if you had it to do all over again knowing what you know now?

PROJECT FINANCIAL SUMMARY

(USE IF APPLICABLE TO YOUR PROJECT)

BEGINNING VALUE (Materials, supplies, animals, equipment you had at the start of your project year.)

DATE

Item	Amount	Value
Use this summary only if your project does not use a project record "Add Sheet".		\$
If more room is needed for inventories, add a page; however, be sure totals are on this page.		\$
If your project requires a project add sheet, it follows this financial summary.		\$
If your project requires a "certificate" (i.e. diary, horse, llama), it should follow the add sheet.		\$
		\$
TOTAL		\$

ENDING VALUE (Materials, supplies, animals, equipment you had at the end of your project year.)

DATE

Item	Amount	Value
		\$
		\$
		\$
		\$
		\$
TOTAL		\$

1. Cost (project journal)		\$
2. Beginning Value Total (above)		\$
3. Total Cost—add lines 1 and 2		\$
4. Income/Value (project journal)		\$
5. Ending Value Total (above)		\$
6. Total Income/Value—add lines 4 and 5		\$
7. Profit (loss)—subtract line 3 from line 6		\$
8. Total time spent on project (project journal)		Hrs.

MY 4-H STORY

Use narrative form (as if you were talking to the reader).

Try to limit your story to 2 sides; however, you may add one page if necessary.

Include four parts:

1) Introduce yourself

2) Tell about your project (or projects)

- do not repeat your "Project Highlights"

3) Share your 4-H club experiences and involvement in your community and school.

4) Tell how you have changed (personal growth, skills, etc.) as a result of your 4-H experience.

SUPPLEMENTAL INFORMATION

Should be Club, Community, or School related (photos including other club members at project activities are acceptable.)

May contain pictures, news clippings, or letters.

All items should be captioned (names, location or activity, and date).



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