

Snohomish County 4-H Dairy Record Book

(attach a photo or add a drawing here)

NAME:		AGE:
DATE OF BIRTH:	SCHOOL AGE AS OF 10/1/22:	#YEARS IN 4-H:
4-H DIVISION: (Jr 8-10, Int 11-13, Sr 14 + as of 10/1/22)		
ADDRESS:		
CLUB:		
COUNTY:		

Instructions

- Use this record book for all things you do in the Dairy 4-H program this year. Put it in a **report folder (not a 3 ring binder)** with your Permanent Record Book and separate each section with a **labeled** tab.
- Use your records to look back at your progress during the year. This will be helpful when you make plans for next year.
- The record book is your work. Keep it current throughout the year and do your own handwriting or typing.
- Certain sections of the 4-H record book have been modified to fit the needs of this document and the Dairy 4-H Program

Dairy Planning Calendar

Write down the important events and activities for the Dairy Program. Keep track of what you attend.

If there are no activities for the month, please note “no activities”.

Dairy Project Inventory Items-Record items you own. Record the value of each item and how many or how much you have. Record only one item per line and include additional pages if necessary.

4-H Dairy Goal/Objective-Determine your personal goal for this 4-H year, how you will measure your goal and who will assist you in achieving this goal. Why is this goal realistic and set a date of completion.

Dairy Project Photos -Use a **maximum of two pages** to include photos relevant to your dairy project. Label, date and location should be included.

4-H Story-Write your story in a four-part narrative form, as though you were talking to the reader.

- 1) Introduce yourself.
- 2) Write about your projects.
- 3) Share your 4-H Dairy club experiences and how you have been involved in your community and school.
- 4) Write about how you have grown as a result of the 4-H Dairy Program.

Supplemental Information-This single page should be related to your club, community, or school. It may contain pictures, news clippings, or letters. Identify and label all items

4-H Dairy Certificate-Include a complete Dairy Certificate for ALL animals you are exhibiting this current 4-H year. ***Dairy Certificate needs to include markings if relevant and current signatures.***

Permanent 4-H Record -Maintain a record of all your 4-H participation including leadership, public presentations, demonstrations, judging and other contests and activities for all your 4-H years.

Dairy Record Book Score Card

Item	Point Assignment	Deductions	Points	Score
Cover/Folder Score Sheet Dividers Neatness	Cover/Folder Score Sheet Dividers Neatness	-1 for each item missing	5	
Calendar	Events, dates, attendance record	-1 for each month missing	15	
Inventory	Items recorded and amounts and value noted	-1 for each column not completed	10	
4-H Goal for the year	4-H goal established and signed by parent leader and member	-2 for each entry omitted -1 for each signature omitted	15	
Project Photos	Photos with name, date and location labeled	-.5 for missing name, date and location	10	
4-H Story	Introduce self and include highlights, experiences, community involvement, and personal growth through project	-1 for each element missing	15	
Supplemental Information	Club, Community or school related Label items	-.5 for no labels -.5 for only project pictures	10	
Dairy Certificate	Include current year projects	-2 for each project not included -1 for each signature missing	10	
Permanent Record	Points lost for empty spaces	-1 blank section -.5 no date on first entry of year	10	

Total _____

MY DAIRY PLANNING CALENDAR



(Include date and name of event – Place X in last column if you attended the event)

October	Example:	
	7 th – Car Wash Fundraiser	
	15 th – Picked out project animal	X

November		

December		

January		

February		

March		

April		

May Leader Check
 Leader_____
 Date _____

May		

June		

July		

August		

September		

Project Inventory Items

*List items you have purchased as well as those that have been given to you. If the item was given to you, list a value you would have to pay to replace it.

<u>Item</u>	<u>Quantity</u>	<u>Value</u>
Example: Rope Halter	3	\$15.00
	Total Replacement Value	\$ _____

May Leader Check Leader _____ Date _____

4-H Goal for the year

As you determine the goals that you would like to reach for this year, use this guide to determine if the criteria are met to make your idea a goal.

Specific

Pick a specific item. Your goal should be straightforward and explain what you want to happen this year. Answer the following questions: what, why and how. What am I going to do or accomplish? Why is this important? How am I going to do this? (Example: Being a better showman is too broad. Narrow it down to something specific like keeping my eyes on the judge and my animal.)

Measurable

In order for your goal to be manageable, you must be able to measure it. Something you can measure is **something you can see changes and progress**. Answer the question “How will I know when I have reached my goal?” Establish a criteria or measurement to evaluate your progress toward the accomplishment of your goal.

Attainable

By assigning a goal and determining what is most important you begin to figure how you will achieve this goal. This is where you develop abilities, skills and attitudes that bring you closer to your goal. If your goal is not achievable, you most likely will not be able to accomplish it. Work with your leaders and parents to ensure that the goal you are working toward is something well suited for you.

Realistic

Here you are asked to show how your goal is “do-able”. This goal should push you to grow your skills and knowledge. Your goal may not be easy and most likely will not be the same as anyone else's. However, you need to work with a goal that is attainable for your skill level. Set your goal so that you can enjoy the success when you accomplish your goal.

Timely

Determine a time line for your goal. By assigning a “due date” you give yourself a target to work towards. If there is no time set, there is no urgency to start and you may not achieve your goals because you never started.

2022-2023 4-H Dairy Goal

- My goal for the 4-H calendar year - (Pick something specific you would like to accomplish this year): (eg. Being comfortable talking in front of a group of people) _____

- What skills are needed to attain my goal?

- List 3 things you PLAN on doing to help you attain your goal:

1. _____

2. _____

3. _____

- What do I need to help me attain my goal?

Individuals _____

Supplies _____

Events _____

• What is the timeline for completing your goal? _____

• How will you know you have completed your goal?

• List 3 things you **HAVE ACCOMPLISHED** in attaining your goal:

1.

2.

3.

Parent Signature

Leader Signature

May Leader Check Leader _____ Date _____

Dairy Project Photos

Dairy Project Photos

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the page.

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general note-taking. There are no margins, text, or other markings on the page.

Supplemental Information

C0234E

County _____



4-H Dairy Certificate



4-H Member's Name

Address

Town _____ Zip Code _____

Name of Club

Name of Animal _____

Date Animal Born _____
Month Day Year

Sex _____ Reg. or Grade _____
M or F

Breed _____

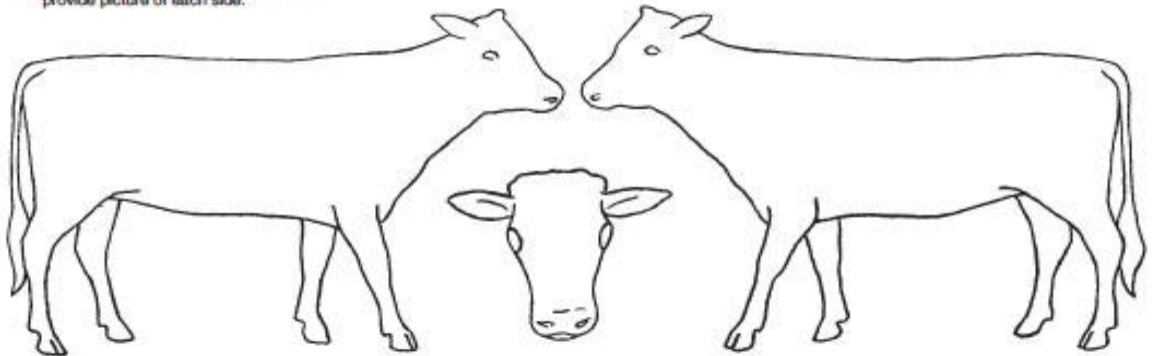
Name of Sire _____

Name of Dam _____

Identification of Animal _____

Registration number, color, etc. Identify as thoroughly as possible.

Draw color marking on each side and face or
provide picture of each side.



When was animal acquired for 4-H project? _____
Month Day Year

Signature of 4-H Member

Signature of Parent or Guardian

Signature of 4-H Leader

Signature of County Agent Year

Signature of County Agent Year

Signature of County Agent Year

Signature of County Agent Year

Signature of County Agent Year

Signature of County Agent Year

Signature of County Agent Year

Signature of County Agent Year

Please replace this sheet with your
Permanent 4-H Record Book
Form C0935

(*The Permanent Record starts with your first year of 4-H. Each year you will add current year information to your existing permanent record.)