



Snohomish County

4-H 

WASHINGTON STATE UNIVERSITY
EXTENSION



Snohomish County

CloverGram

July 22, 2022

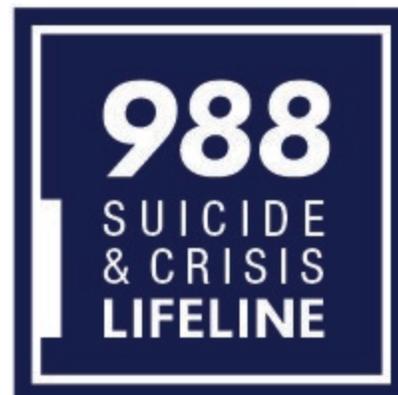
Woohoo!

Kudos to the Greenhorns and Wild N Woolies 4-H Clubs, as well as the 4-H Teens Helping Teens, for representing 4-H at the upcoming National Night Out events! Thanks so much!

New Stuff:

988

988 is the new mental health emergency number! You can now call, text, or chat 988 to be connected to the National Suicide Prevention Lifeline (NSPL). It is confidential, free, and available 24 hours a day, 7 days a week, 365 days a year. You can also use 988 if you are worried about someone who may need crisis support.



Services are available in Spanish, along with interpretation services in over 250 languages. For people who are deaf, hard of hearing, and TTY users: Use your preferred relay service or dial 711 then 1-800-273-8255. 988 will not replace any crisis call centers in Washington state. It is an addition to the state's network of crisis center providers. The current NSPL number, 1-800-273-TALK (8255), will remain active along with 988.

Youth Mental Health First Aid, 9/24/22

Dr. Ashley Hall will be offering a training for adults in Youth Mental Health First Aid, for 4-H volunteers and other folks, too, at AIM High School in Snohomish, on Saturday, September 24th. Save the date if you want to get in on this fabulous training. 10:00 to 4:00, with some on-your-own prep work beforehand. SAVE the DATE!

CloverGram Break

The CloverGram will be on vacation for the next two weeks. You'll have to come up with your own jokes!

Reminders:

4-H Hall of Fame Nominations Extended to August 1st

All state-level award nominations are due by August 1 to Tony Dell at adell@wsu.edu. You will find all nomination forms, including criteria for nomination, at <https://extension.wsu.edu/4h/for-volunteers/wastate-volunteer-recognition/>.

Outstanding 4-H Exhibitor Award Applications Due Aug. 1st

Senior level 4-H members who have exhibited at the Evergreen State Fair at least two years are invited to apply for the most prestigious of fair awards: Outstanding 4-H Exhibitor. Finalists will be interviewed by a panel of dignitaries on August 22nd. Apply by August 1st to be considered!

- [Outstanding Exhibitor Award \(pdf\) \(Word doc\)](#)

Past CloverGram newsletters can be found at <https://extension.wsu.edu/snohomish/4h/resources/>