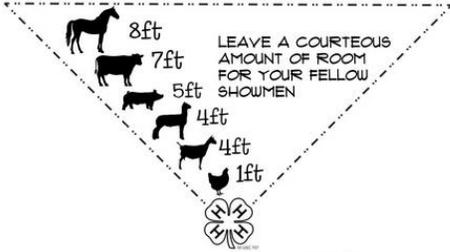




CloverGram

August 21, 2020



New Stuff:

Social & Emotional Well-Being Webpage

Studies are showing an uptick in stress among both youth and adults as we move through this pandemic. In response, we have added a page of resources to our 4-H website. Whether you feel the need for support or want to learn how to support others, you can find it here:

<https://extension.wsu.edu/snohomish/socio-emotional-support/>

Bandana Distribution

Remember the bandana design contest? The 4-H Bandanas are ready, and now we need to get one to each and every 4-H member in our county! Please fill out the following survey to let us know how you would like to receive your bandana: [4-H Bandana Distribution](#). We appreciate Flyin' Lions for sponsoring this project to help unify our members during this challenging time.

Volunteer Annual Update

If you missed the annual volunteer update, you can still watch it before the end of the 4-H year! Be sure to take the tiny survey at the end, so we can give you credit for watching. <https://extension.wsu.edu/snohomish/2020-annual-volunteer-update/>

Food Drive (for Humans!)

Every year at the start of Fair, ESF hosts a food drive that helps all our local food banks. Although there is no Fair, they are still doing a food drive on Aug 27th, 4:00 - 7:00 p.m. at the fairgrounds. This would be a great opportunity for your club and/or members to do community service by dropping non-perishable food at the Fairgrounds at the west parking lot during that time.

Reminders:

Poster Contest Details!

The August poster contest is ON! Cash prizes will be awarded! For the details, visit <https://s3.wp.wsu.edu/uploads/sites/2053/2020/07/Informational-Poster-Contest-2020.pdf>

Food Drive (for Project Animals!)

Donations are pouring in! Who needs help with supplies/feed for your critters? Feed stores are collecting donations to help. Don't be shy! 4-H youth who have a need may apply for assistance in one of three ways:

1. Fill out a card in store: Snohomish Co-op, Monroe Co-op, Dayville Hay and Grain, Bothell Feed, Everett Co-op, Marysville Co-op, Arlington Co-op, Granite Falls Co-op, and Rodeo Downs.
2. Apply online: [Feed Assistance Sign Up](#)
3. By email: snoco.4H@wsu.edu

Contact Kim Baker if you have any questions or need assistance (kim.baker@wsu.edu).

Find earlier CloverGrams on our Resources page: <http://extension.wsu.edu/snohomish/4h/resources/>