



Snohomish County



WASHINGTON STATE UNIVERSITY
EXTENSION



Snohomish County

CloverGram

November 8, 2019



Woohoo!

Kudos to all the 4-H Council members who hosted a wonderful volunteer appreciation event last weekend! A special shout-out to our volunteers who were awarded pins for reporting lots o' hours! More than 750 hours: Aurora Mac Avoy, Craig Avila, Pat Pehling, Connie Shane, and Robin Stebbins! More than 1000 hours: Dena Edgecombe, Crystal Apple, Nanci Johnson, Jodi Stebbins, Ruth Avila, and Holly Ramsey! Thank you all!

New Stuff:

4-H Natural Resources Program – Open House!

Everyone is invited to learn more about the 4-H program that takes youth and families hiking, fossil-hunting, and otherwise enjoying the outdoors! This Saturday, November 9th, 1:00 – 3:00 p.m. at Extension. 600 128th St. SE, Everett, WA 98208

Foods Program Workshop

Make some cookies and cocoa, and help plan the coming year of workshops! All Snohomish County 4-H youth and volunteers in the foods program are invited to attend the workshop this Sunday, November 10th, 1:00 – 3:00 p.m. at Extension, 600 128th St. SE, Everett, WA 98208

Sign-up appreciated: <https://www.signupgenius.com/go/70a0e4ea5aa2ba5f94-nov10th>

Rural Suicide Prevention in Farm and Ranch Communities

This webinar will enhance your knowledge of stress and suicide in rural areas, with a focus on farm and ranch communities, and highlight stress/suicide prevention activities. Presenters include Suicide Awareness Voices of Education (SAVE), LivingWorks, and the Minnesota Department of Agriculture. Suicide prevention resources will be provided. **No registration required. Tuesday, November 19, 2019, 12:30-1:45 pm** Hosted by the Denver office of the **Health Resources & Services Administration**.

To join the webinar: **Link:** <https://hrsaseminar.adobeconnect.com/rsp-farm-ranch-communities/>

Dial-In: 888-989-7695; **Participant Passcode:** 6473800 **For questions, contact** KPatton@HRSA.gov.

REMINDER:

Enroll for the New 4-H Year!

Both youth and adult volunteers must re-enroll each new 4-H year before participating. Please follow the steps at <https://wa.4honline.com> . Volunteers with last names L-Z will need to complete a background screening this year before your enrollment will be complete. Thank you, everyone!

Find earlier CloverGrams on our Resources page: <http://extension.wsu.edu/snohomish/4h/resources/>