

Free Virtual Piano Lessons in Brain Skills Study

For kids ages 8-16



Who Can Join?



- Ages 8-16
- No prior private music lessons
- Fluent in English
- No cognitive impairment
- Keyboard piano provided

Compensation

\$15 Visa gift card provided at baseline

\$15 Visa gift card provided at 6-month follow-up

Privacy & Safety

Confidential participant codes
Encrypted data storage

What Will My Child Do?



Piano Group

- 2 virtual piano lessons (30 minutes each) per week for 9 weeks
- Weekly practice and journaling

Control Group

- Weekly journaling
- Pre-recorded music lessons with homework after experiment

Both Groups

- Executive functioning assessments completed at baseline and 6-month follow-up

What Will Parents Do?



Piano Group

- Help set up virtual lessons (for example, laptop or iPad support)
- Ensure weekly practice and journaling are completed

Control Group

- Ensure weekly journaling is completed

Both Groups

- Family demographics survey
- Administer executive functioning assessments

