

# Skagit & Whatcom County 4-H SUPER SATURDAY

APRIL 22

9:00-3:00 pm

Burlington Lutheran Church, 134 S Victoria, Burlington

Event is FREE unless material fee noted by instructor in the class description; bring cash and give to instructor. Bring a sack lunch or purchase PIZZA lunch from teen leaders with proceeds going to helping them with travel to events.

Register on-line at <https://skagit4h.wufoo.com/forms/super-saturday/> Online form must be filled out separately for each person attending. Classes may be subject to change.

## **ADULT class Moving Towards Independence - offered 9:30 to 11:45 only!**

offered for two hours in the morning only; this is a well-received class first offered last fall at the Youth Officer Training in Monroe. It has been talked about a lot and we are lucky to offer it at Super Saturday this year. WSU Faculty member Mike Wallace presents a 2 hour interactive workshop for Leaders and Parents, the purpose is to strengthen communication and purpose between volunteers and non-volunteers in the 4-H program. As Leaders build relationships with parents that are critical for the success of the youth; it requires us all to have a really clear understanding of why and how we show up as the adults in the program. Topics include the modern challenges of being a 4-H parent, appropriate parent involvement and sportsmanship, and supporting youth development in competitive experiences.

## **Session 1: 9:30-10:30**

**101. Raising Market Chickens for Skagit Livestock Auction** This class is REQUIRED for all 4-H and FFA youth that want to SELL their pen of market chickens at the Skagit Livestock Sale in August. Taught by Draper Valley representative Dave Wilson, he will cover, feed, housing and general health of the chickens as you prepare them for exhibit. This class will be offered one more time June 2 at PSJLS in the evening.

Grades 3-12

**102. 4-H ROCKS!** Well we know that! But now let's share with the community! Joining a popular local activity called Skagit Rocks, we will paint rocks with clovers and inspiring 4-H messages, the rocks will be sealed and dried by the end of the day for you to take and hide in Skagit County for someone to find! We will be decorating small smooth rocks with acrylic paints and Sharpie markers. Please wear clothing that is ok to paint in.

Grades 6-12

103. **Rabbit Health Class** local veterinarian Dr. Martha Broda will discuss general rabbit health, First aid and Fair preparations for your rabbit Project.

Grades K-12

104. **Beginning Photography for JUNIOR members** Introduction to photography, bring a camera, whether it is a phone or a camera. Optional: Bring prints of photos you have taken to discuss composition, lighting. Instructed by Bonita Elfstrom.

Grades 3-5

105. **Cupcakes 101** Local cupcake artist and 4-H leader Wendy Ringhouse will share her enthusiasm for this easy edible art form! Leave class with 4 cupcakes with your frosting creation! COST: \$5 per student paid to instructor at class time.

Grades 4-12

106. **Giddy UP Horse Treats** Mother and Daughter team Gracie and Drew Aldridge will teach you how to make yummy treats for your horse. Your horse or pony will love the samples you bring home! COST: \$2 per student paid to the instructor at class time.

107. **Thank You Card Making** Spread the attitude of gratitude! And get your crafty fix in this fun class, Alex duPont and Shannon Bachtel from WSU Extension will bring endless amounts of supplies and creative ideas to make cards to take and give to someone special.

Grades: K-12

108. **Beginning Needle Felting** Magic with wool and a needle! Learn the basics to start a new fun hobby! Needle felting is an art that has been around for centuries and you can learn it quickly. Supplies are donated from WSU Livestock Advisors. Taught by Tara Van Loo

Grades 3-12 (students will be using a sharp needle)

109. **Life without Sight** Have you ever wondered how a blind person can work, cook, travel or use computers or a smart phone? What is a Guide Dog? How do blind children go to school? These and all your other questions will be answered in this class by Jim and Holly Turri. Follow up with Reading with Fingers, Braille class next session!

Grades 1-6

110. **Fly Tying** Klaus Lohse and club members from 4<sup>th</sup> Corner Fly Fishers in Bellingham will teach how to dress a hook to tie a simple fly. Look for the afternoon class offered on Casting with a fly fishing rod and line.

Grades 6-12

111. **CHOCOLATE!** This special class will take a look at the sweet lure of chocolate; you will look closer at the history and process of making chocolate. You will get the sample different percentages of chocolate. You will learn from local 4-H leader and great cook Cheryl Werda

how to make a delicious chocolate mousse to take home and enjoy! COST: \$1 paid to instructor at time of class.

Grades 3-12

## **Session 2 10:45-11:45**

**201. Raising Market Chickens for Skagit Livestock Auction.** This class is REQUIRED for all 4-H and FFA youth that want to SELL their pen of market chickens at the Skagit Livestock Sale in August. Taught by Draper Valley representative Dave Wilson, he will cover, feed, housing and general health of the chickens as you prepare them for exhibit. This class will be offered one more time June 2 in the evening.

Grades 3-12

**207. Thank you card making.** Spread the attitude of gratitude! And get your crafty fix in this fun class, Alex duPont and Shannon Bachtel from WSU Extension will bring endless amounts of supplies and creative ideas to make cards to take and give to someone special.

Grades: K-12

**208. Beginning Counted Cross Stitch** this is basic introduction to Counted Cross Stitch needle art. Taught by Jennifer Bronkema; she will provide a small beginner kit. COST \$1.50 for each student, paid to instructor at time of class

Grades 3-12

**210. Fly Tying** Klaus Lohse and club members from 4<sup>th</sup> Corner Fly Fishers in Bellingham will teach how to dress a hook to tie a simple fly. Look for the afternoon class offered on Casting with a fly fishing rod and line.

Grades 6-12

**212. Reading with Fingers, introduction into Braille** this is a great follow up class from LIFE without Sight class. Find out more about Louis Braille, the Braille alphabet. This class is taught by Beth Marsau, a certified brailist for over 20 years with the Northwest Braille Services. She will share the Braille code and show Braille books and writing equipment. Students will receive a free alphabet card and Braille practice paper.

Grades 1-12

**213. Cupcakes 101** Local cupcake artist and 4-H leader Wendy Ringhouse will share her enthusiasm for this easy edible art form! Leave class with 4 cupcakes with your frosting creation! COST: \$5 per student paid to instructor at class time.

Grades 4-12

**214. Rabbit Judging and Breed Standards** taught by long time 4-H member and rabbit breeder Erin Hanger. Erin will share knowledge on ARBA standards, how to judge a rabbit class, how to identify disqualifications and choose rabbits for show and breeding programs.

Grades 3-12

**215. Educational Posters for 4-H Promotion** Skagit County Leader Autumn Pawlowicz will help you make posters to promote 4-H while learning the requirements for poster entries at the Fair. Posters completed can be entered in the fair!

**216. Beginning Photography for INTERMEDIATE AND SENIOR members.** Introduction to photography, Bring a camera, whether it is a phone or a camera. Optional: Bring prints of photos you have taken to discuss composition, lighting. Instructed by Bonita Elfstrom.  
Grades 6-12

**217. Fun with Building Lego Creations** Skagit 4-H Rockin Robotics club will bring lots of materials and show you how to make cranes, lifts and structures and share principles of engineering with tiny plastic bricks.  
Grades 5-12

**218. Homemade Ice Cream in a BAG!** Brenda Dunford Whatcom County 4-H coordinator teaches how your own vanilla ice cream with simple ingredients and basic equipment! YUM!!  
Grades K-12

**219. The Perfect Pie Crust** PIE!! A delicious treat or ending to a meal, Pies offer a variety of flavors and textures but it all starts with a perfect crust. Cheryl Werda has the skills to share! Make your own individual pie to take share. COST \$1.00 paid to the instructor at time of class.

### **Session 3 12:30-1:30 PM**

**307. Thank You Card Making** Spread the attitude of gratitude! And get your crafty fix in this fun class, Alex DuPont and Shannon Bachtel from WSU Extension will bring endless amounts of supplies and creative ideas to make cards to take and give to someone special.

**308. Beginning Counted Cross Stitch** this is basic introduction to Counted Cross Stitch needle art. Taught by Jennifer Bronkema; she will provide a small beginner kit. COST \$1.50 for each student, paid to instructor at time of class

**317. Fun with Building Lego Creations** Skagit 4-H Rockin Robotics club will bring lots of materials and show you how to make cranes, lifts and structures and share principles of engineering with tiny plastic bricks.  
Grades 5-12

**320. Basic Training tips for your DOG** Learn basic training tips for your dog, JoAnn Honcoop from Whatcom County will bring a few dogs to demonstrate beginning commands and answer questions. DO NOT BRING YOUR DOG TO THIS CLASS  
Grades K-12

**321. Fly Casting** Klaus Lohse and club members from 4<sup>th</sup> Corner Fly Fishers in Bellingham will teach how cast with a fly fishing rod and line. This is a great follow up class to the earlier Fly Tying classes.

**322. Intro to Anime** Local 4-H member Olivia Greso will focus on introducing Anime style including anatomy and dynamic poses. Each student will leave with their own graphite drawing pencil and weighted paper to do future drawings. COST \$2.00  
Grades 6-12

**323. Basic First Aid for KIDS** Quinn Butler is the AmeriCorps Disaster Preparedness Coordinator with the Red Cross. He has a great opportunity for youth to learn the logistics of calling 911, how to help someone that is choking, how to tie a sling, and bandage an open wound. Youth will practice what they learn and receive their own basic first aid kit

**324. KNITTING** bring your own yarn and needles (size 8 recommended) and learn how to get started from Janell Black, cast on, knit, purl, cast off WAH- LA!~  
Grades 3-12

**325. Make your Photo Mattes Magnificent** Professional Photographer Mark Conley will do an easy “how to” class on how to cut your own matting to fit your photo. Feel free to bring a photo to mat, (largest size photo would be 5X7) no cost, mat board and cutter supplies by Mr. Conley.  
Grades 6-12

**326. What’s the BUZZ? Introduction to Beekeeping** Brad Raspet owner of Bingaling Bees in Skagit County has the buzz on the joy and challenges of starting and maintaining a bee hive. He also will share the ways to use the honey that is produced.  
Grades K-12

**327. Explore your Watershed** Become a Watershed Explorer!! Explore, Learn and connect with the watershed in your backyard using a watershed model housed in a mobile facility (this is pretty neat to have come to our event!) Learn how streams behave in natural conditions and what happens when those conditions change. Look and Learn about water quality in Skagit and Whatcom County and what you can do to make sure we have healthy livestock, healthy fish and clean water in our lakes, streams and beaches.  
Grades 3-12

**328. Pigeons and Racing Pigeons** Learn from Whatcom county experts on Racing Pigeons, Vicki and Thomas Strand are a 4-H family that can educate you on this exciting project. Learn history, care, and ask questions about Pigeons and the sport of Racing Pigeons!  
Grades 1-12

**329. Know your Rabbit Breeds** local 4-H Senior members Bethany Werda and Olivia Greso are presenting this class to help Rabbit project members learn the ARBA Rabbit breeds. They will give each student a package of 12 breed ID cards for study. COST \$1.00 please pay instructor at the time of the class.

Grades K-12

**330. CHEESECAKE SUCCESS SECRETS** Always a crowd pleaser, an attractive treat gives people the impression that you spent hours in the kitchen! Cheryl Werda shares The Secret is in this class!! Bonus!! Cheesecake samples!! COST \$1.00

Grades 3-12

### **Session 4 1:45-2:45PM**

**407. Thank You Card Making** Spread the attitude of gratitude! And get your crafty fix in this fun class, Alex DuPont and Shannon Bachtel from WSU Extension will bring endless amounts of supplies and creative ideas to make cards to take and give to someone special.

**418. Homemade Ice Cream in a BAG!** Brenda Dunford Whatcom County 4-H coordinator teaches how your own vanilla ice cream with simple ingredients and basic equipment! YUM!!

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**420. Basic Training tips for your DOG** Learn basic training tips for your dog, JoAnn Honcoop from Whatcom County will bring a few dogs to demonstrate beginning commands and answer questions. DO NOT BRING YOUR DOG TO THIS CLASS

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**421. Fly Casting** Klaus Lohse and club members from 4<sup>th</sup> Corner Fly Fishers in Bellingham will teach how cast with a fly fishing rod and line. This is a great follow up class to the earlier Fly Tying classes.

**425. Make your Photo Mattes Magnificent** Professional Photographer Mark Conley will do an easy “how to” class on how to cut your own matting to fit your photo. Feel free to bring a photo to mat, (largest size photo would be 5X7) no cost, mat board and cutter supplies by Mr. Conley.

Grades 6-12

**431. Take the Healthy Brain Pledge** 4-Hers pledge their heads to “clearer thinking” but that is a challenge in a world with so much going on! For Teenagers to learn 7 habits to build a healthy mind and step up to The Healthy Brain Pledge! Taught by WSU Faculty member Mike Wallace.

Grades 9-12

**432. Down the Rabbit Hole... a Closer Look at Angora Rabbits** These endearing creatures have been traditionally bred for their wool. This class is taught by Laurie Grow and will feature an overview of the Angora breed, the special care they require and advice on working with the exquisite fiber from the Angora Rabbit.

Grades 6-12

**433. It is a Piece of CAKE**

Cakes add a festive air to any meal and usually make an appearance at special-occasion dinners. Cakes can be rich and moist, dense, buttery or airy and are divided into two basic categories: Butter and Foam. Learn from Cheryl Werda how to make a simple butter cake and three kinds of foam cakes. And, of course, sample all 4!

COST \$1.00

Grade 3-12

**434. The Face of Anime** this class is taught by local 4-H artist Olivia Greso, learn to focus on facial structure and hair in the Anime style. Each student will leave with a graphite pencil and weighted paper for future work. COST \$2.00 please pay instructor at time of class.

Grades 6-12

**435. WSP Canine Sparky and his Officer Jason Betts** Sparky and Officer Betts are a team with the Washington State Patrol. Officer Betts will show what Sparky can do and answer questions about both of their jobs.

Grades 3-12

**436. Pigeons and Racing Pigeons** Learn from Whatcom county experts on Racing Pigeons, Vicki and Thomas Strand are a 4-H family that can educate you on this exciting project. Learn history, care, and ask questions about Pigeons and the sport of Racing Pigeons!

Grades 1-12

**437. KNITTING** bring your own yarn and needles (size 8 recommended) and learn how to get started from Janell Black, cast on, knit, purl, cast off WAH- LA!~

Grades 3-12

**438. The Pillowcase Project by Disney**, presented by the American Red Cross. Quinn Butler the Americorp Disaster Preparedness Coordinator is offering this class for 3<sup>rd</sup> to 5<sup>th</sup> graders to think about home fire safety, local hazards, and building a Disaster Preparedness Kit along with emotional coping mechanisms. Members will receive a pillowcase to decorate and take home as their own personal kit.

Grades 3-5.