

OCT 2024

# WSU EXTENSION NEWS



WASHINGTON STATE UNIVERSITY  
EXTENSION

## Stevens County Newsletter IN THIS ISSUE

### ◆ Happy Autumn!



#### **PG 2: Food Safety News**

- **Pressure Canning Classes!**

- Oct 7 Kettle Falls
- Oct 8 Nine Mile Falls
- Oct 9 Colville

- **Canner Gauge Testing**

- Oct 11 - Chewelah Farmers Mkt
- Oct 12 - Colville Farmers Mkt

#### **PG 3: 4-H Happenings**

- **National 4-H Week- Oct 6-12!**

- Ready to be an adult volunteer or youth member?

#### **PG 4: Agriculture News**

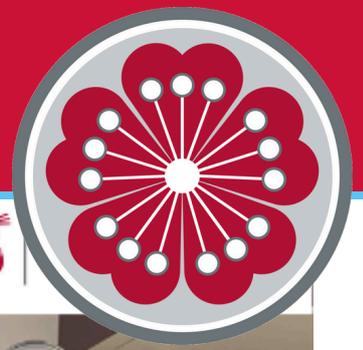
- **List Your Farm for FREE on EatLocalFirst**

#### **PG 5: OCT Activities Calendar**



↓ In this newsletter you will find:

Latest news, projects, workshops, free resources, and more. Keep Reading!



## Pressure Canner Gauge Testing

Harvest season is here, and we're excited to help you preserve your garden's bounty *safely*!

Bring your pressure canner lid with the gauge, and we'll test it. **Accurate gauges are crucial for preventing food spoilage and ensuring the safety** of your preserved foods.

### DATES/LOCATIONS:

~ Oct 11, 11a-3p ~ Chewelah Farmers Market

~ Oct 12, 9a-1p ~ Colville Farmers Market

Get peace of mind and enjoy the fruits (and veggies) of your labor all year long!



509-684-2588



[extensionstevens@wsu.edu](mailto:extensionstevens@wsu.edu)



## Pressure Canning Classes

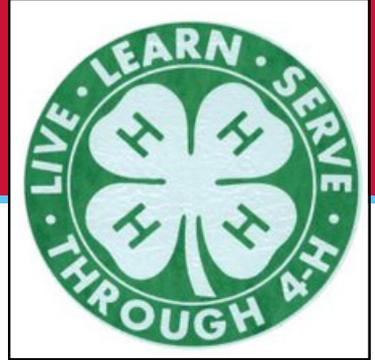
We've partnered with the Libraries of Stevens County to bring food preservation and pressure canning classes to several locations.

Location	Date	Time
Kettle Falls Library	Oct 7	4-5pm
Lakeside Library (Nine Mile Falls)	Oct 8	4-5pm
Colville Library	Oct 9	4-5pm

**NOTE:**  
Gauge/lid testing will be available after each class!

### Contact

For information about our Food Safety program, visit our website: [Gardening\\_|Stevens County](#) or contact [Linda Teller](#), 509-684-2588



## National 4-H Week! October 6-12

120 years ago, we were ready. Ready to get our hands dirty, ready to learn by doing, ready to push the power of youth forward. And as our inspiration grew, so did we. When we expanded into every corner of America, we were ready. Ready to ask questions about the world, To show up for our community, to become the leaders we were always meant to be. And when we evolved into the unstoppable force we are today, we were ready. Ready to open our arms to every opportunity, every path, and every child– generation after generation. Over six million of us have been inspired by 4-H. It's time to inspire six million more. We were ready then. We're beyond ready now. After all, it's always been in our DNA. Beyond ready for school. Beyond ready for work. Beyond ready for life— and everything that comes with it.



## Beyond Ready



We equip youth with skills for the future while meeting them where they are today. Through 4-H, we offer opportunities and experiences that shape youth into their full, authentic selves, enabling them to shine both now and in the future. 4-H has proven to instill confidence and resiliency. Dedicated to empowering youth in both body and mind, we rely on scientifically backed studies and programming that drive youth forward so they can be prepared for anything. We embrace diversity in people, careers, and perspectives. Every child is valuable and deserves the support and freedom to choose their own path. We believe in the potential of all youth and strive to let their talents flourish.



If you are ready to be an adult volunteer or youth member in Stevens County 4-H contact Shannon at 509-684-2588.

## Contact

For information about our 4-H program, visit our website:

[4-H Youth | Stevens County](#) or contact [Shannon Rowley](#), 509-684-2588

## List Your Farm for FREE on Eat Local First

The Washington Food & Farm Finder from the Eat Local First Collaborative is a robust online directory of local farms and food businesses that is dedicated to helping consumers find and access local food across the state. This resource provides a valuable marketing service to farms by connecting them to more potential customers. The Washington Food & Farm Finder provides helpful tools like a CSA Finder and Wholesale Finder, in addition to search criteria based on product offerings, location, growing practices, agritourism activities, and more. Farmers that sell direct to consumers or through wholesale channels are encouraged to register and create their free listing [here](#). For questions please email [Kathryn.hoogheem@wsu.edu](mailto:Kathryn.hoogheem@wsu.edu)

# WASHINGTON'S SOURCE FOR LOCAL FOOD



## BUY

If your business is committed to sourcing locally from diverse producers using sustainable practices - we're your go-to guide.



## SELL

Listings are FREE. Reach motivated consumers: chefs, grocers, schools, and hunger relief orgs seeking local, sustainable products.

all Acres Farm, Everson, WA Photo by FotoMataio

EAT LOCAL FIRST



WASHINGTON  
FOOD  
AND FARM  
FINDER

[EATLOCALFIRST.ORG](http://EATLOCALFIRST.ORG)

**The Washington Food & Farm Finder** is helping consumers connect with farmers and local food businesses all across Washington.

## Contact

For more information about Agriculture programs offered by WSU Extension in Stevens County, visit our website: [Agriculture | Stevens County](#), email: [Kathryn Hoogheem](mailto:Kathryn.Hoogheem) or call 509-684-2588

# OTHER NEWS, RESOURCES, & EVENTS

## October Calendar

**OCT 6 -12** - 4-H Week!

**OCT 7** - Master Gardener Answer/Plant Clinic, **9-11am**

**OCT 7** - Food Preservation/Canning Class @ Kettle Falls Library,  
**4pm**

**OCT 8** - Food Preservation/Canning Class @ Lakeside Library, **4pm**

**OCT 9** - Food Preservation/Canning Class @ Colville Library, **4pm**

**OCT 10** - Master Gardener Answer/Plant Clinic, **1-3pm**

**OCT 11** - *Chewelah Farmers Mkt*= MG booth/canner testing

**OCT 12** - *Colville Farmers Mkt*= MG booth/canner testing

**OCT 14** - Master Gardener Answer/Plant Clinic, **9-11am**

**OCT 16** - Master Gardener Basic Training Series Starts, **4pm**  
- (pre-registered students only)

**OCT 17** - Master Gardener Answer/Plant Clinic, **1-3pm**

**OCT 21** - Master Gardener Answer/Plant Clinic, **9-11am**

**OCT 24** - Master Gardener Answer/Plant Clinic, **1-3pm**

**OCT 28** - Master Gardener Answer/Plant Clinic, **9-11am**



MASTER GARDENER  
FACEBOOK PAGE



THE EVERGREEN  
THUMB PODCAST

[Farmer Assistance  
Request Form](#)

**MG ANSWER CLINIC OPEN  
- 2 days/wk thru Oct 28**

Mondays, 9-11am ~ Thursdays, 1-3pm

submit questions to

[AskMasterGardener@stevensmg.org](mailto:AskMasterGardener@stevensmg.org)



WSU EXTENSION  
**Stevens County**

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local WSU Extension office. Persons with disabilities who require alternative means for communication or program information or reasonable accommodation need to contact Linda Teller at 986 S Main, Suite D, Colville, WA 99114, 509.684.2588. [linda.teller@wsu.edu](mailto:linda.teller@wsu.edu) at least two weeks prior to the event.

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