

# Linking Fruit and Soil Quality (Health)

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Horticulture

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Pasco, Washington*



## Overview

- **Definitions of fruit & soil quality (health)**
- **Historical perspective of emphasis on inorganic over organic fertilizers**
- **“Living soil” - carbon & nitrogen cycles**
- **Three studies:**  
**Apple, strawberry & tomato**
- **Characteristics of “living soil” & conclusions**

# Fruit quality

**Standards that distinguish fruit as superior**

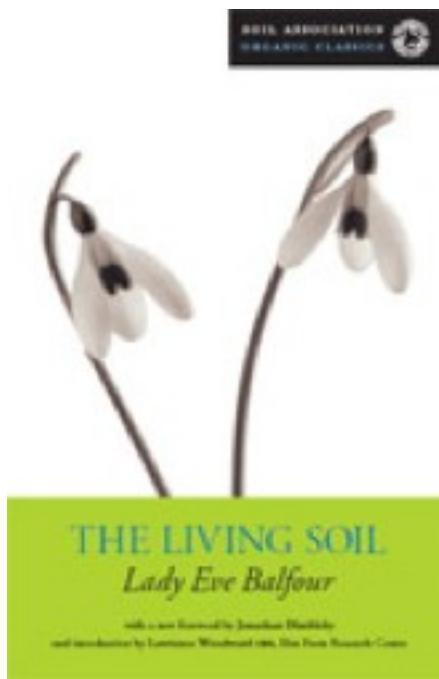
- size
- color
- firmness
- sugars & acids
- dry matter & water content
- sensory (sweetness, tartness, texture, aroma, flavor)
- nutritional value (vitamins, minerals, phytochemicals)
- keeping qualities (storage, shelf-life, etc.)

# Soil quality (health)

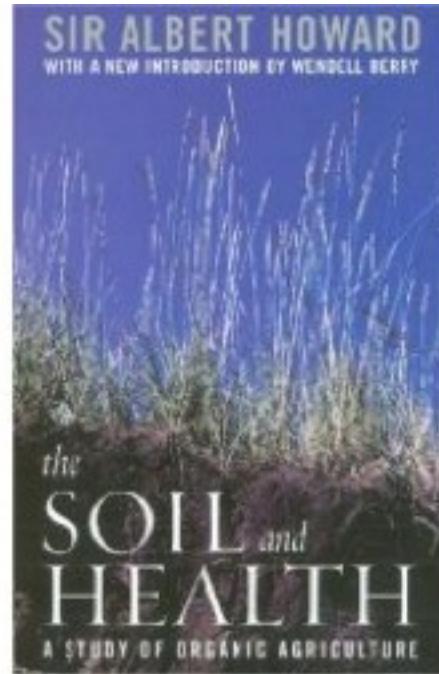
**“...capacity of a soil to function within ecosystem boundaries (limits, capacity) to sustain biological productivity, maintain environmental quality, and promote plant...health.” Doran & Parkin (1994)**

- accommodate water entry & facilitate water movement & availability
- resist structural degradation
- sustain productivity & fruit quality

**Indicators:** pH, EC, CEC, bulk density, aggregate stability, porosity, hydrated pore space, N-P-K etc., organic carbon, microbial biomass, earthworms, food web, others



1943



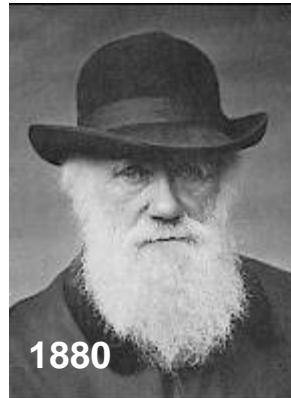
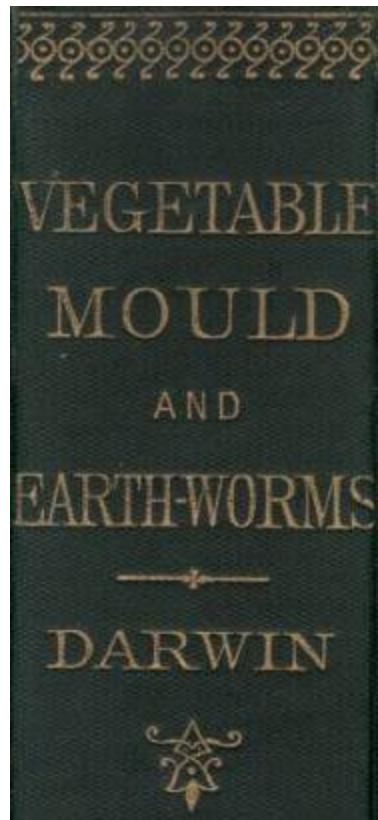
1947

**“Living soil” refers to the “biologically regulated interconnections in the soil ecosystem [that] play key roles in maintaining desirable soil physical and chemical conditions.”**

Kristiansen & Merfield, *Organic Agriculture: A Global Perspective* (2006)

# Charles Darwin

## 1809-1882



- Published 1881
- Based on life-long study
- Habits & effects of earthworms

**“Worms prepare the ground in an excellent manner for the growth of fibrous-rooted plants and for seedlings of all kinds...like a gardener who prepares fine soil...In this state it is well fitted to retain moisture and to absorb all soluble substances, as well as for the process of nitrification.” (pp. 309-10)**

# Justus von Liebig

## 1803-1873

C H E M I S T R Y

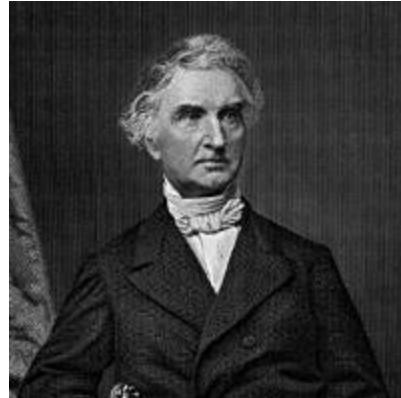
IN ITS APPLICATION TO

AGRICULTURE AND PHYSIOLOGY.

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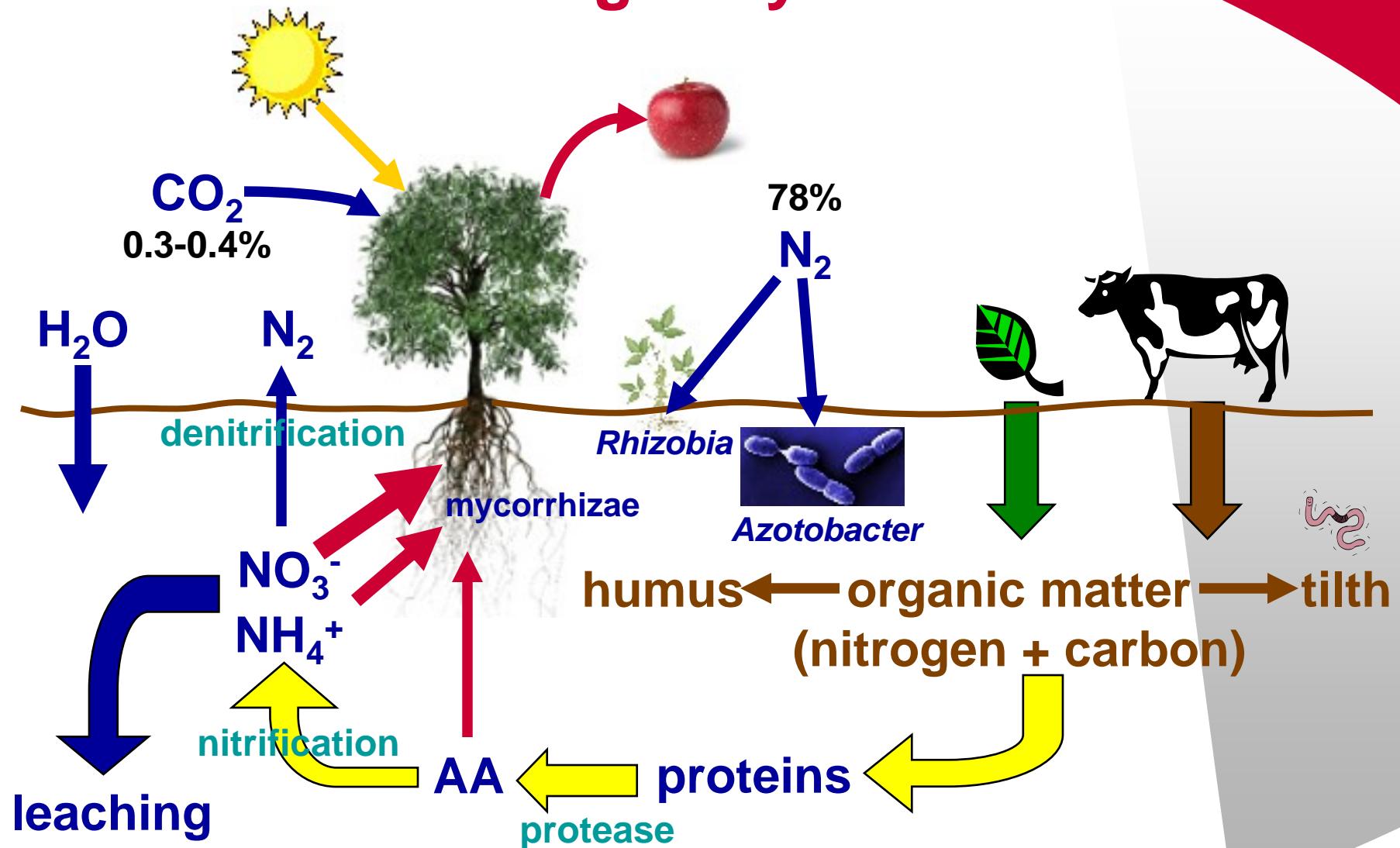
BY JUSTUS LIEBIG, M.D., PH.D. F.R.S., M.R.I.A.,

PROFESSOR OF CHEMISTRY IN THE UNIVERSITY OF GIessen; KNIGHT OF THE HESIAN ORDER, AND OF  
THE IMPERIAL ORDER OF SAINT ANN; MEMBER OF THE ROYAL ACADEMY OF SCIENCES OF  
STOCKHOLM; CORRESPONDING MEMBER OF THE ROYAL ACADEMIES OF SCIENCES OF  
BERLIN AND MUNICH; OF THE IMPERIAL ACADEMY OF ST. PETERSBURGH; OF  
THE ROYAL INSTITUTION OF AMSTERDAM, ETC. ETC.



- German chemist
- Downplayed soil humus
- Ammonia & inorganic minerals more important
- Substituted chemical fertilizers for biologically based soil fertility

# Carbon and nitrogen cycles



# **Three Studies**

## **Apples**

## **Strawberries**

## **Tomatoes**

# Washington apple study

- virgin pasture site
- planted 1994, study ended 2003
- Golden Delicious grafted to Gala
- randomized complete block
- managed by the grower



# Sustainability of three apple production systems

John P. Reganold\*, Jerry D. Glover\*, Preston K. Andrews†  
& Herbert R. Hinman‡

- crop quality
- soil quality
- profitability
- environmental impact
- energy efficiency



HORTSCIENCE 41(1):99–107. 2006.

## Apple Orchard Productivity and Fruit Quality under Organic, Conventional, and Integrated Management

Gregory M. Peck<sup>1</sup>

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Preston K. Andrews

*Department of Horticulture and Landscape Architecture, Washington State University, Pullman, WA 99164-6414*

John P. Reganold

*Department of Crop and Soil Sciences, Washington State University, Pullman, WA 99164-6420*

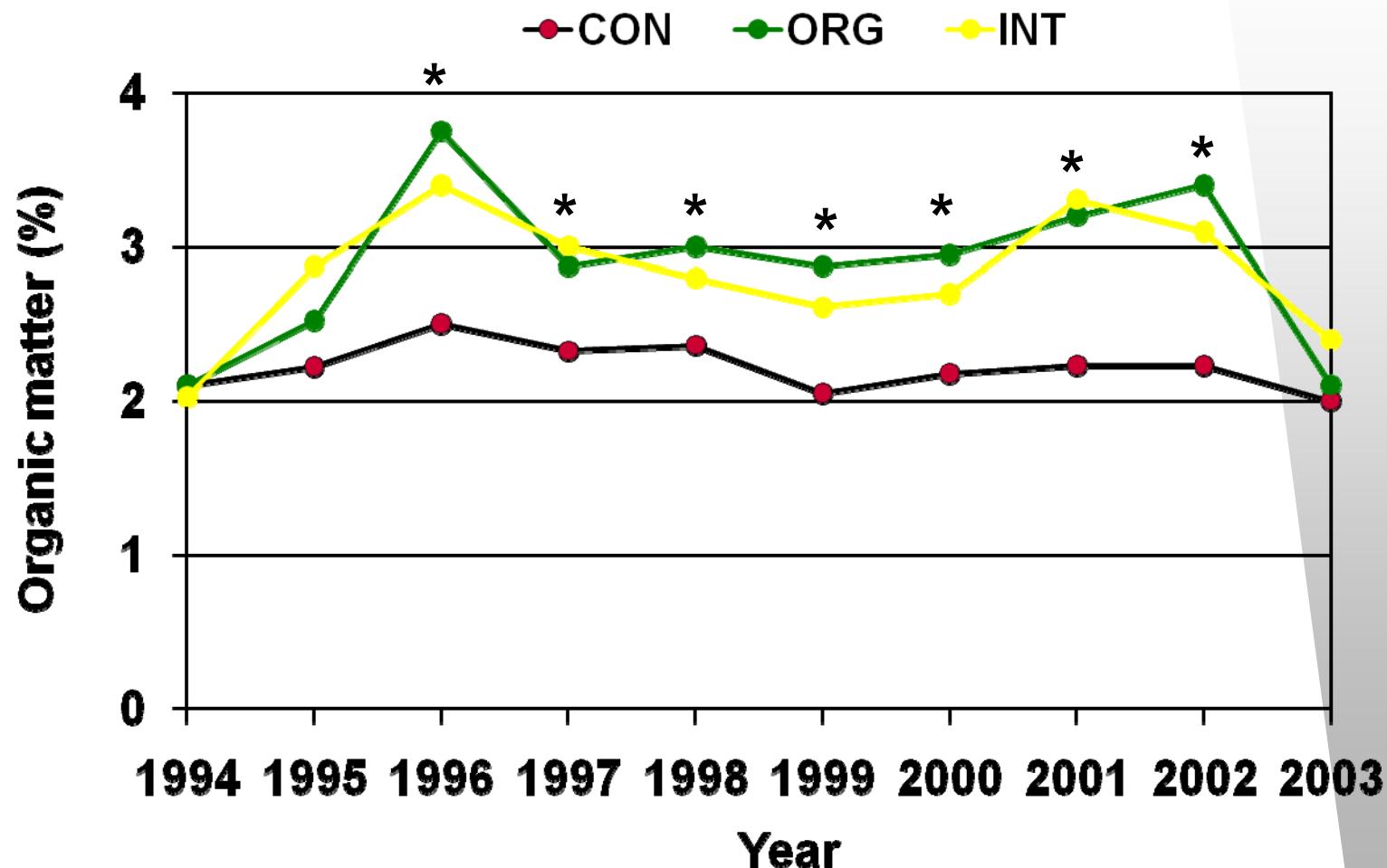
John K. Fellman

*Department of Horticulture and Landscape Architecture, Washington State University, Pullman, WA 99164-6414*

Year	Conventional	Organic	Integrated
1994	Ca-NO <sub>3</sub> Roundup	Poultry compost Bark mulch	Ca-NO <sub>3</sub> , compost Bark mulch, Roundup
1995	Ca-NO <sub>3</sub> Roundup	Poultry compost Woven fabric	Ca-NO <sub>3</sub> , compost Roundup
1996	Roundup	Woven fabric	Roundup
1997	Roundup	Cultivator	Roundup
1998	Roundup, Simazine	Cultivator	Roundup
1999		Mowed	
2000	Ca-NO <sub>3</sub>	Bloodmeal	Ca-NO <sub>3</sub> , bloodmeal
2001	Ca-NO <sub>3</sub>	Bloodmeal	
2002	Roundup, Simazine, Diuron	Ryegrass, vetch, clover Flaming, mowed	Roundup
2003	NH <sub>4</sub> -SO <sub>4</sub> Roundup	Clover, bloodmeal Tilled, mowed	NH <sub>4</sub> -SO <sub>4</sub>

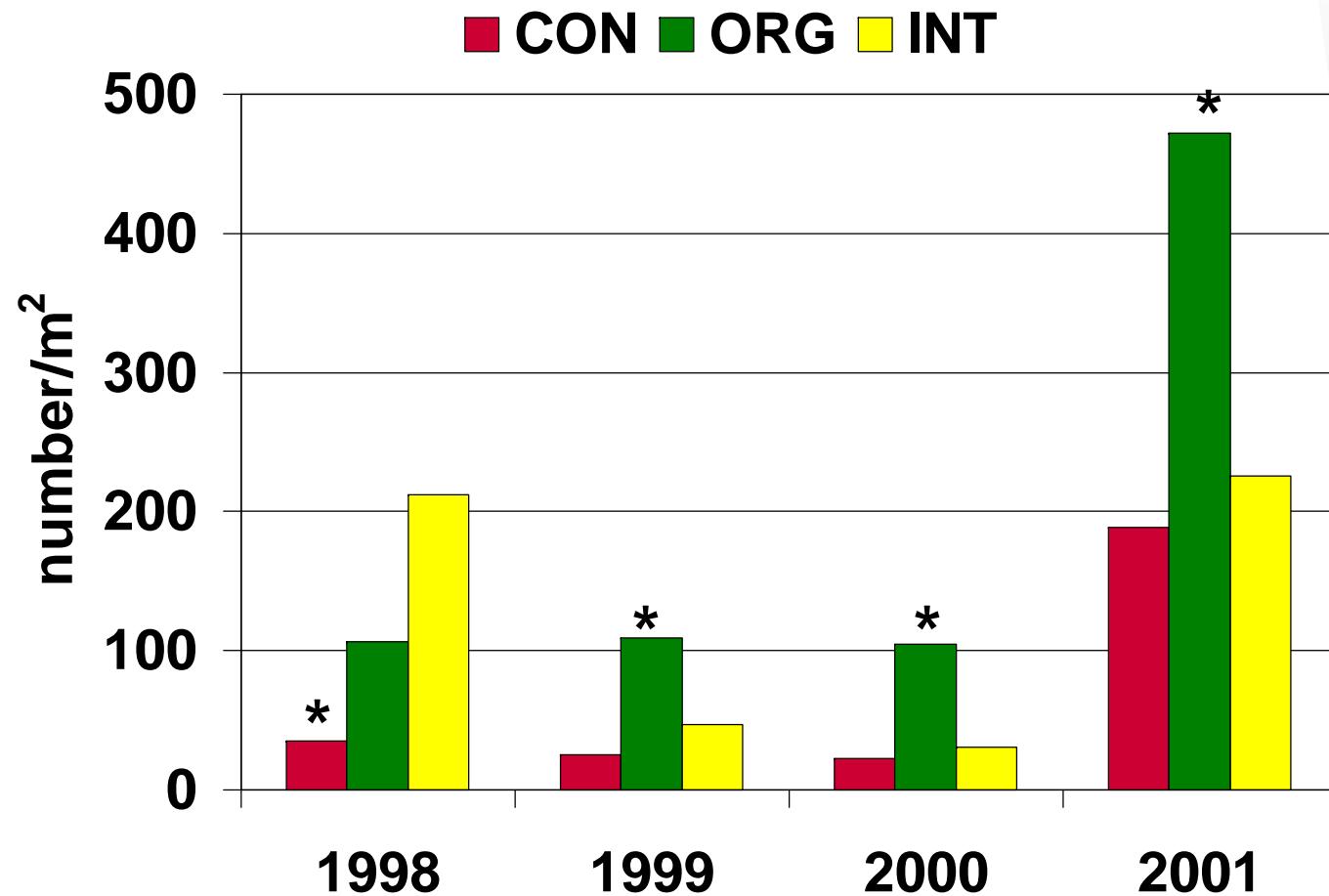
# Soil organic matter

## Topsoil



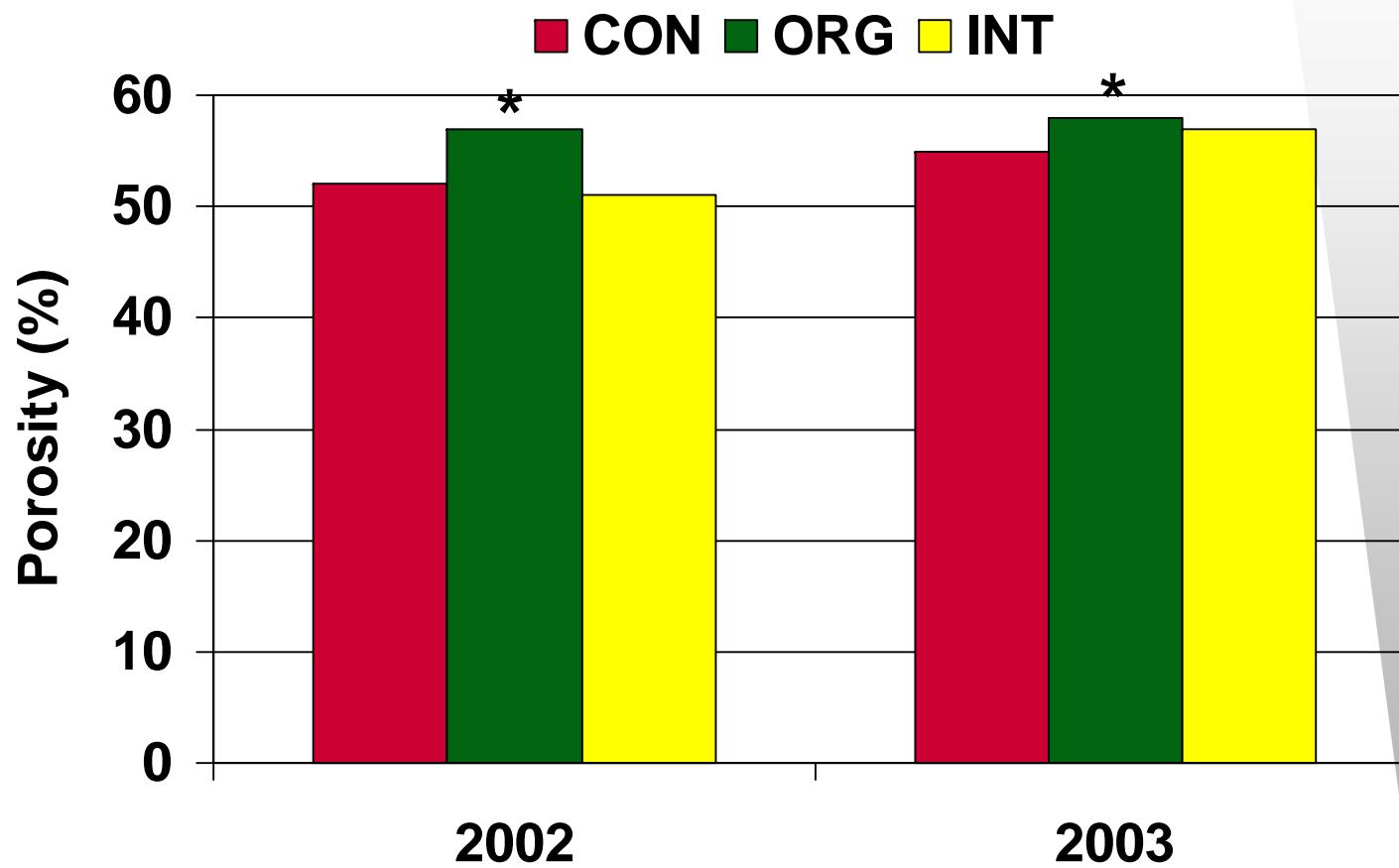
# Earthworms

## Topsoil

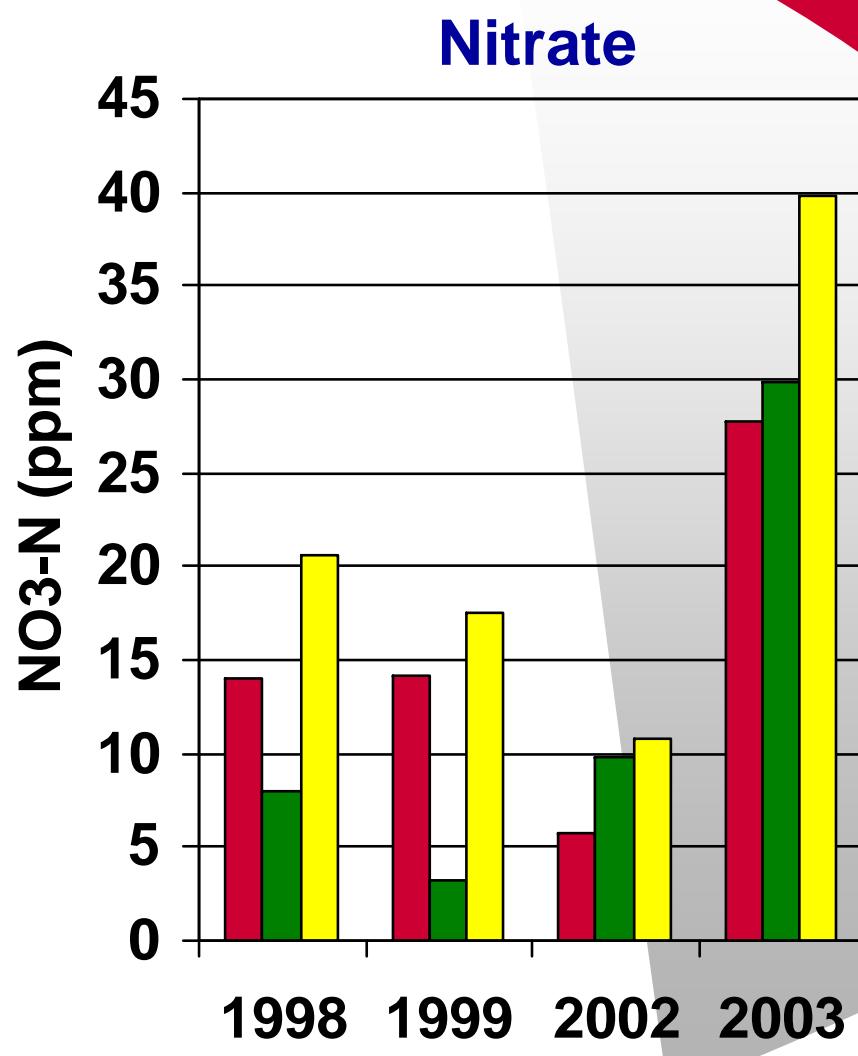
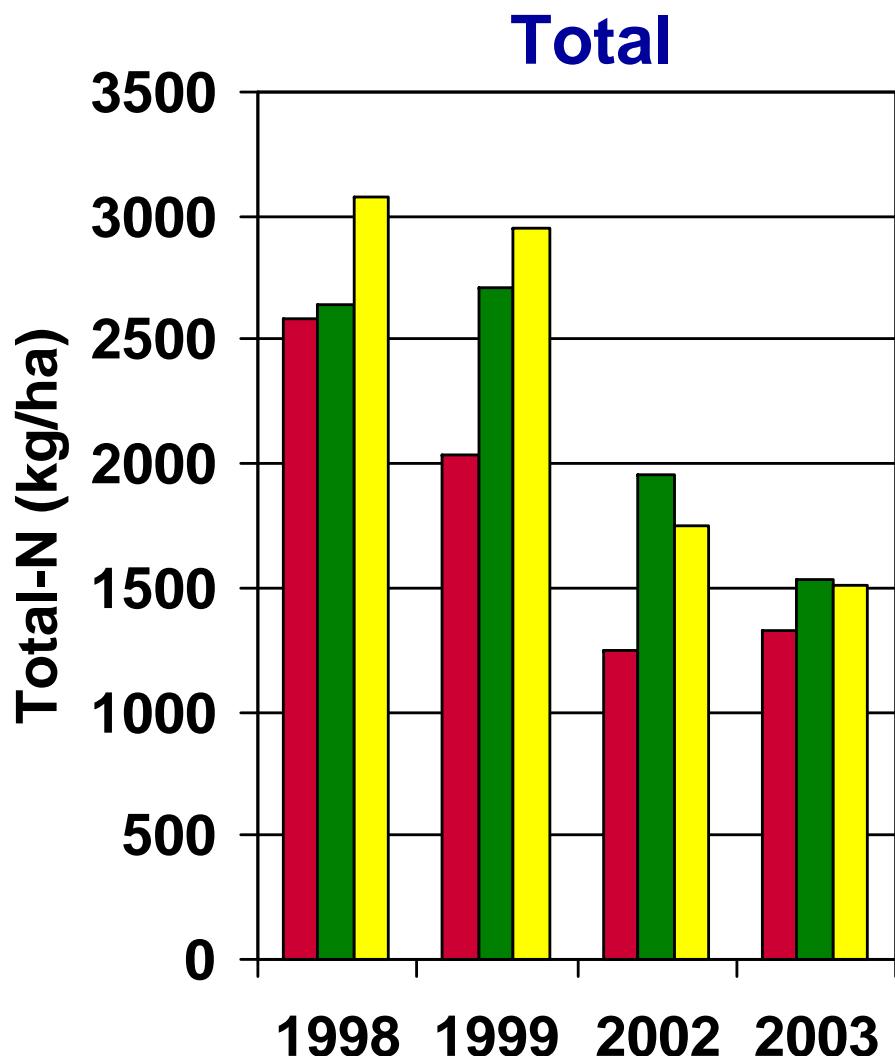


## Soil porosity

### Topsoil



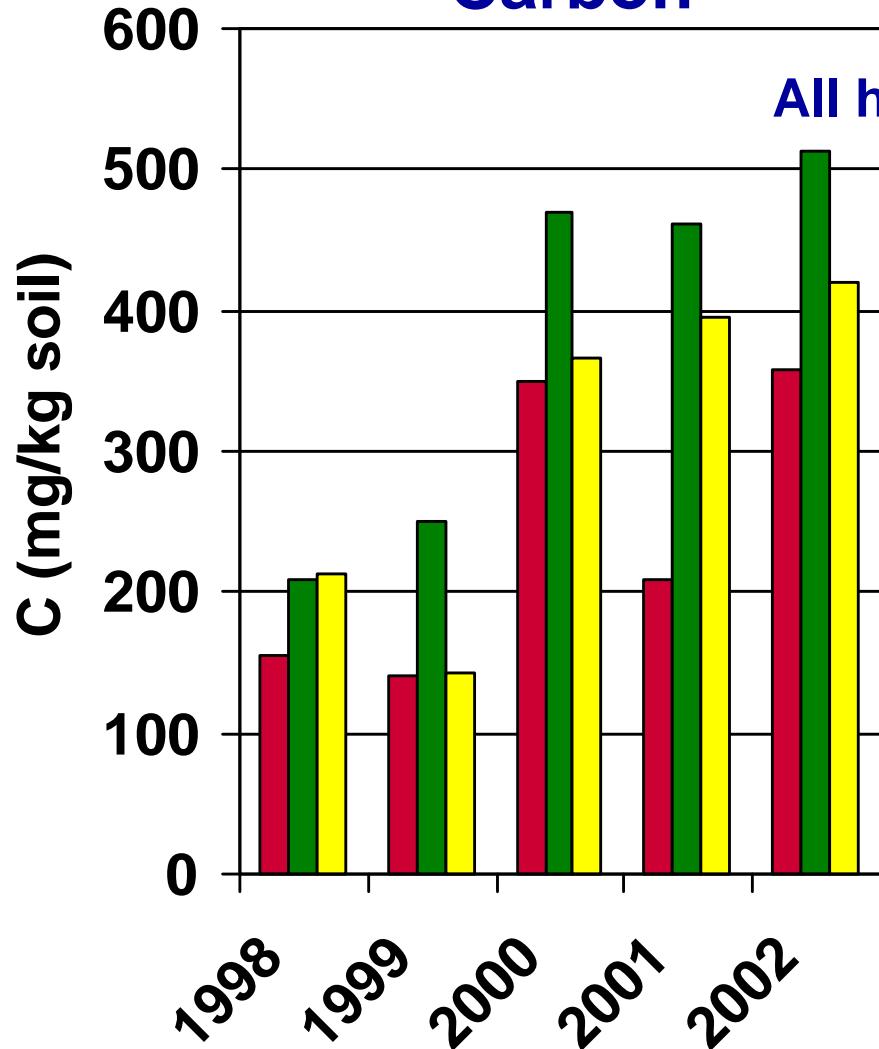
## Soil nitrogen Topsoil



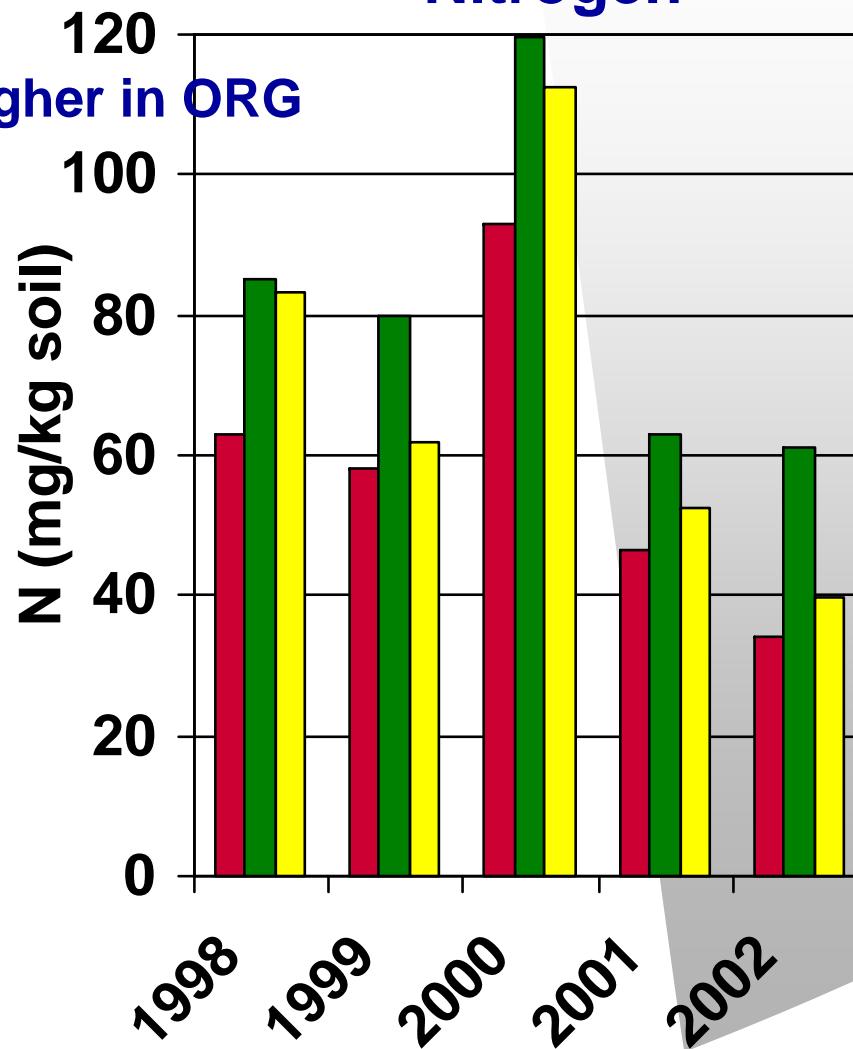
# Microbial biomass

## Topsoil

**Carbon**

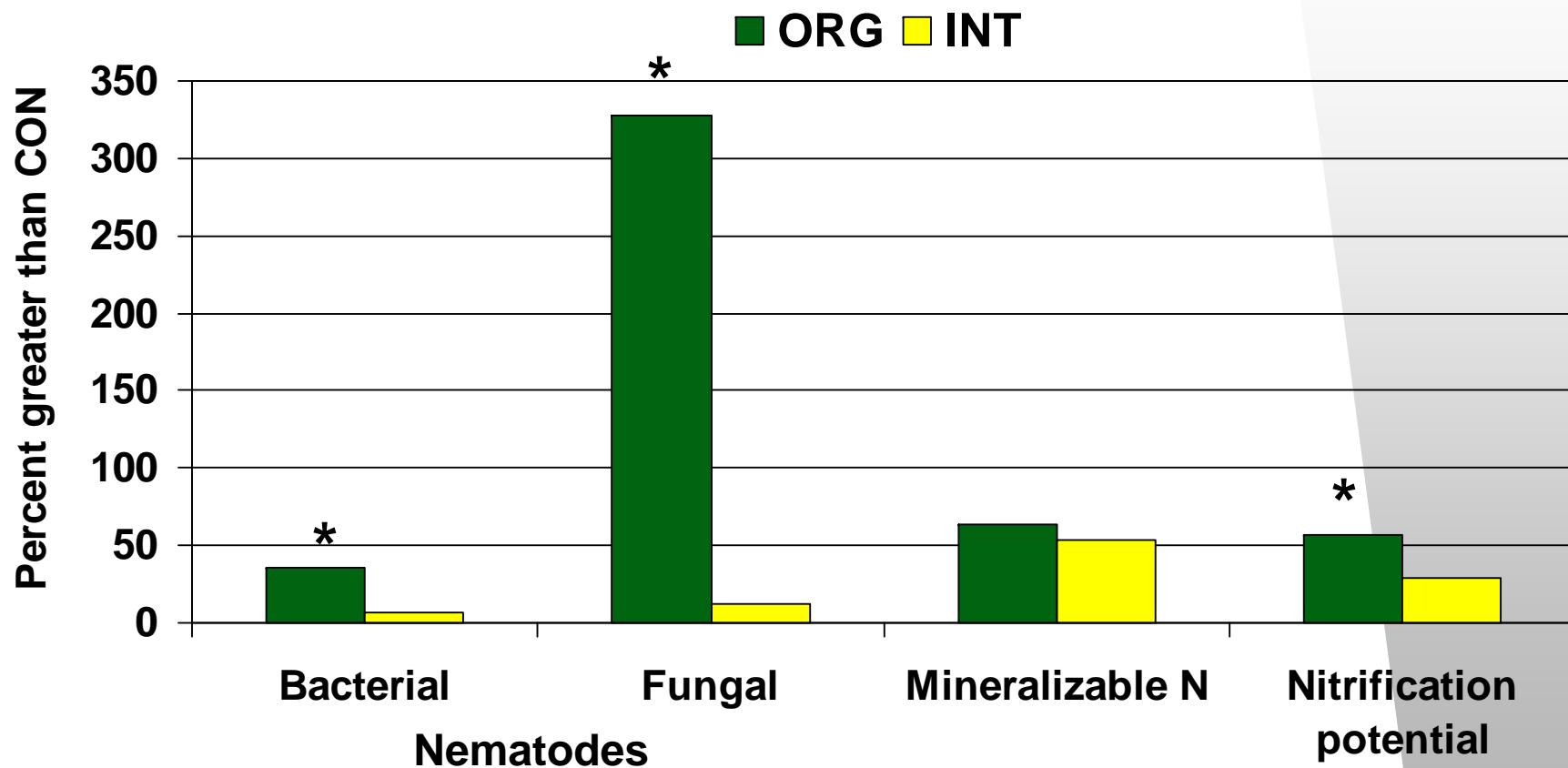


**Nitrogen**

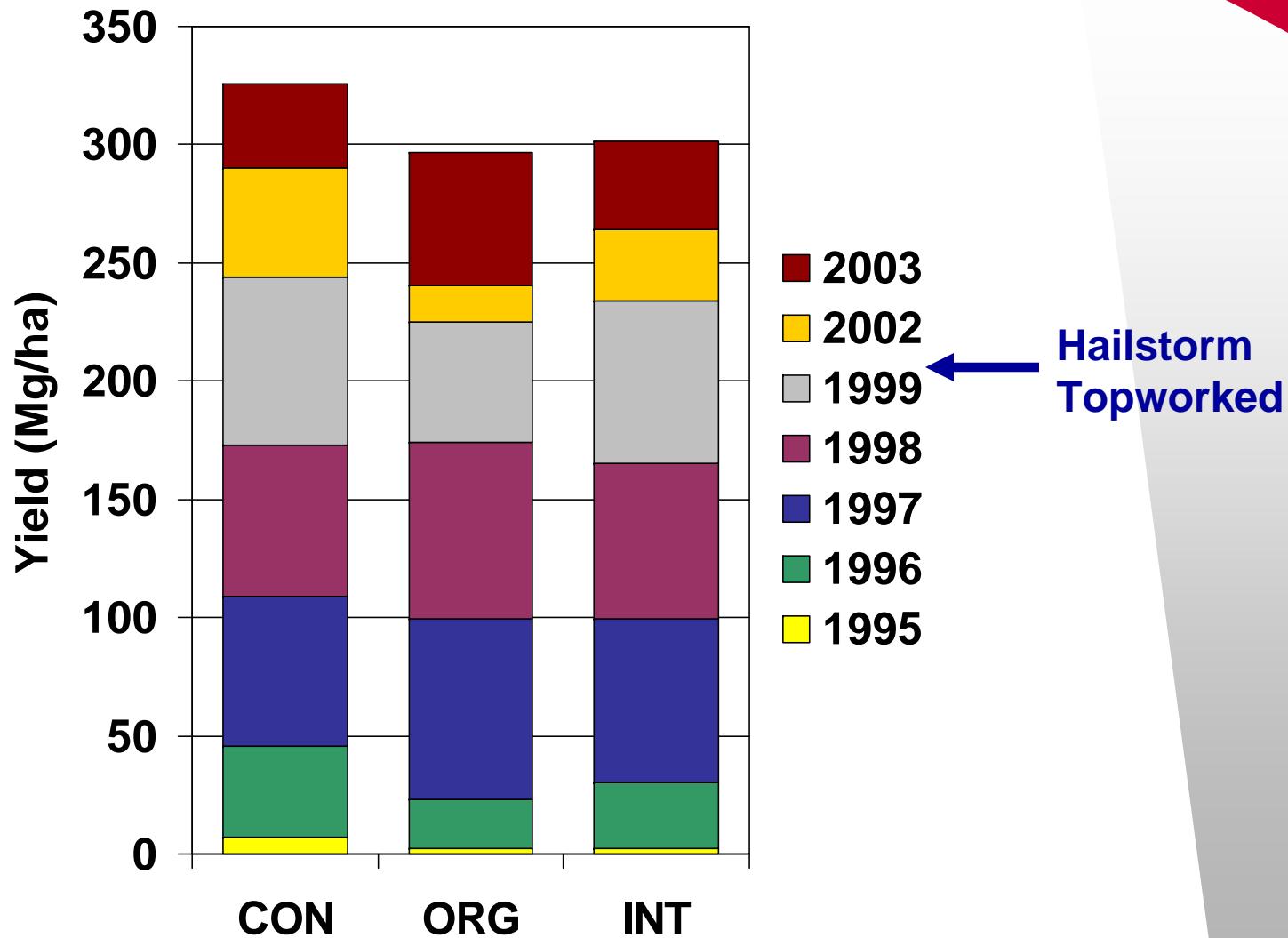


All higher in ORG

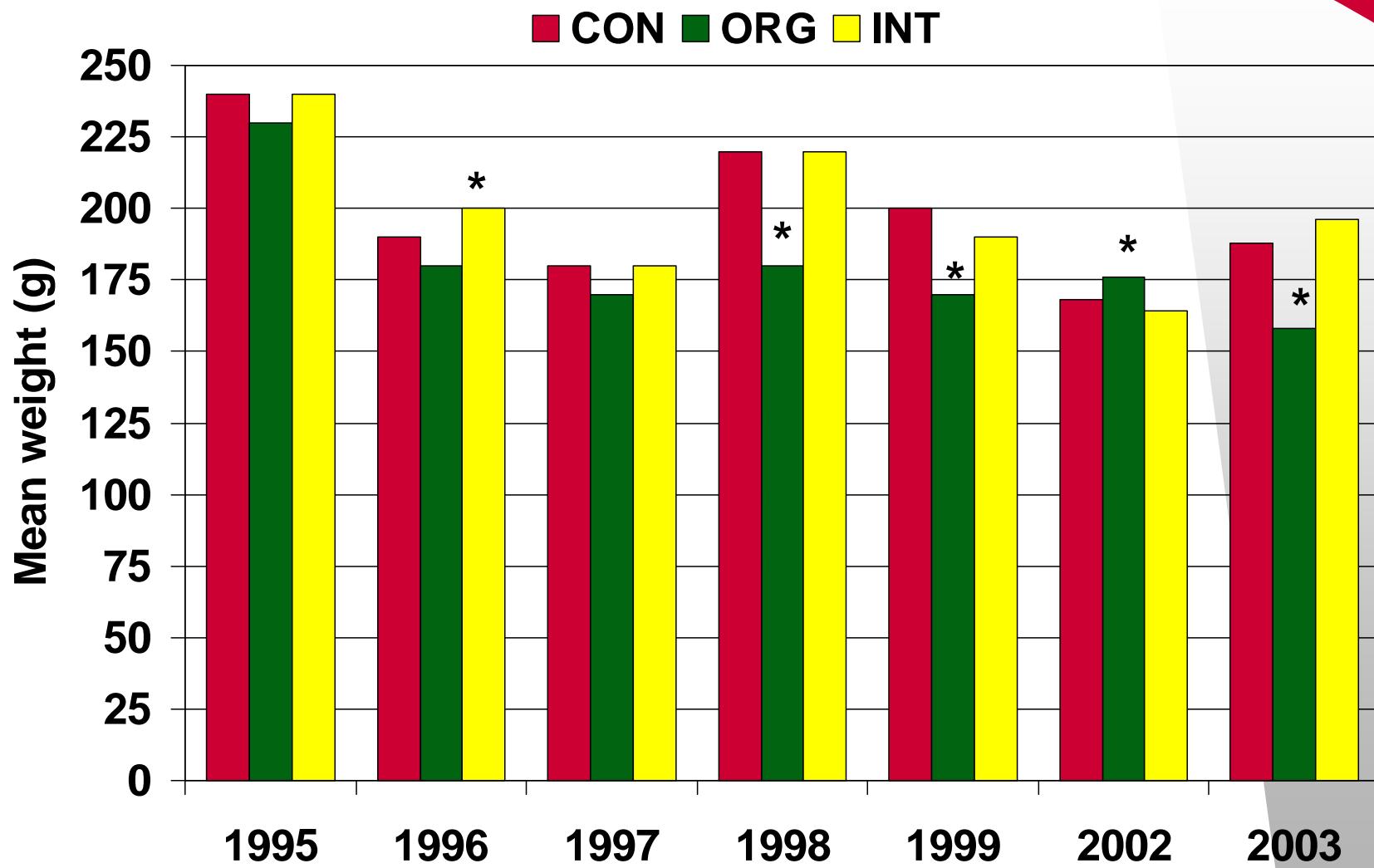
## Soil food web Topsoil



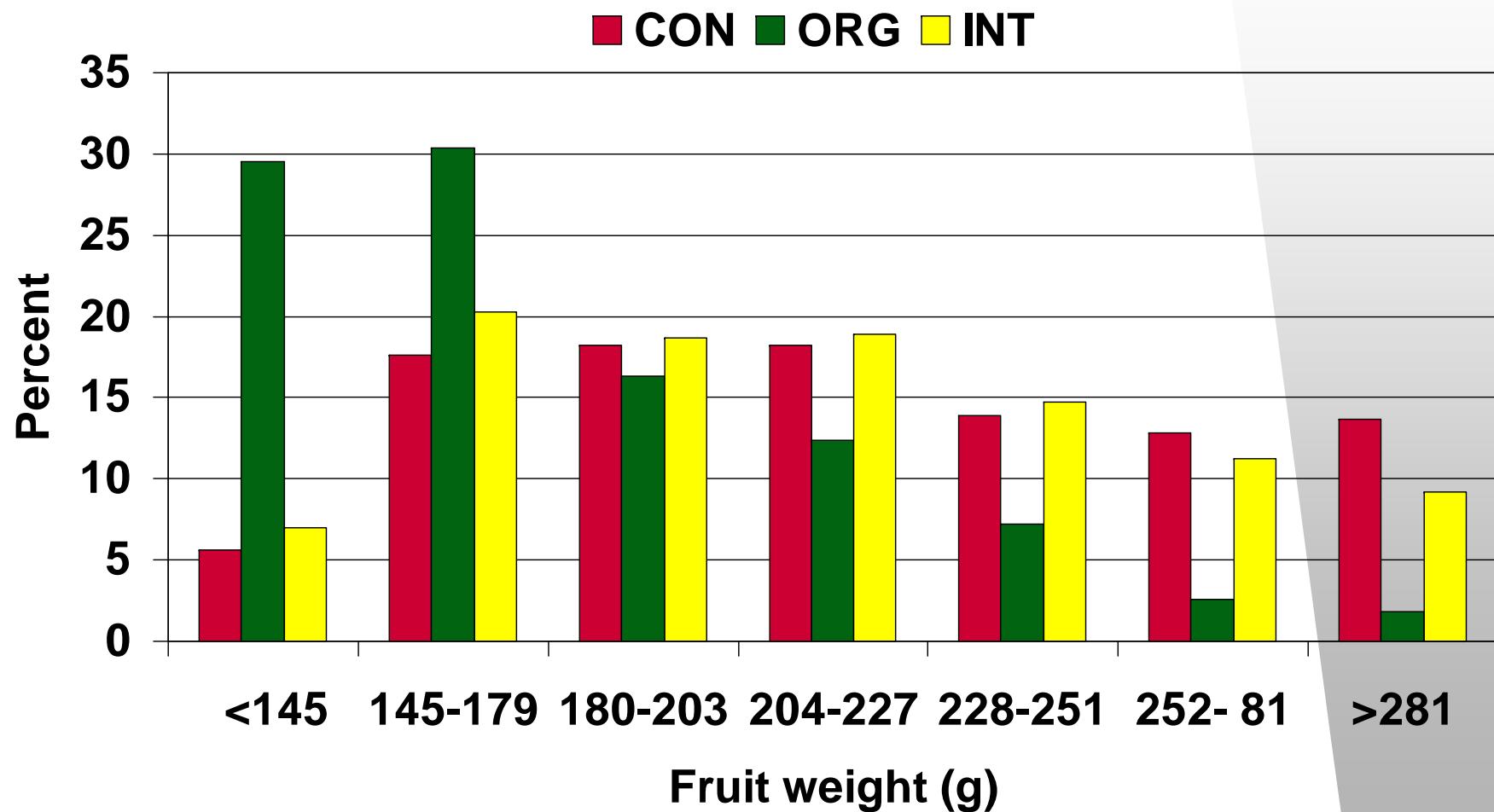
# Yields



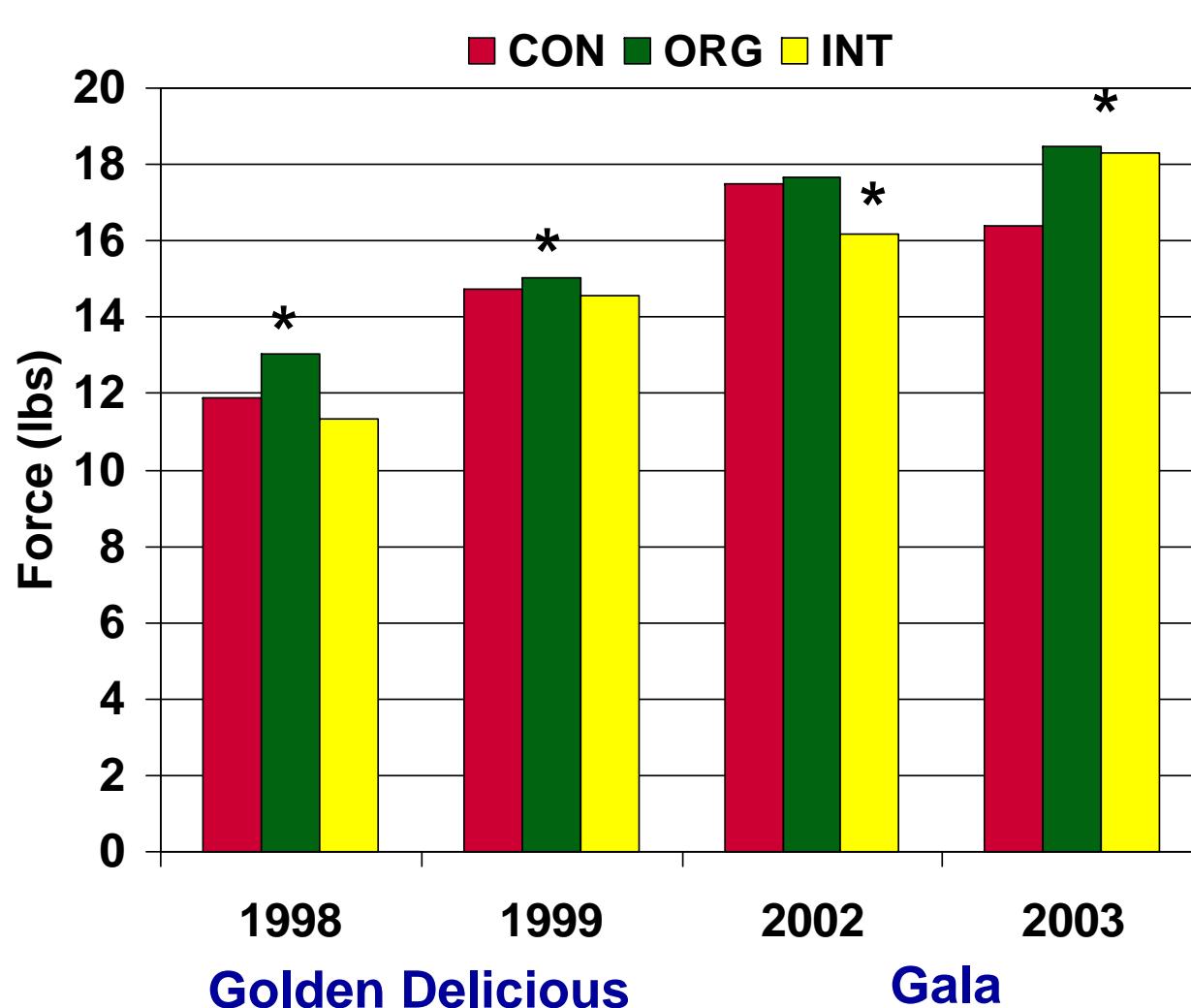
## Fruit size



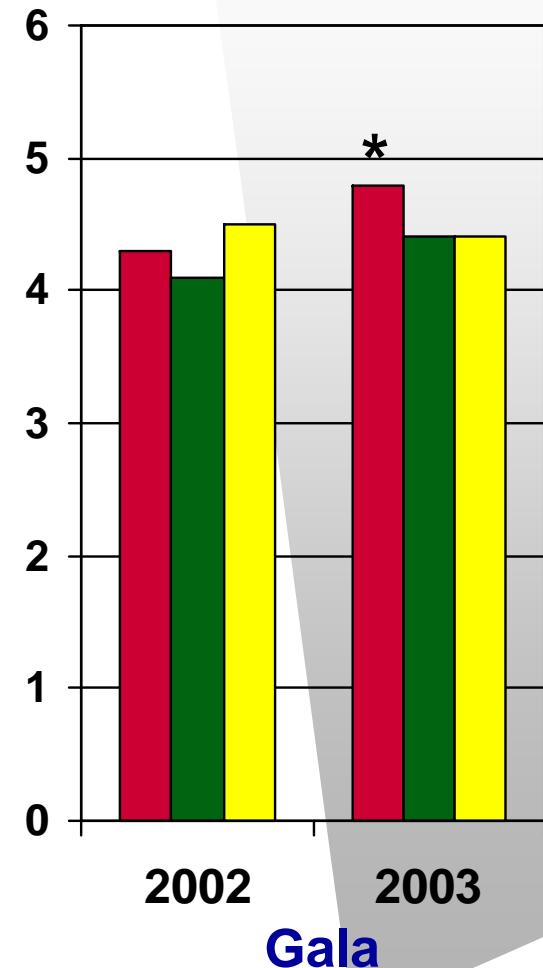
## Fruit size distribution (1998-99)



# Fruit firmness At harvest



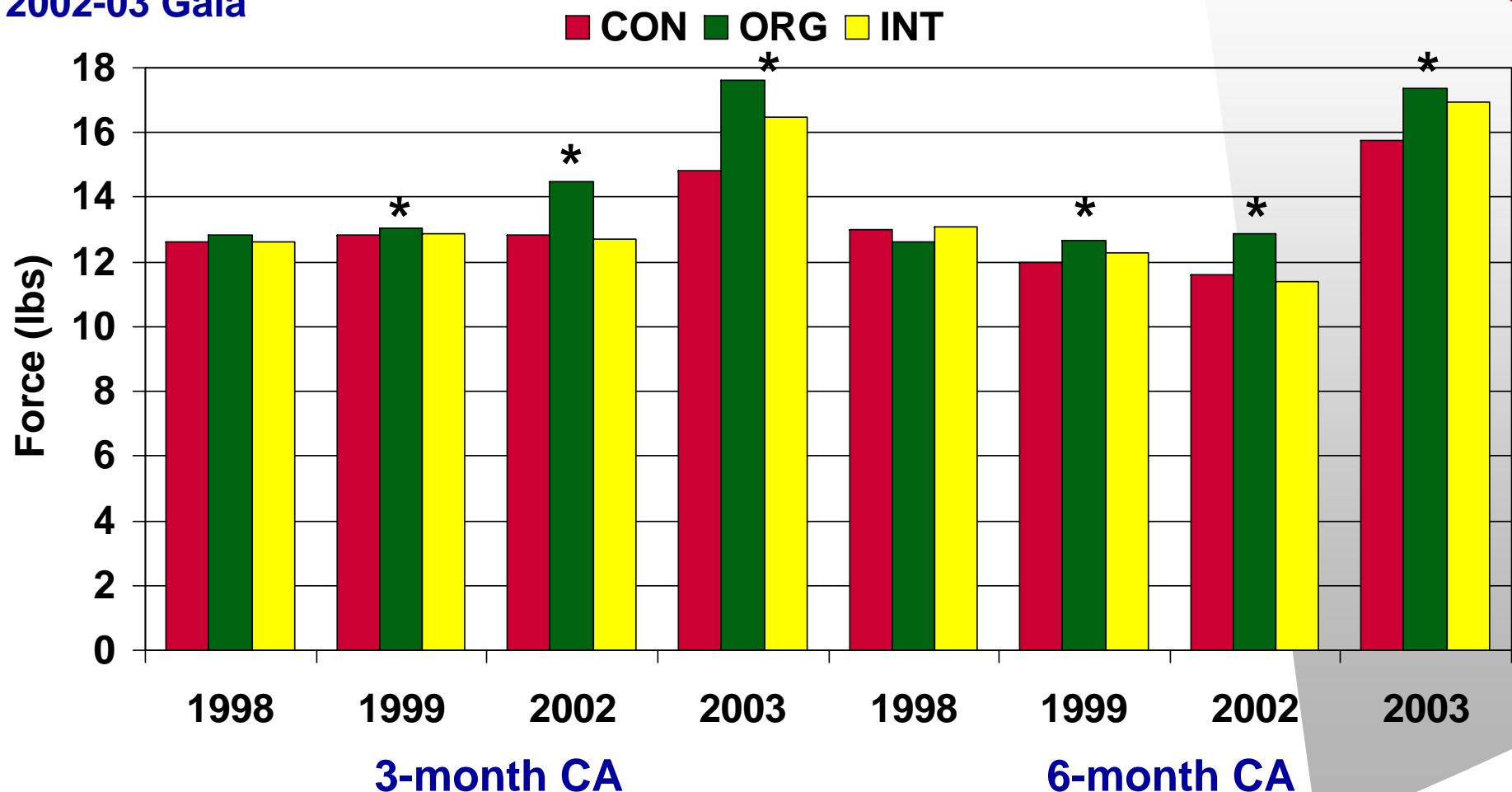
Starch index



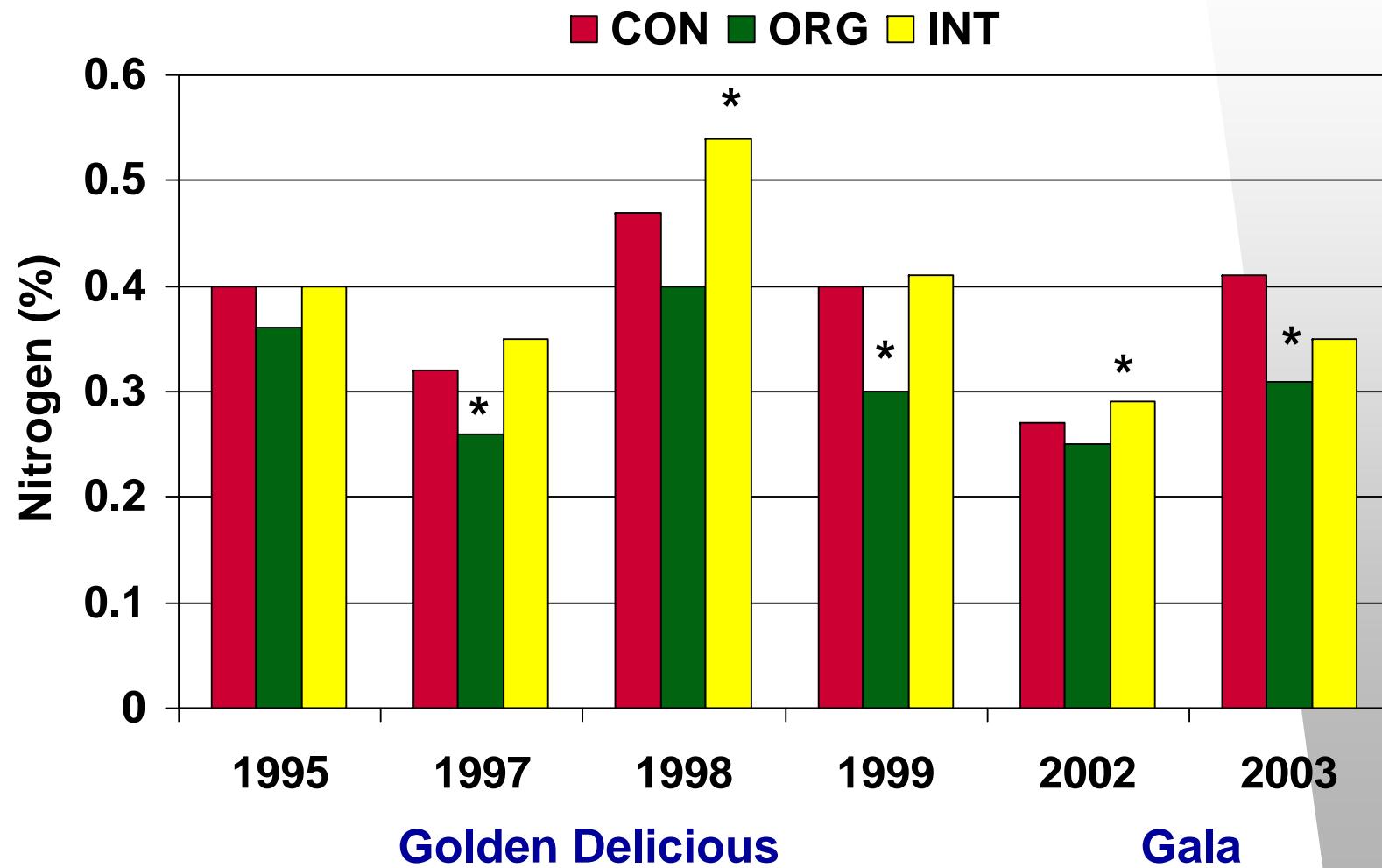
# Fruit firmness

## After CA storage

1998-99 Golden Delicious  
 2002-03 Gala

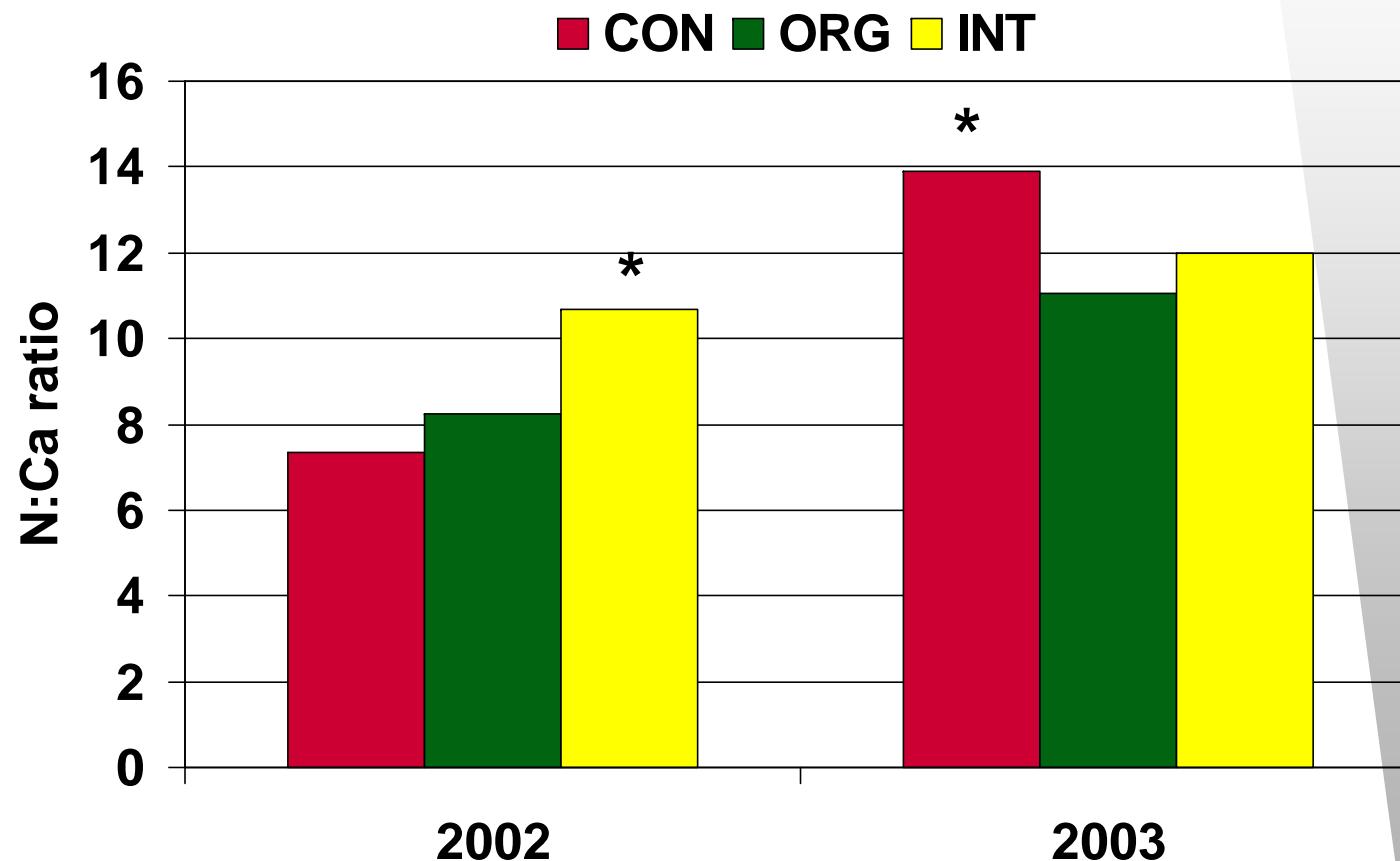


## Fruit nitrogen



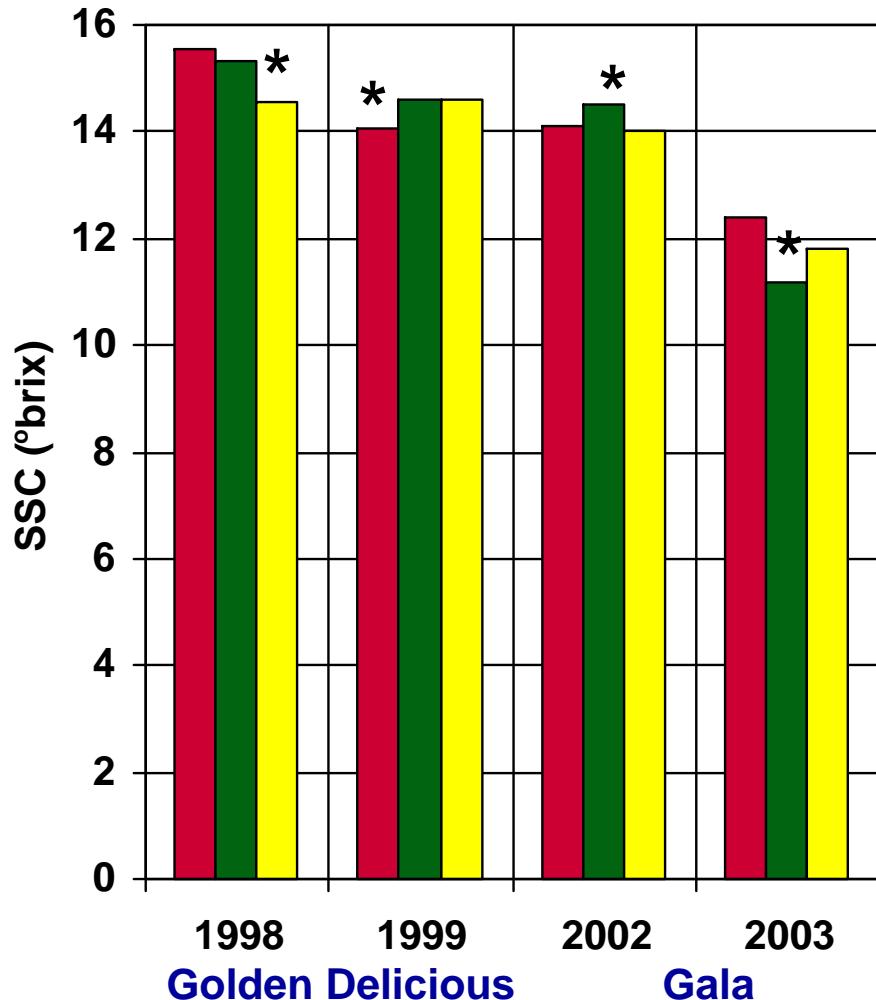
# Fruit nitrogen:calcium ratio

## Gala

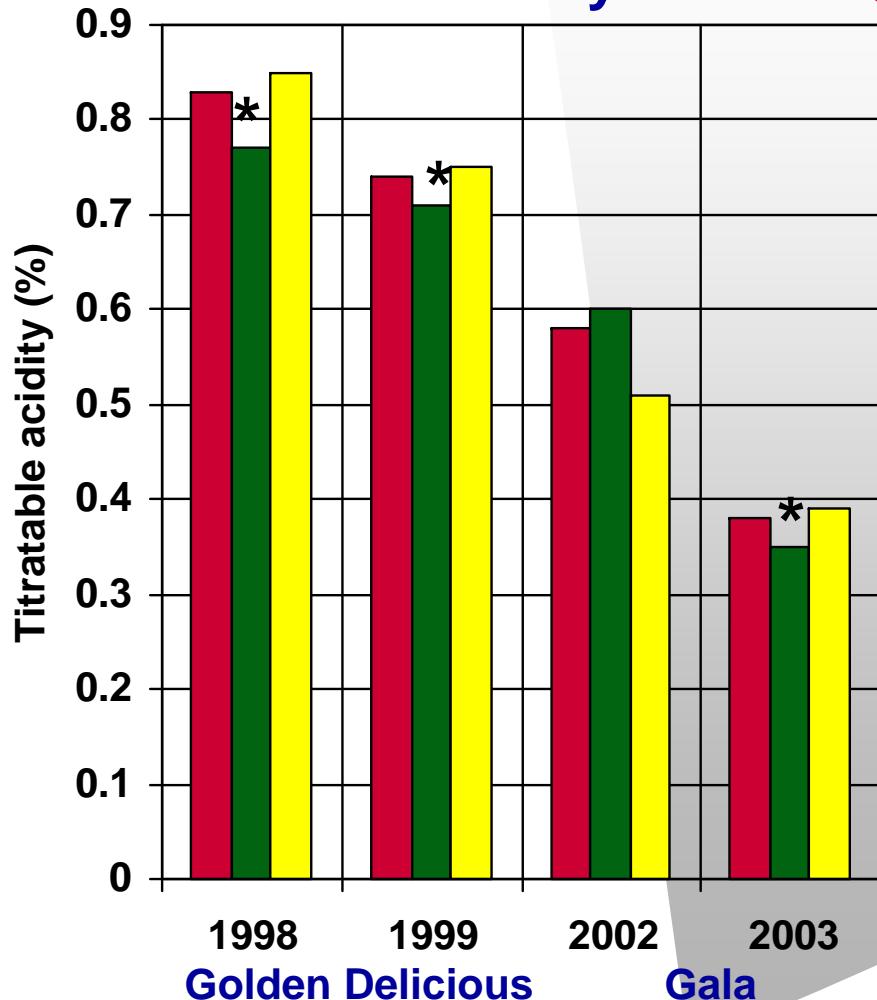


# Soluble solids & acidity

Soluble solids

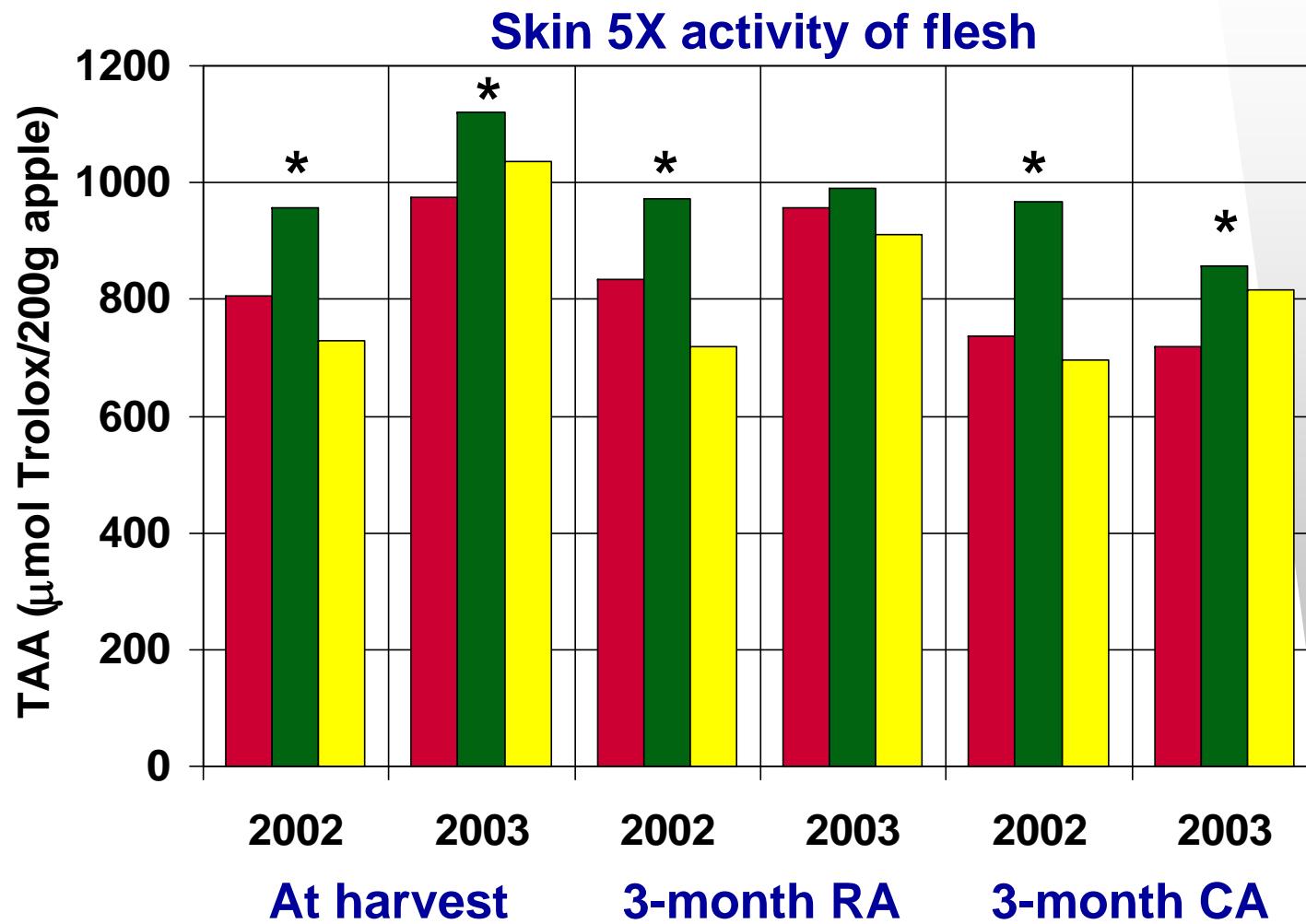


Acidity



# Antioxidant activity

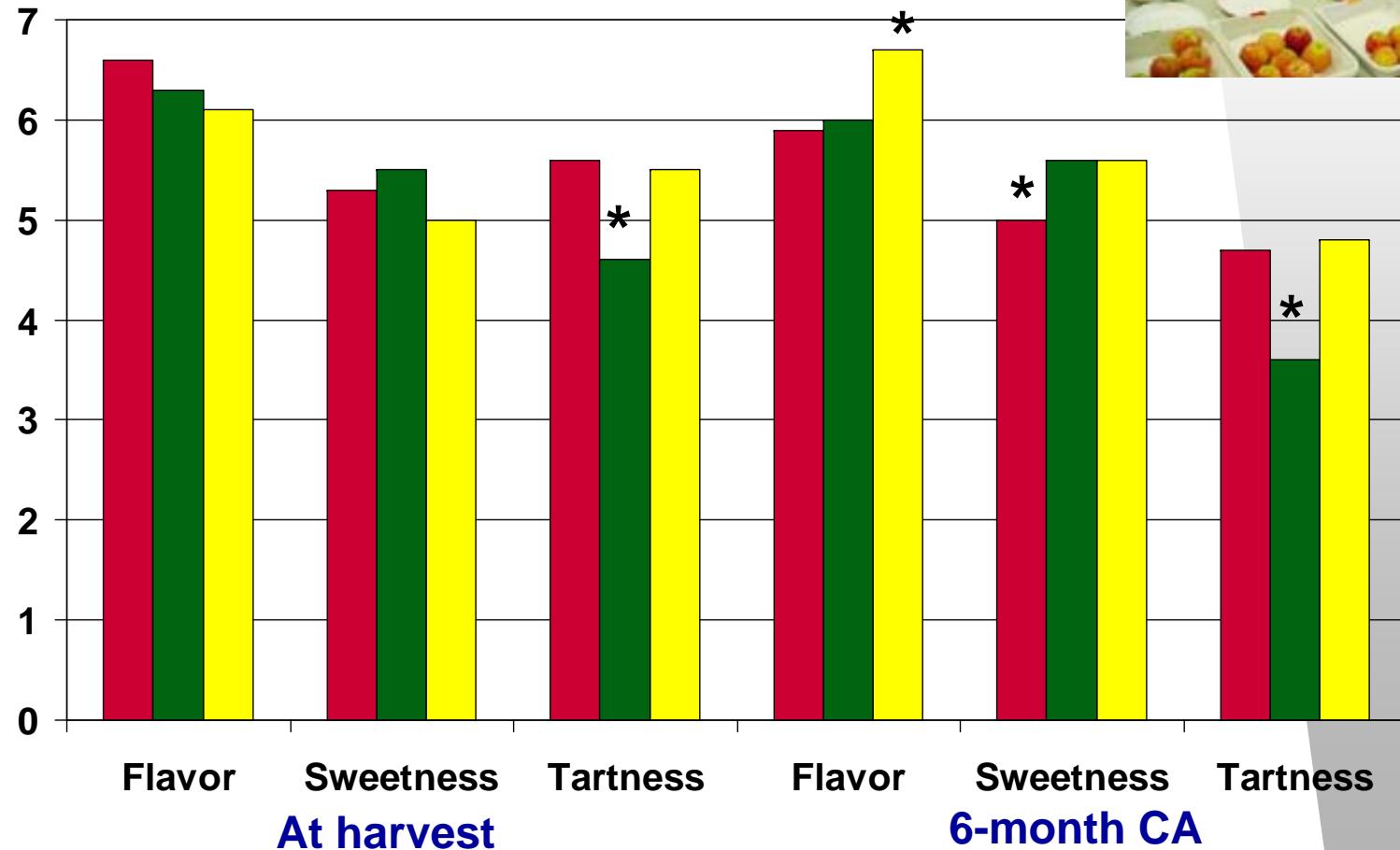
## Gala



# Consumer preference Golden Delicious



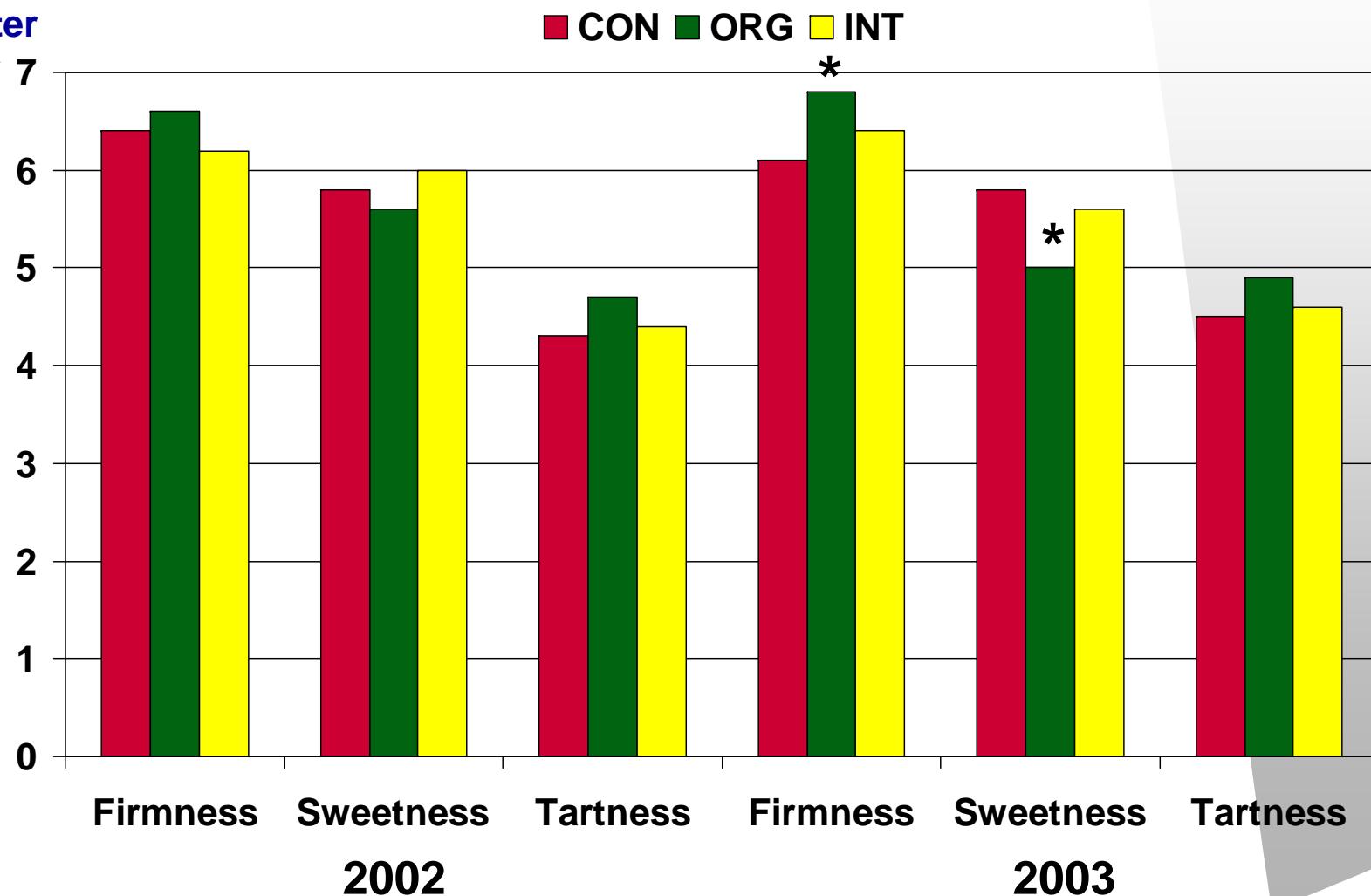
More flavor  
Sweeter  
Tarter



# Consumer preference

## Gala at harvest

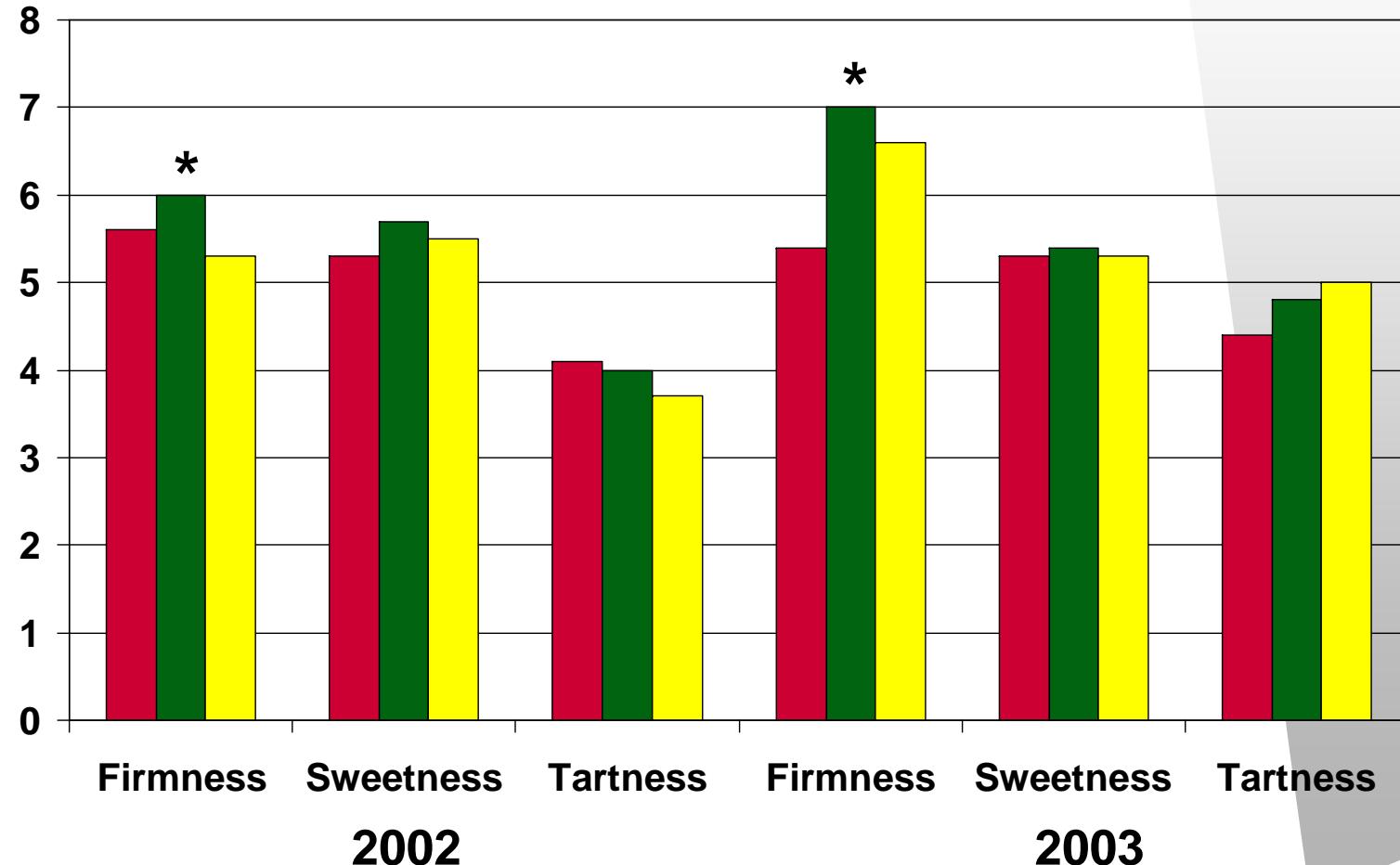
Firmer  
 Sweeter  
 Tarter



## Consumer preference Gala after 3-month CA storage

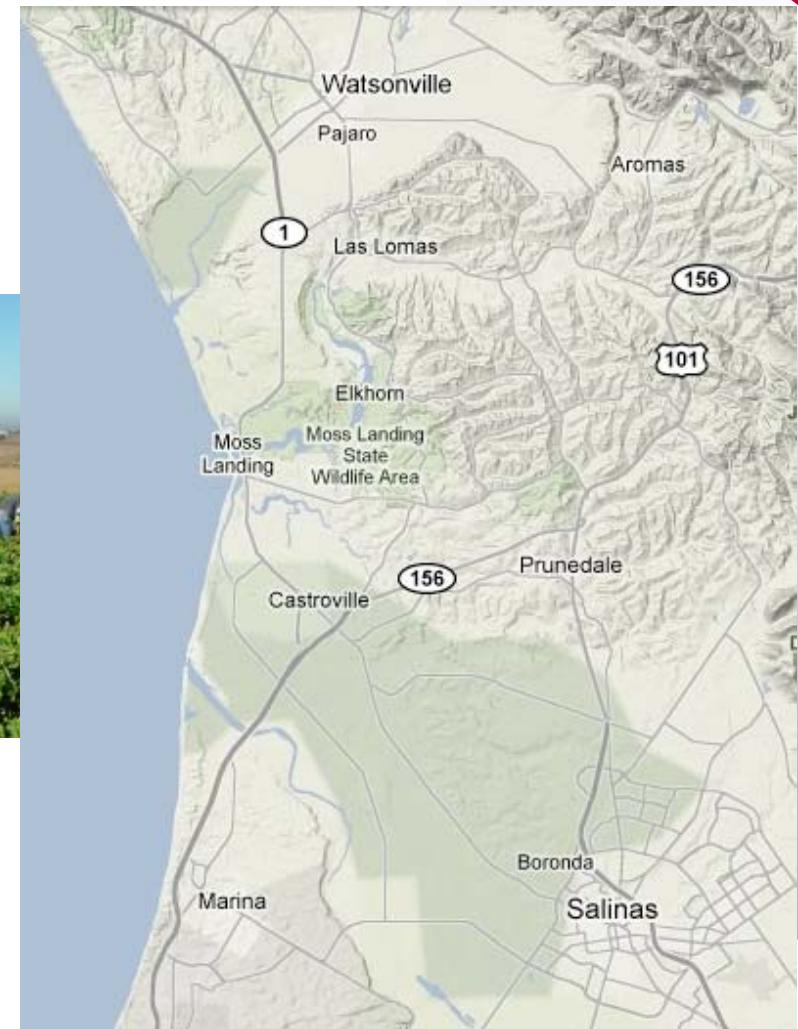
Firmer  
Sweeter  
Tarter

■ CON ■ ORG ■ INT



# California strawberry study

- 13 matched pairs commercial organic & conventional fields
- matched soil, topography, microclimate
- 3 cultivars
- 2004-05



OPEN  ACCESS Freely available online

 PLOS ONE

# Fruit and Soil Quality of Organic and Conventional Strawberry Agroecosystems

John P. Reganold<sup>1\*</sup>, Preston K. Andrews<sup>2</sup>, Jennifer R. Reeve<sup>3</sup>, Lynne Carpenter-Boggs<sup>4</sup>, Christopher W. Schadt<sup>5</sup>, J. Richard Alldredge<sup>6</sup>, Carolyn F. Ross<sup>7</sup>, Neal M. Davies<sup>8</sup>, Jizhong Zhou<sup>9</sup>



# Soil inputs

## 2004-05

	Conventional	Organic
Fumigants	methyl bromide chloropicrin	none
Fertilizers	<b>compost</b> (4.6-5.5 tons/A) $\text{NH}_4\text{-SO}_4$ <b>Ca thiosulfate</b> $\text{Ca-NH}_4\text{-SO}_4$ <b>humic acid</b> <b>kelp extract</b> $\text{K-NO}_3$ <b>Na borate</b> urea	<b>compost</b> (8.4-10.2 tons/A) <b>gypsum</b> <b>humic acid</b> <b>kelp extract</b> <b>fish emulsion</b> <b>bloodmeal</b> <b>feathermeal</b> <b>greensand</b> <b>sulfate of potash</b>
Herbicides	Paraquat, Devrinol	none

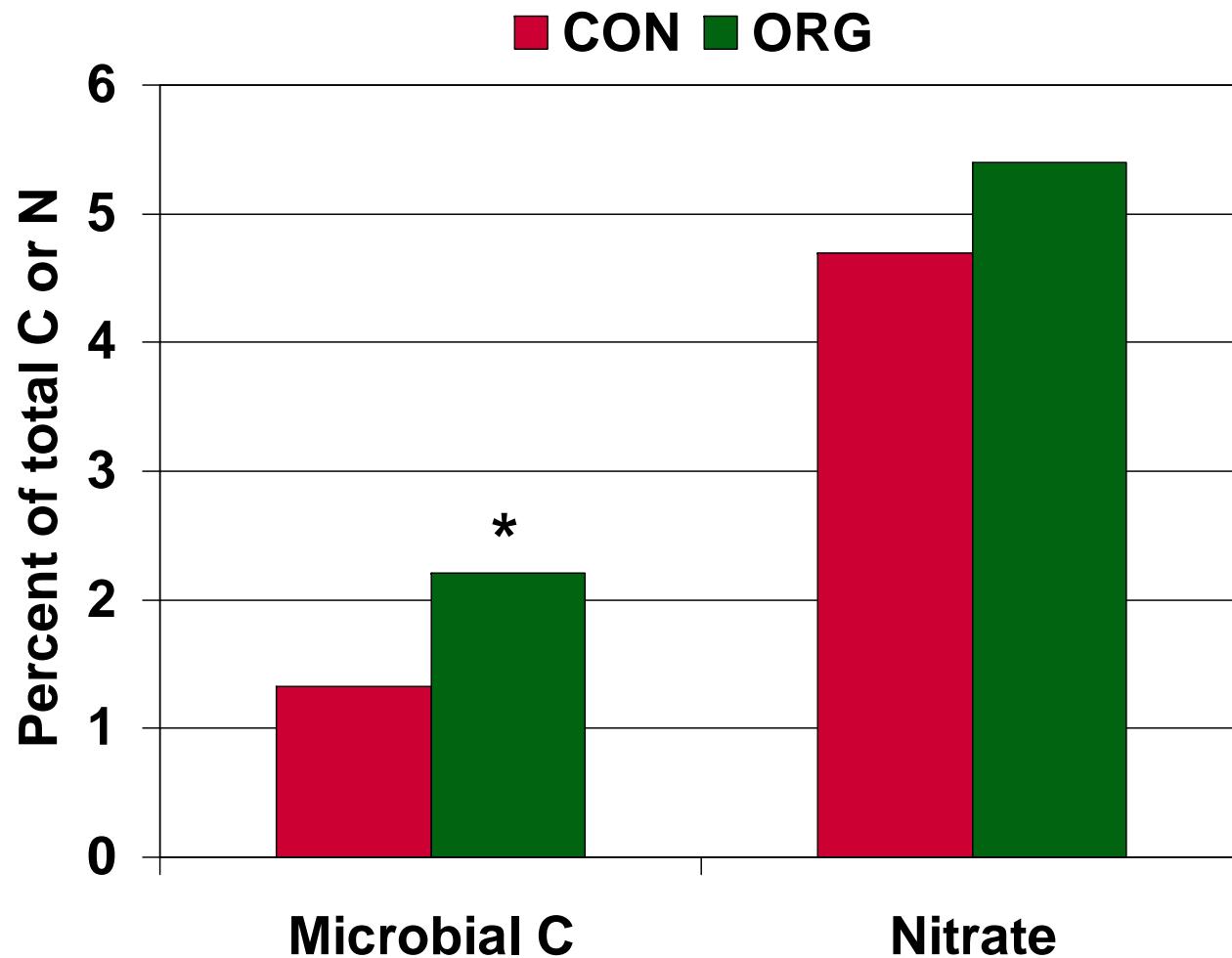
# Soil biological properties

## 2004-05

Biological property	Conventional	Organic
Total C (g C/kg soil)	8.25	10.04 *
Total N (g N/kg soil)	0.666	0.867 **
Organic matter (mg/kg soil)	1.46	1.84 *
Microbial biomass ( $\mu\text{g CO}_2\text{-C/g soil}$ )	96	249 ***
Readily mineralizable C ( $\mu\text{g CO}_2/\text{g}$ )	14.1	17.7 **
Basal respiration ( $\mu\text{g CO}_2/\text{g}$ )	0.35	0.47 *
Mycorrhizae (per mm root length)	104	122

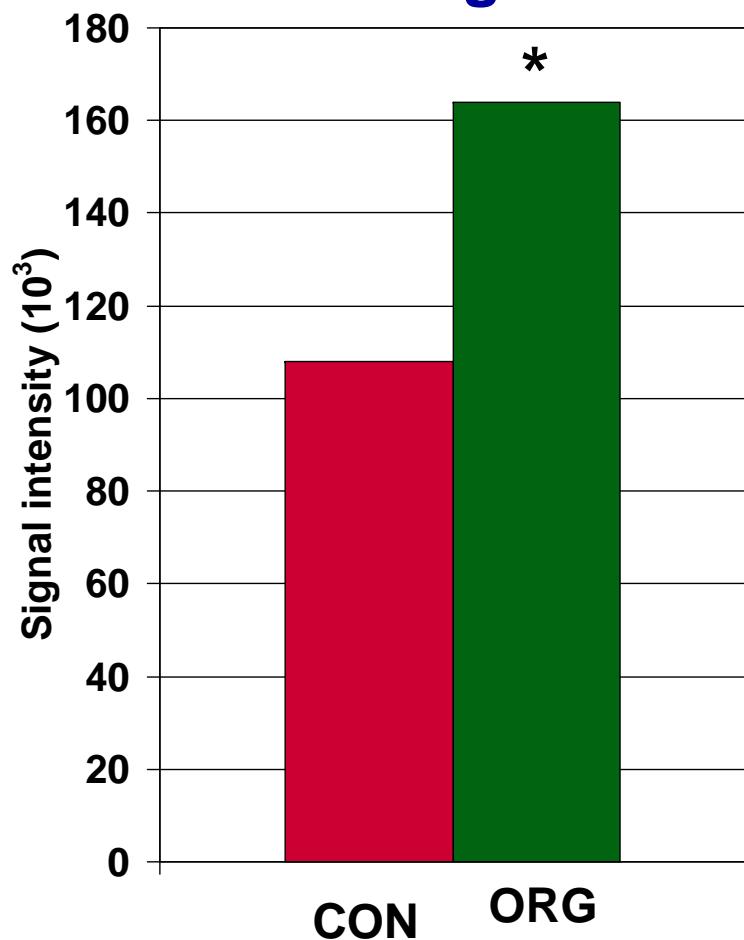
\*p<0.05, \*\*p<0.01, \*\*\*p<0.001

## Soil carbon & nitrate

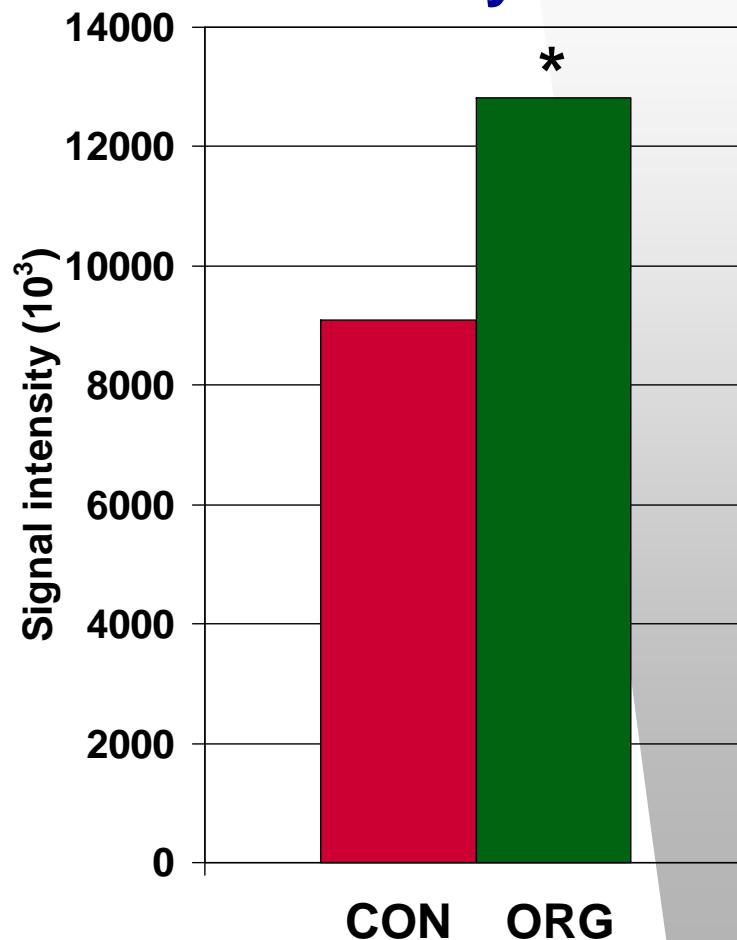


# Soil gene activity

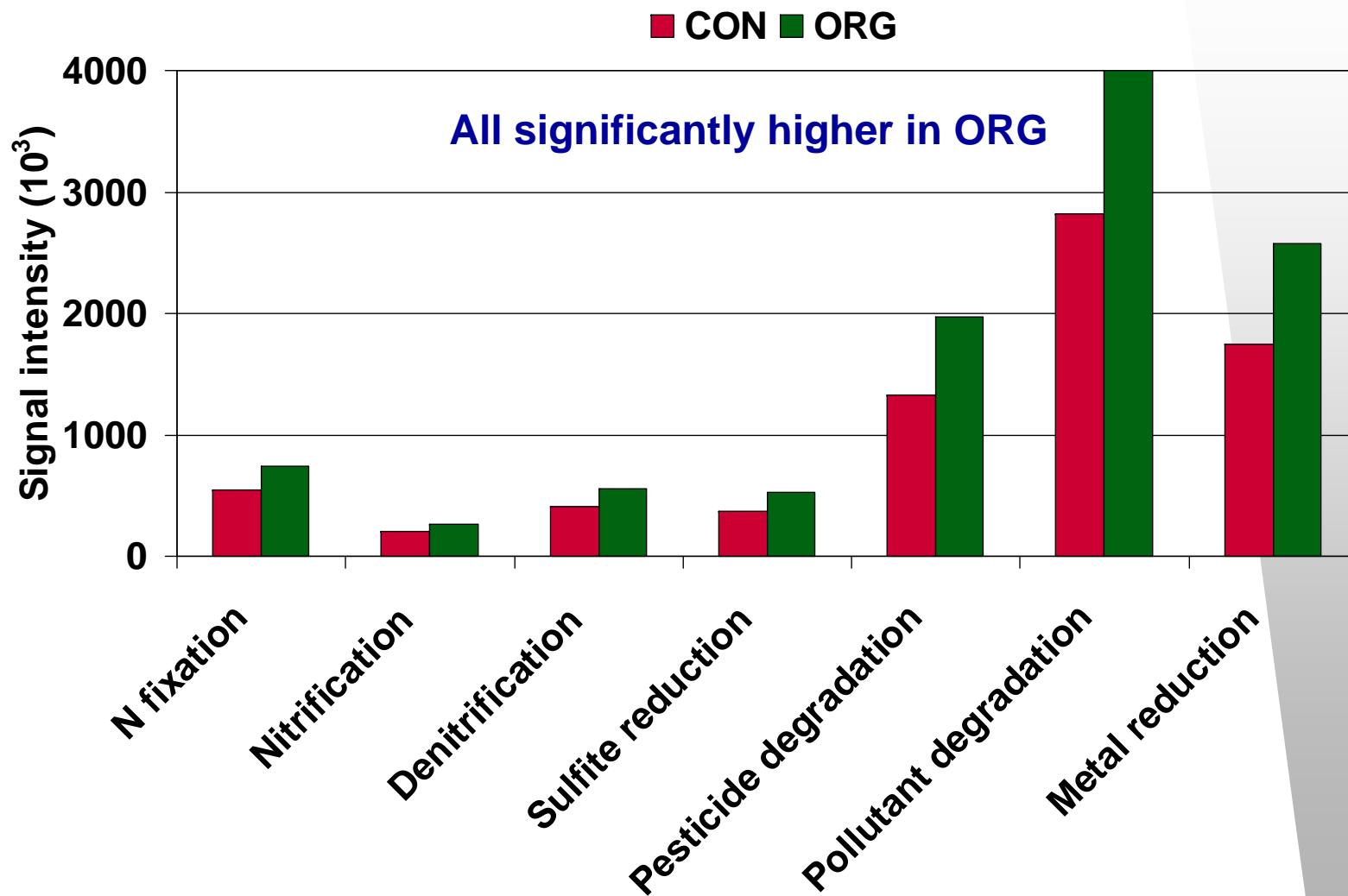
Fungi



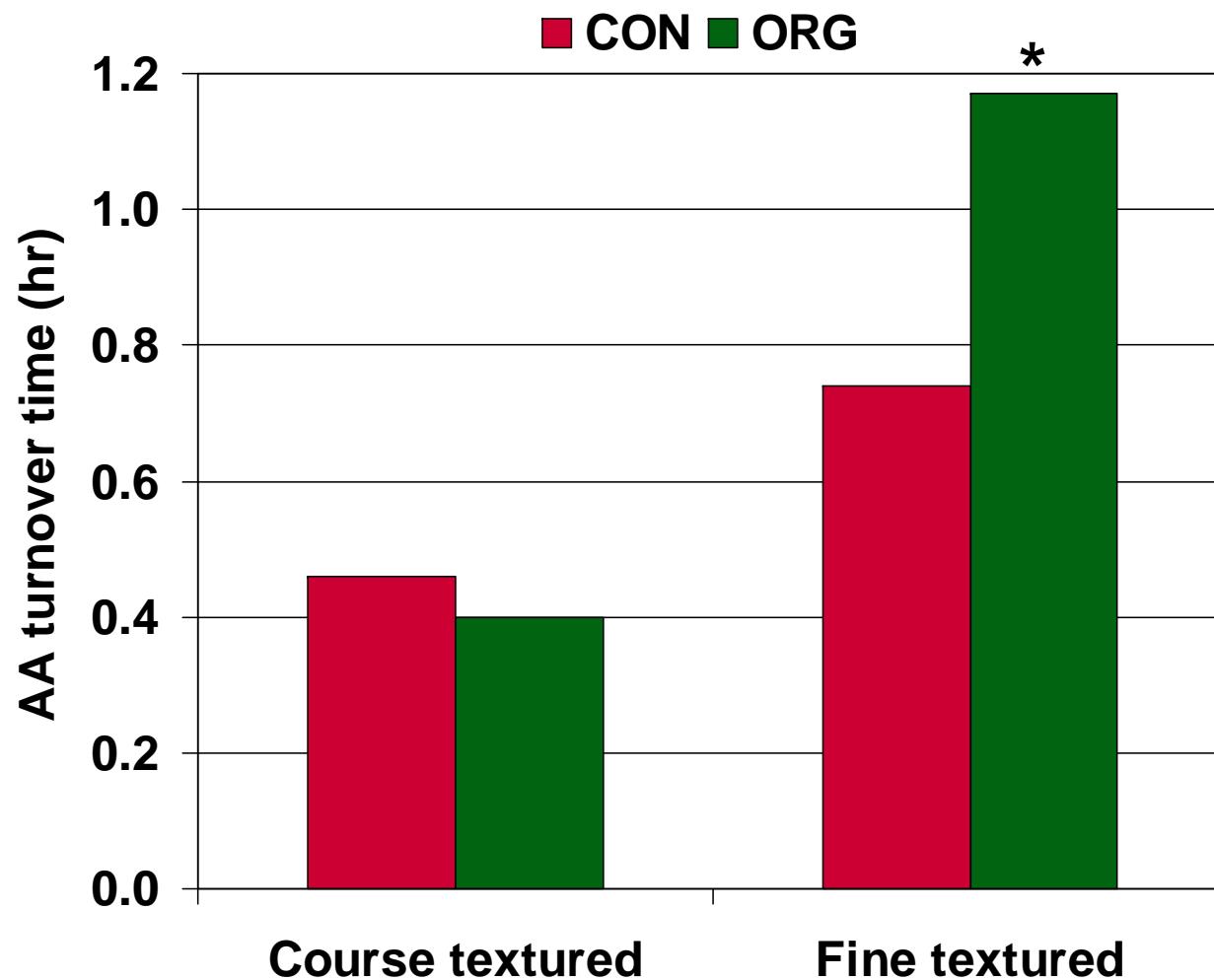
Prokaryotes



# Soil gene activity

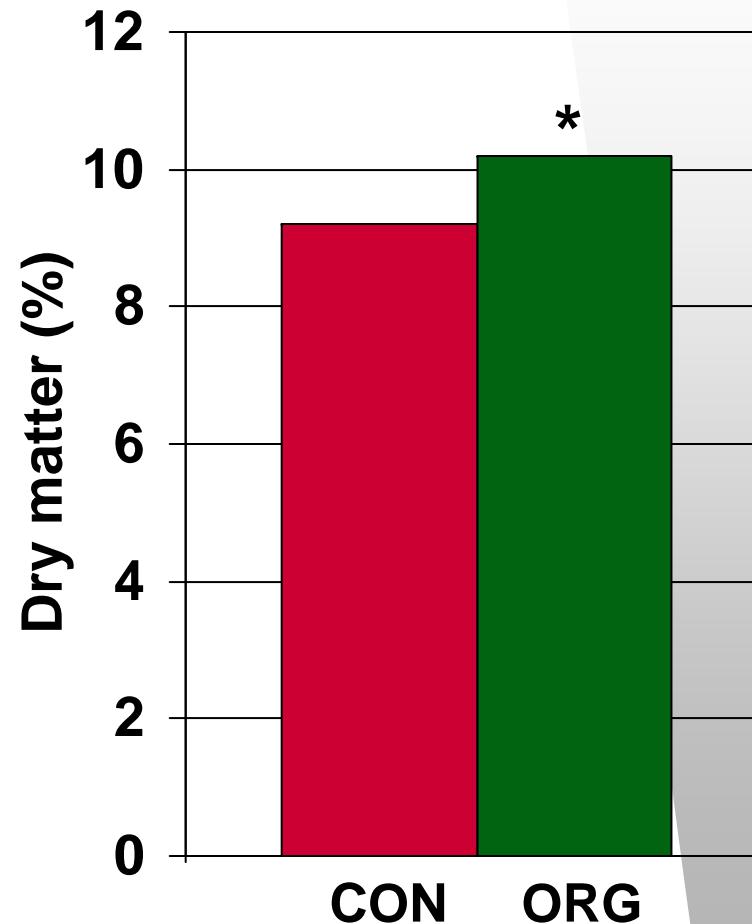
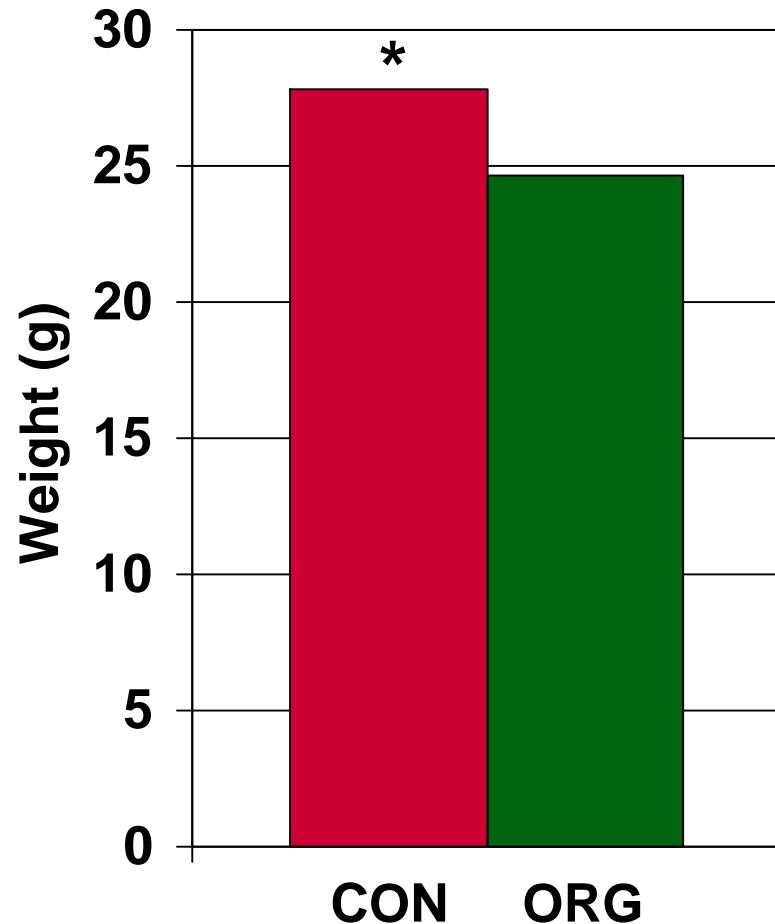


## Amino acid turnover

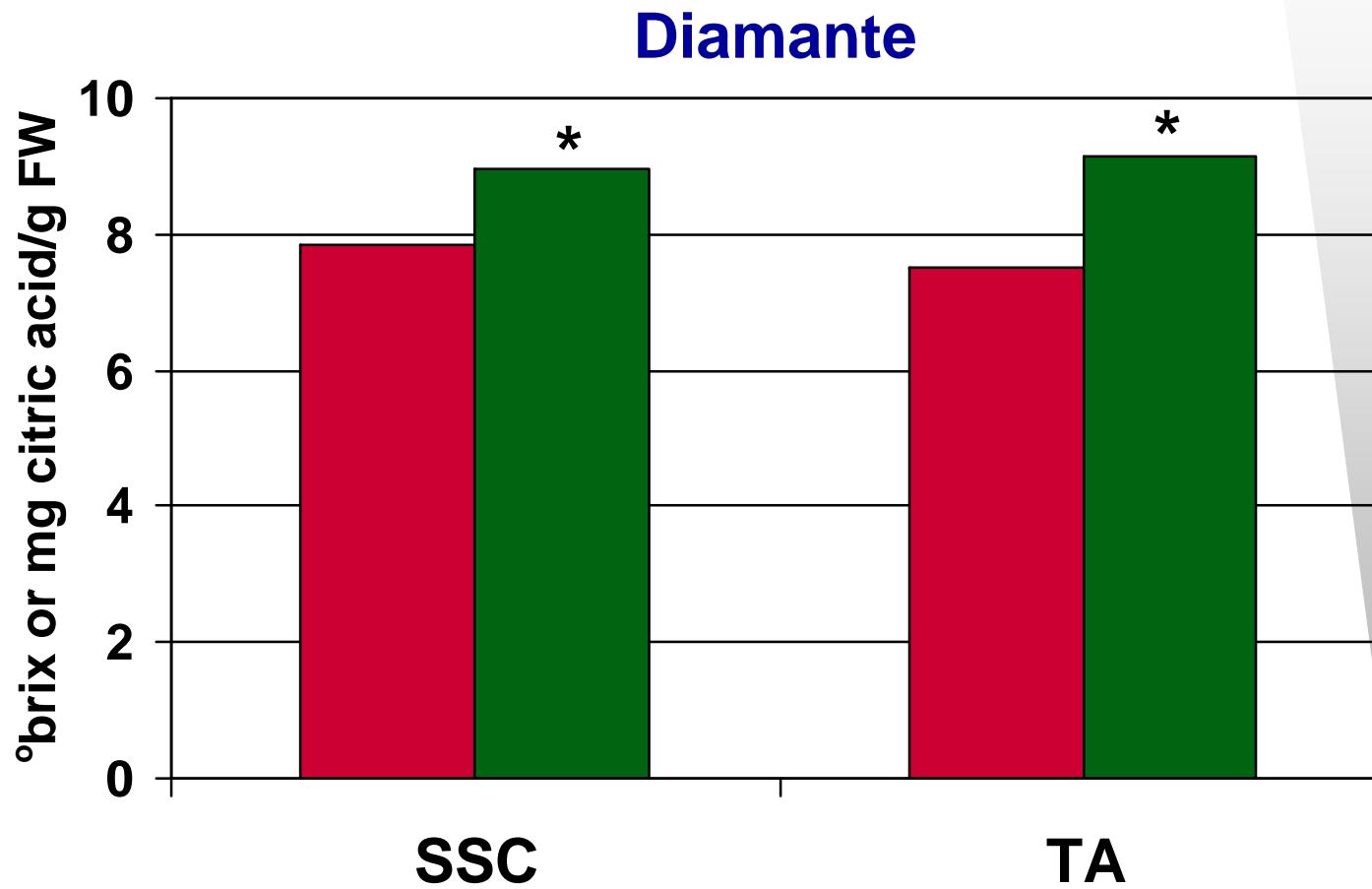


Reeve et al, *Soil Biol & Biochem* (2008)

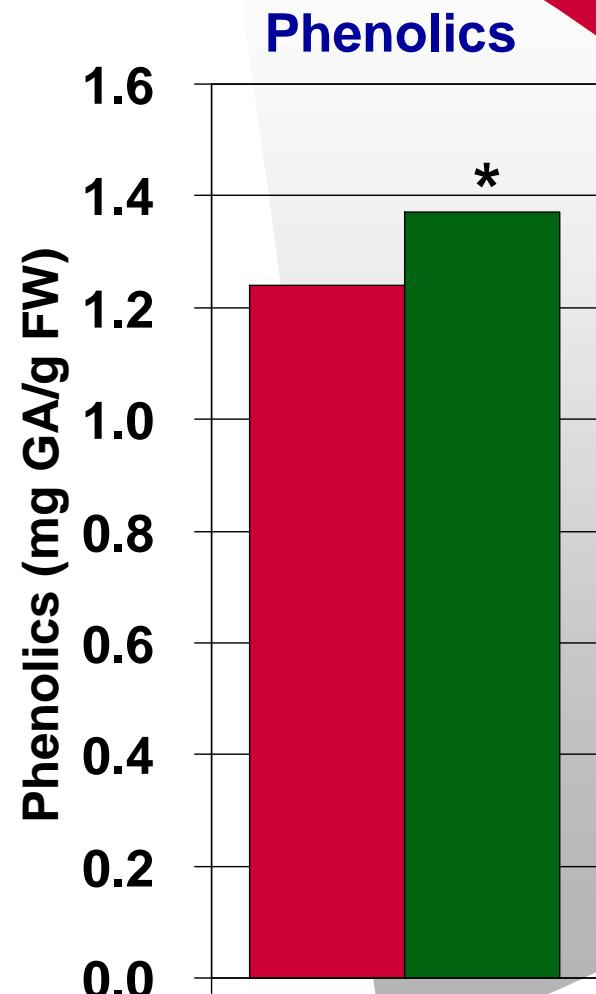
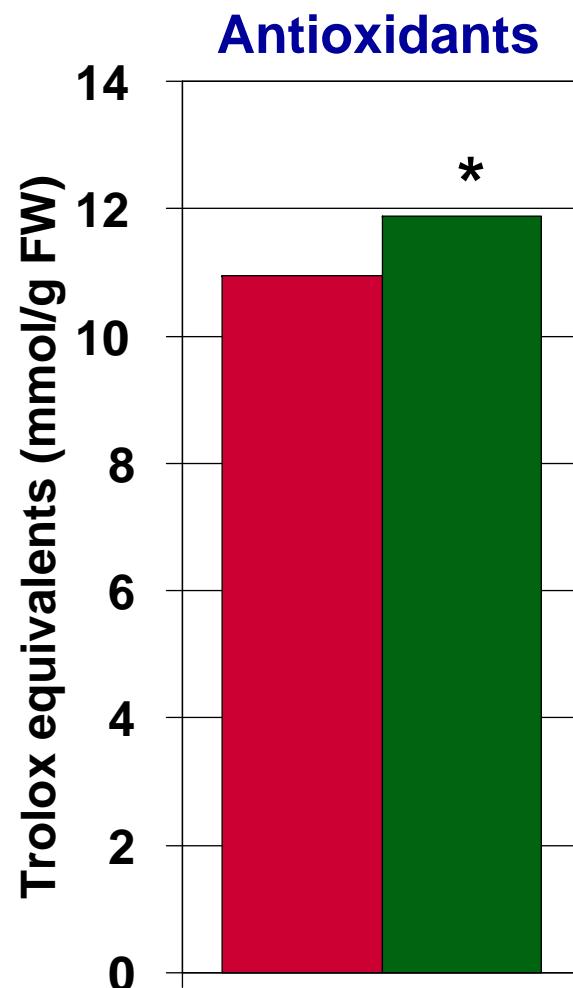
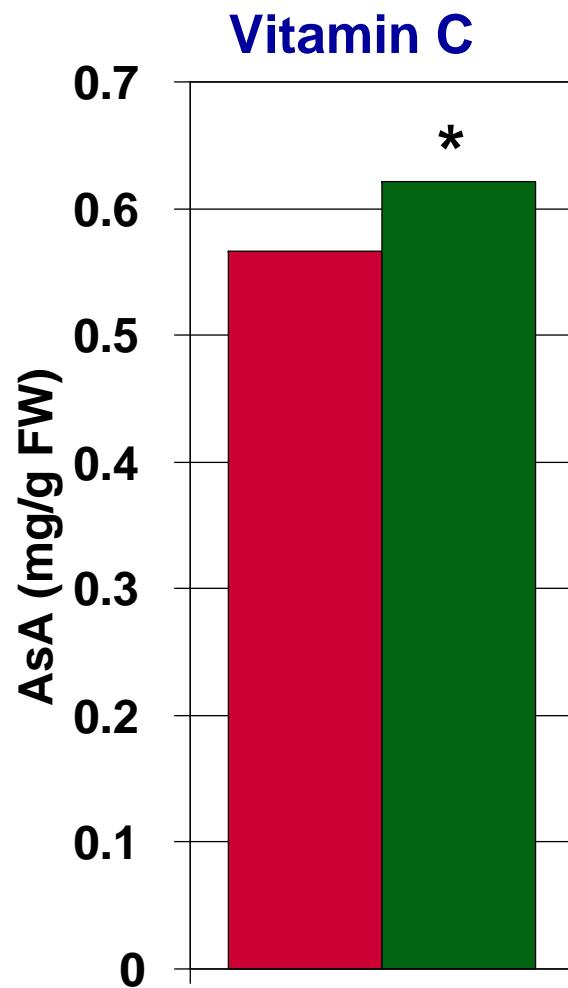
## Fruit size & dry matter



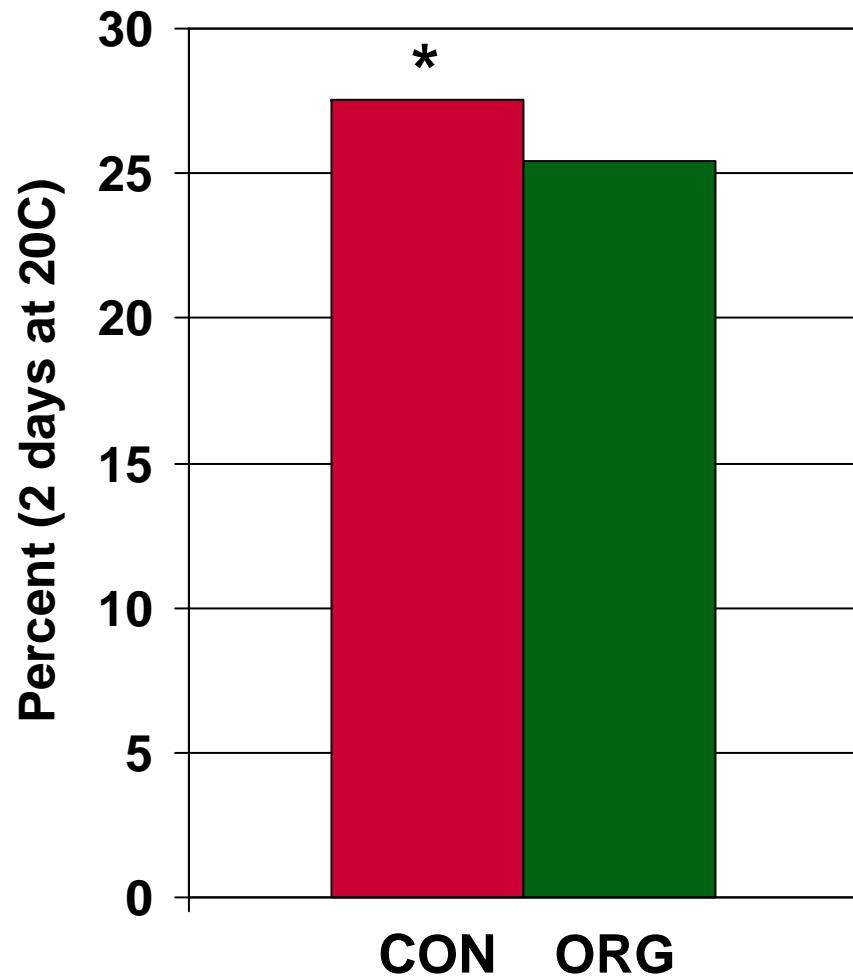
# Soluble solids & titratable acidity



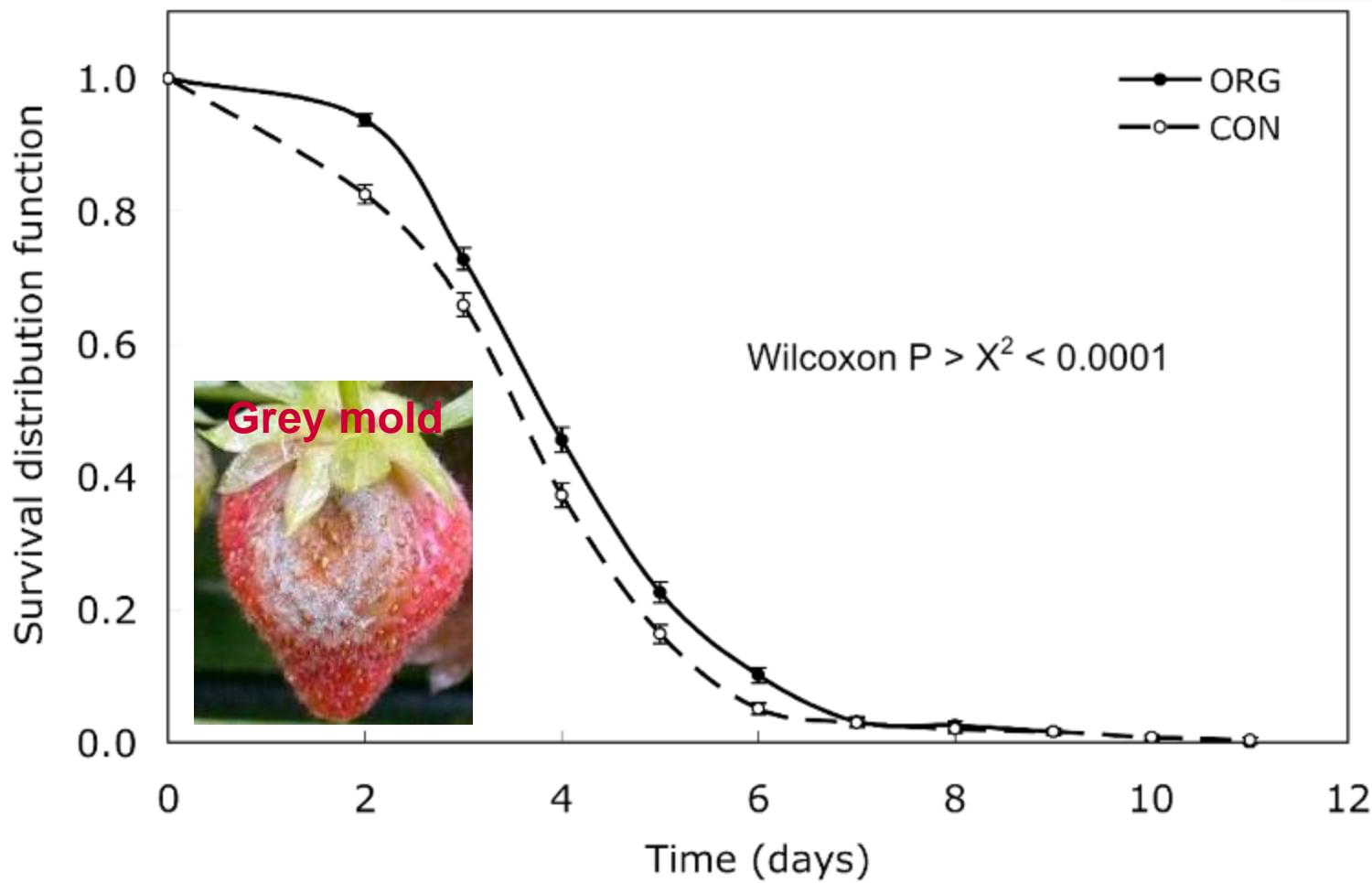
# Phytonutrients



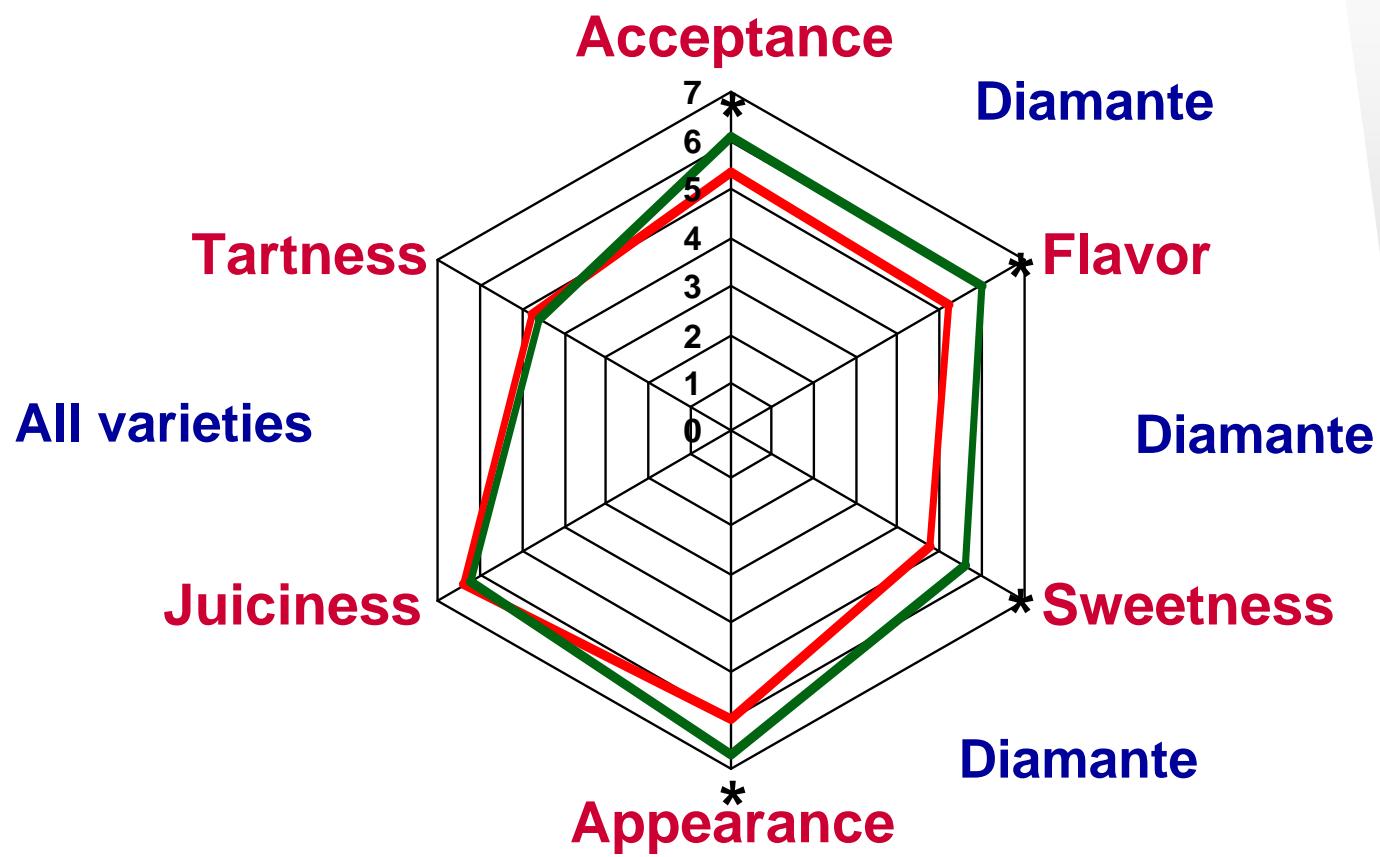
## Fruit weight loss



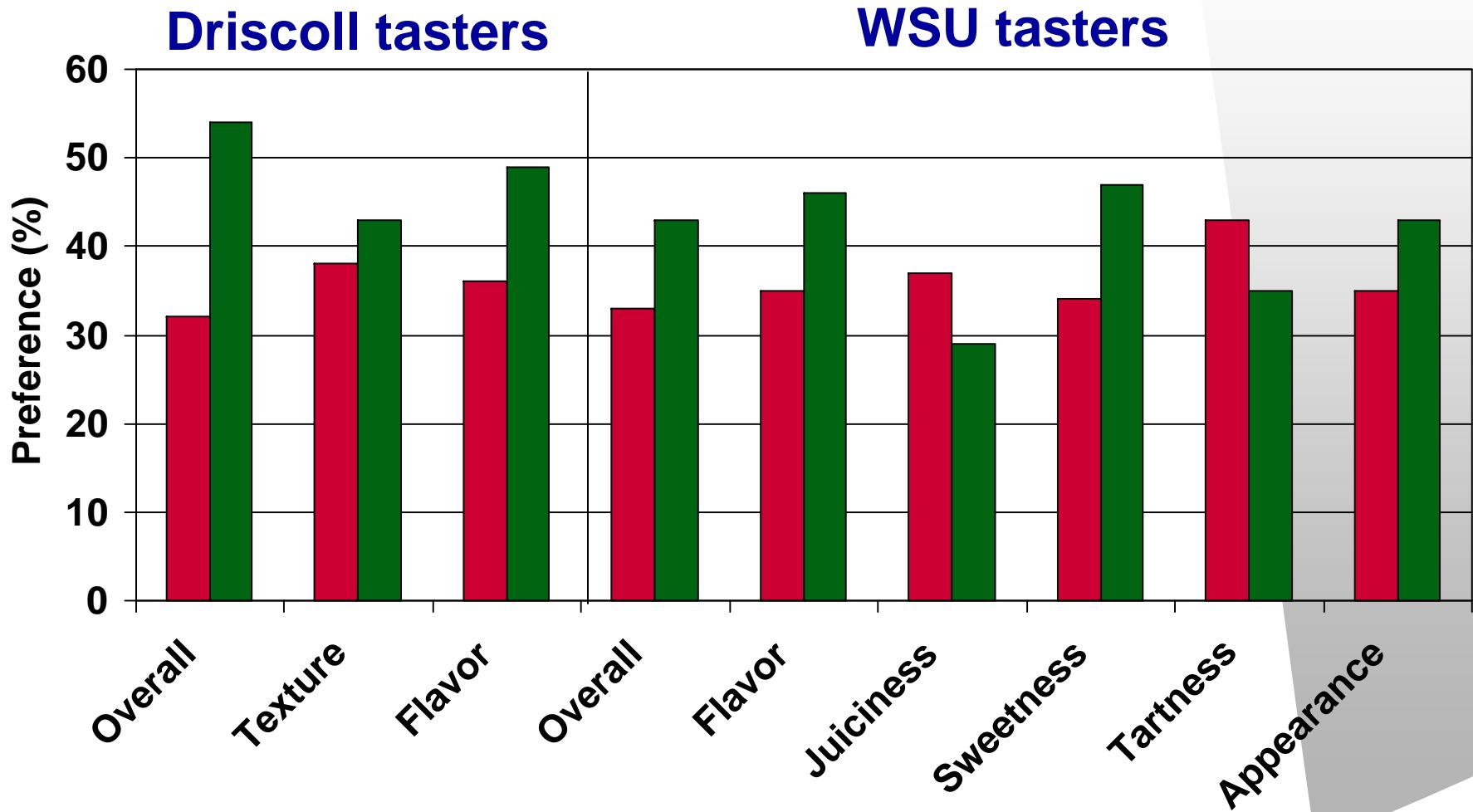
## Fungal rot



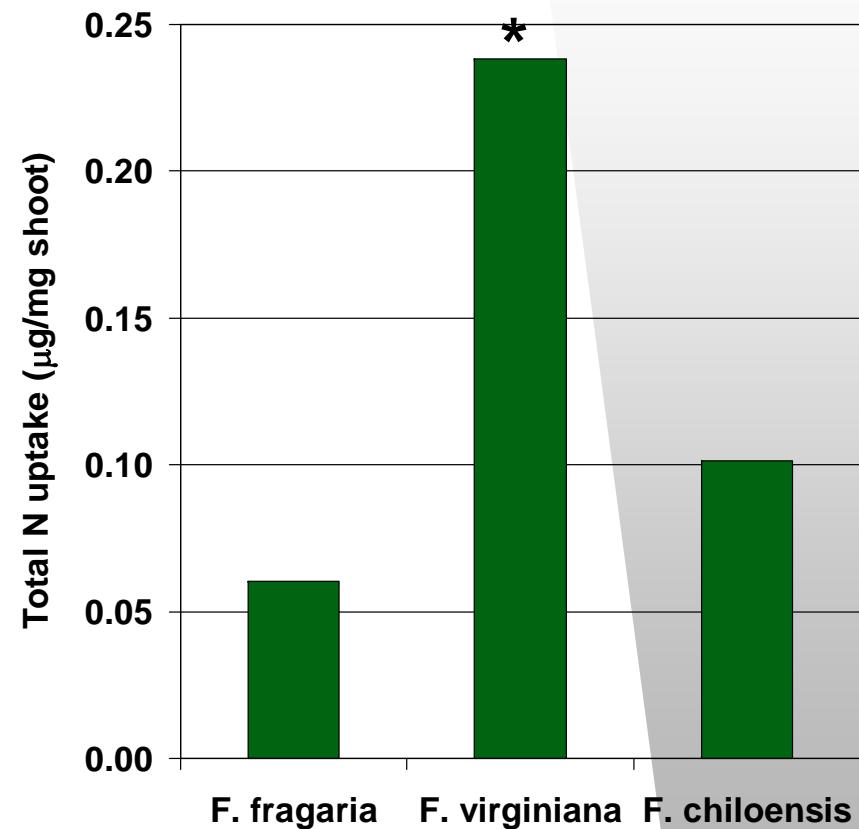
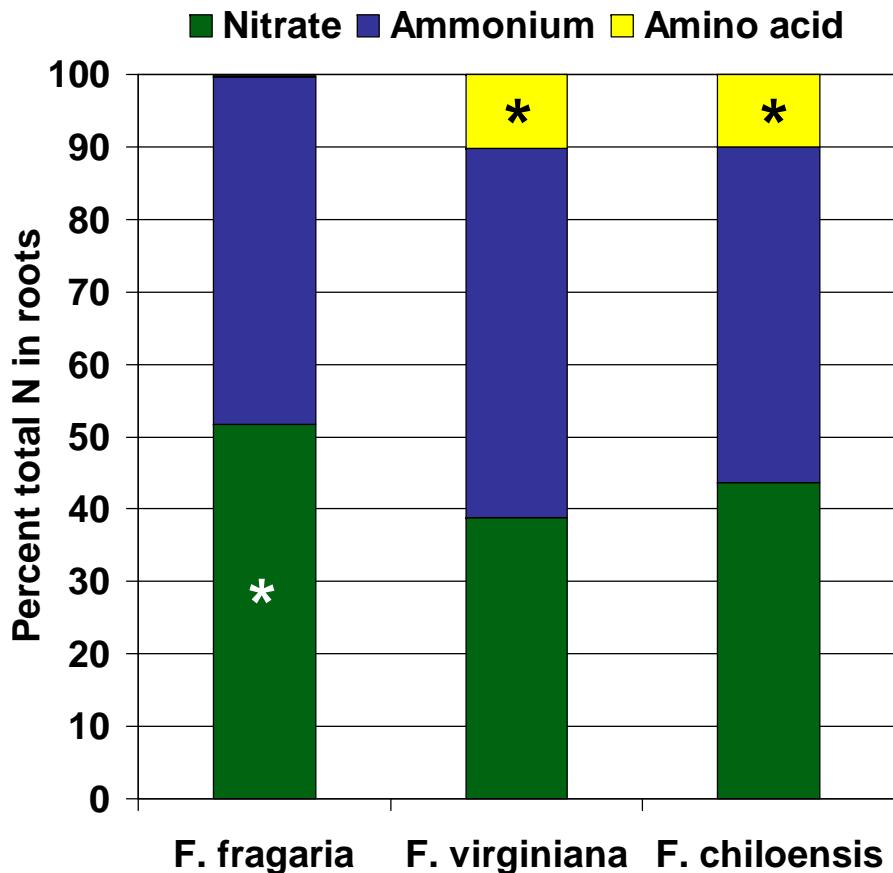
# Consumer preference



# Consumer preference



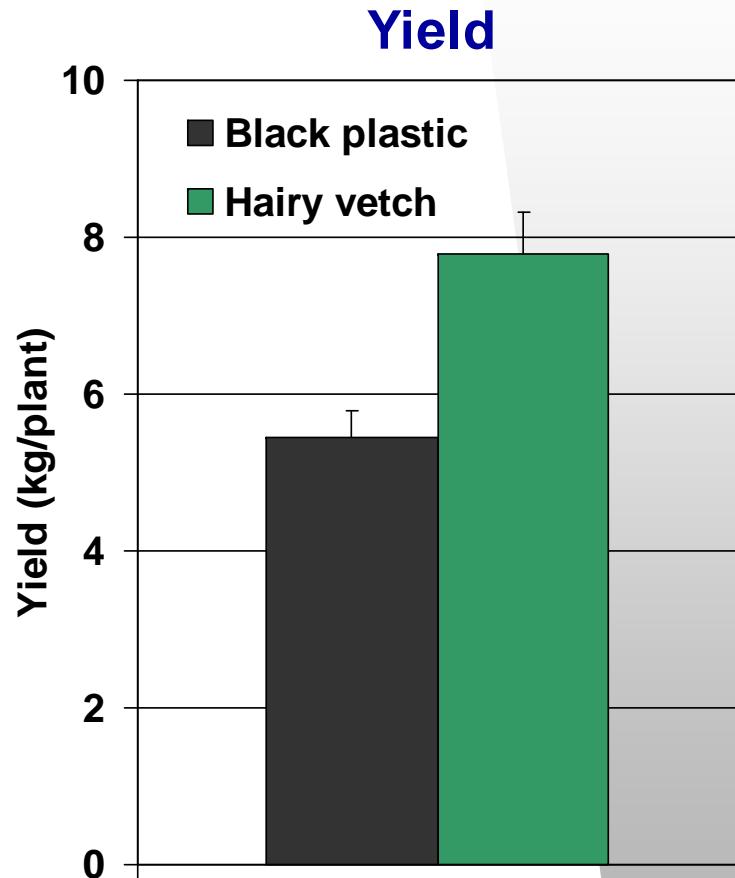
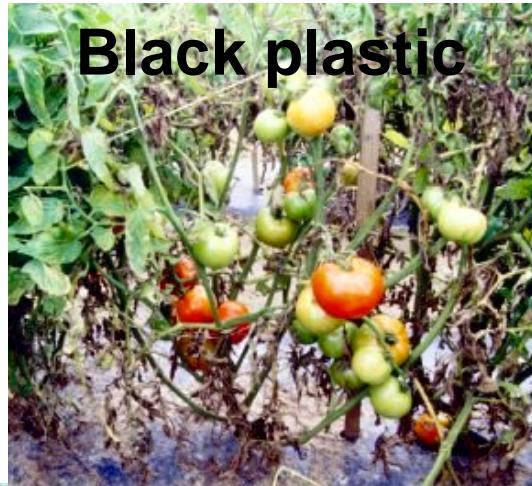
# Nitrogen uptake by strawberries



Reeve et al., Soil Biol & Biochem (2008)

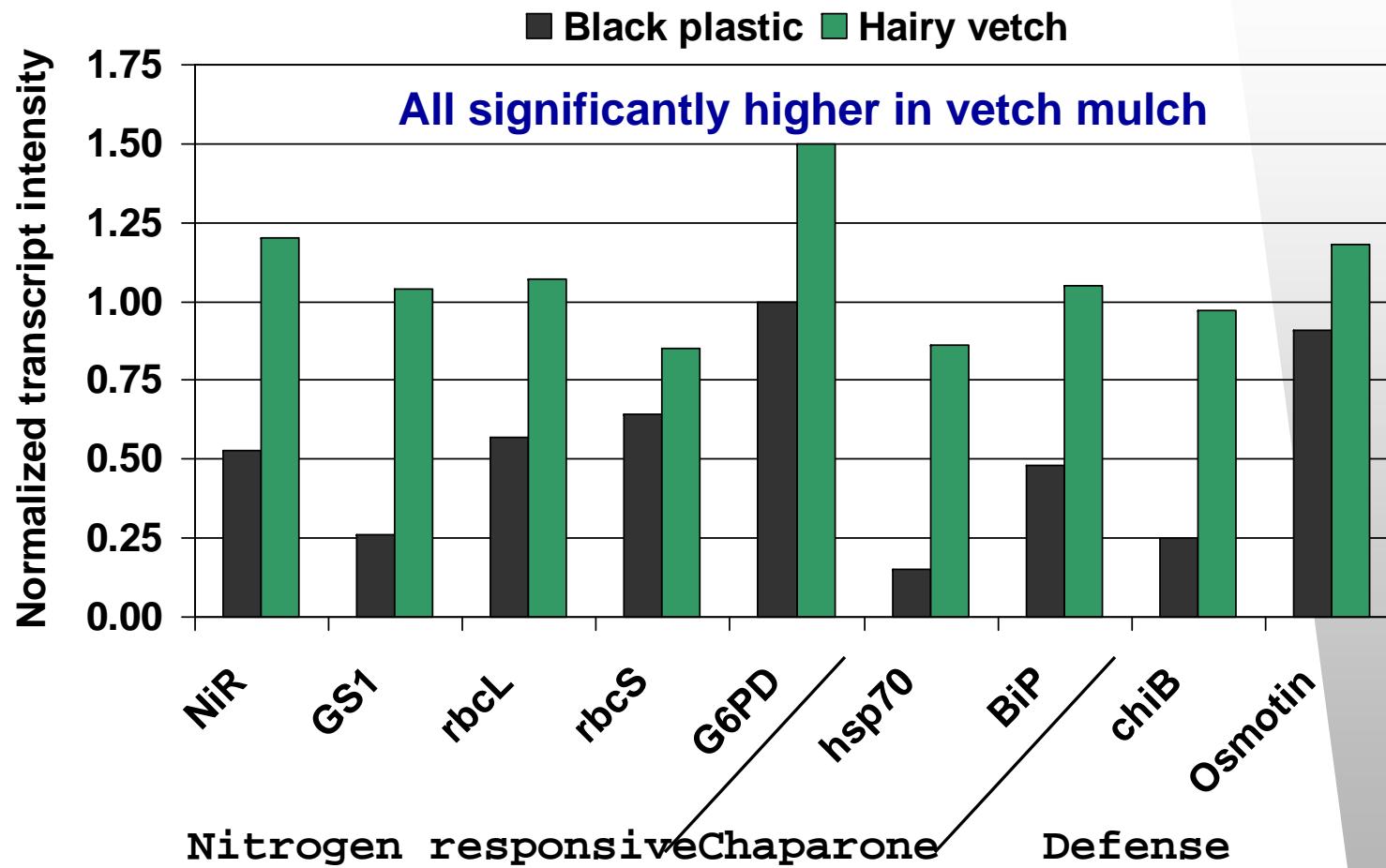
# Tomato mulch studies

## USDA Beltsville



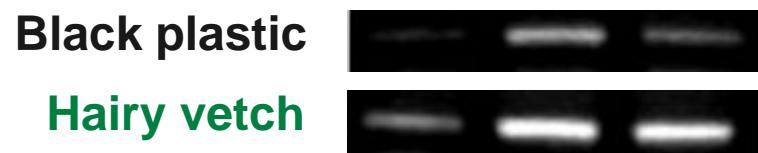
Neelam et al, *J Expt Bot* (2008)

# Gene expression in tomato leaves

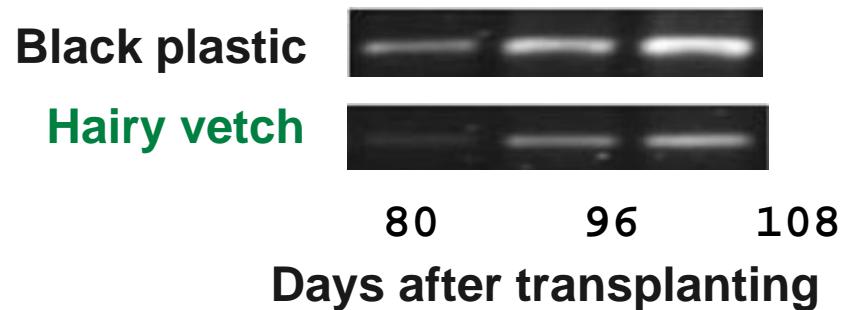


# Senescence genes in tomato leaves

Cytokinin-responsive → delays senescence

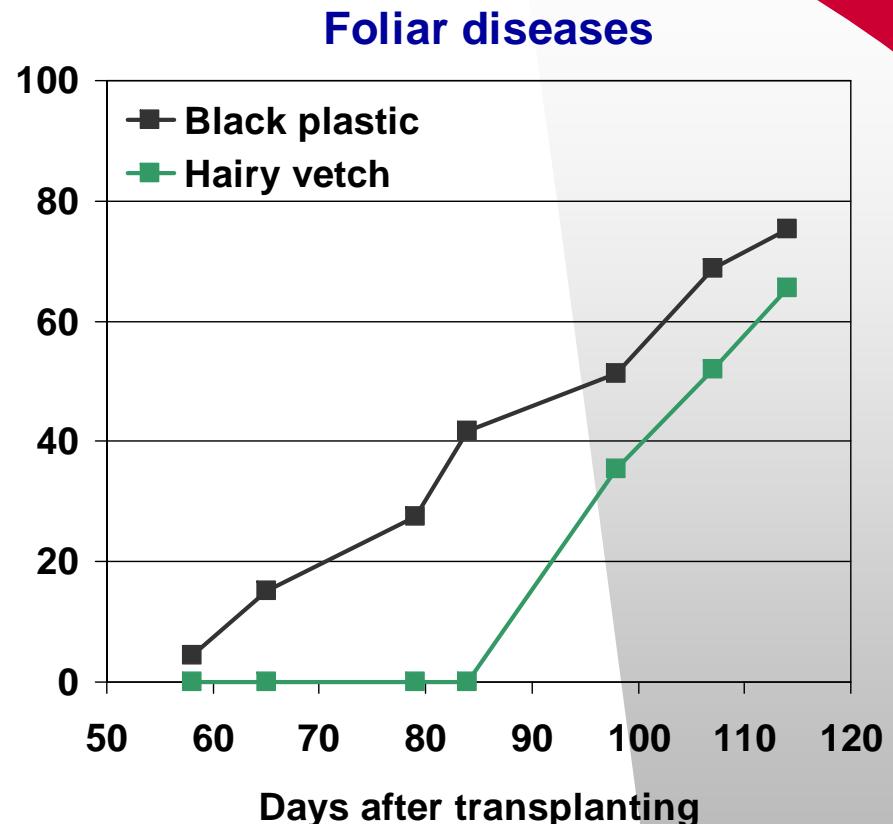
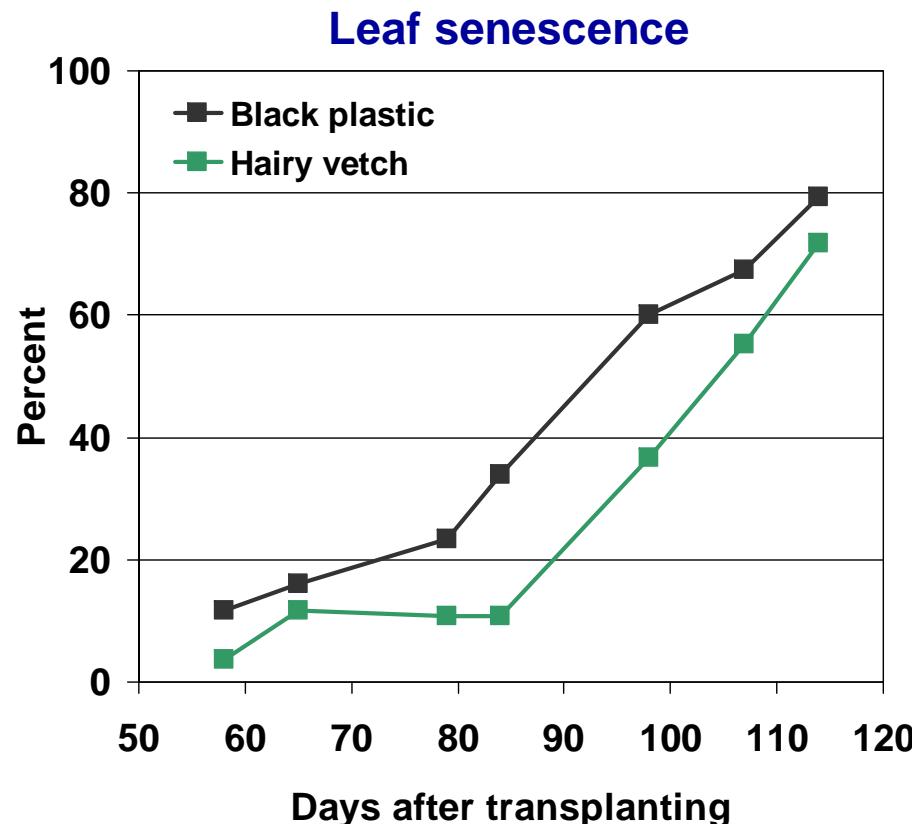


ACC synthase → hastens senescence



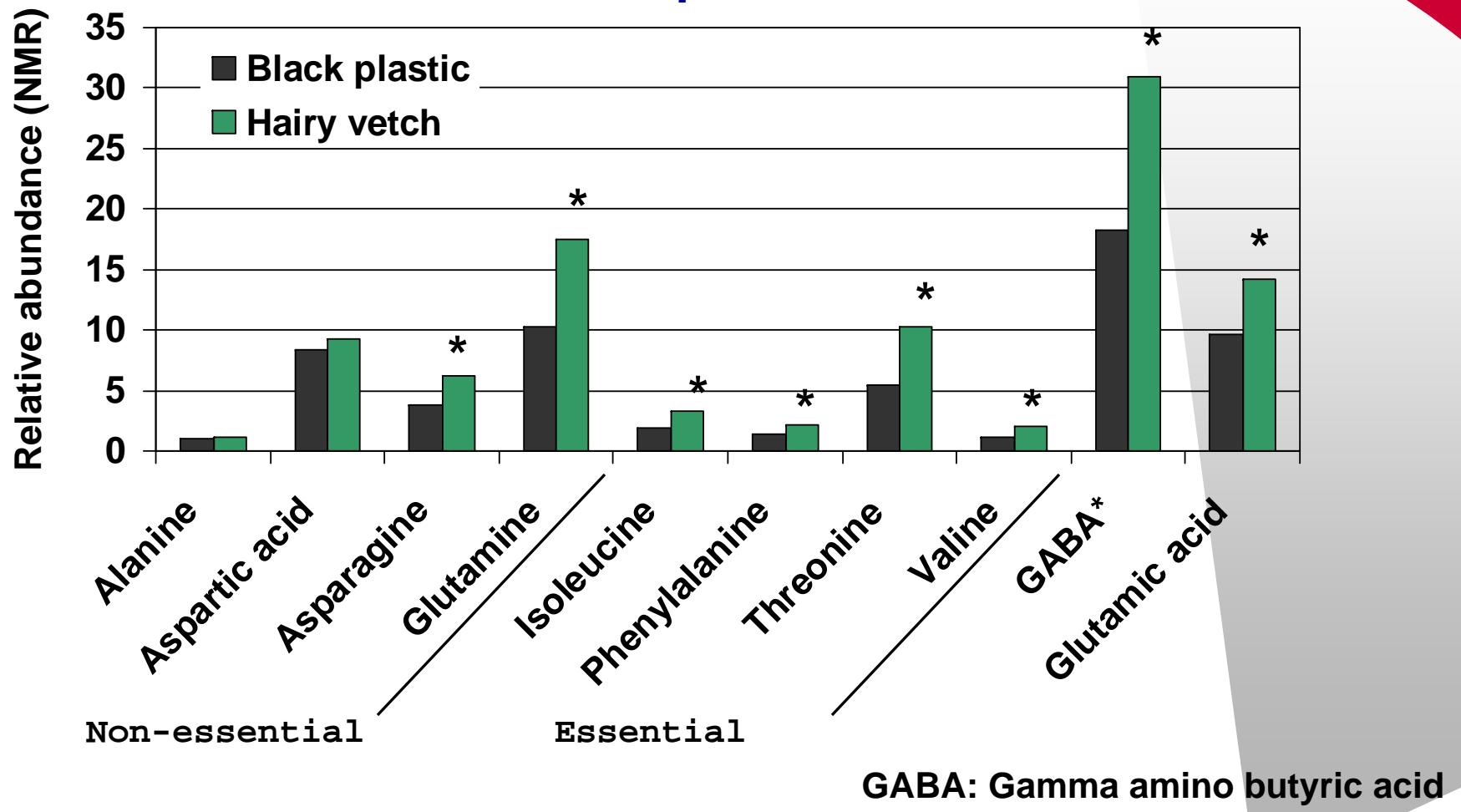
ACC: 1-aminocyclopropane-1-carboxylate

# Reduced senescence & disease



# Amino acids in tomato fruit

Ripe fruit



Neelam et al, J Expt Bot (2008)

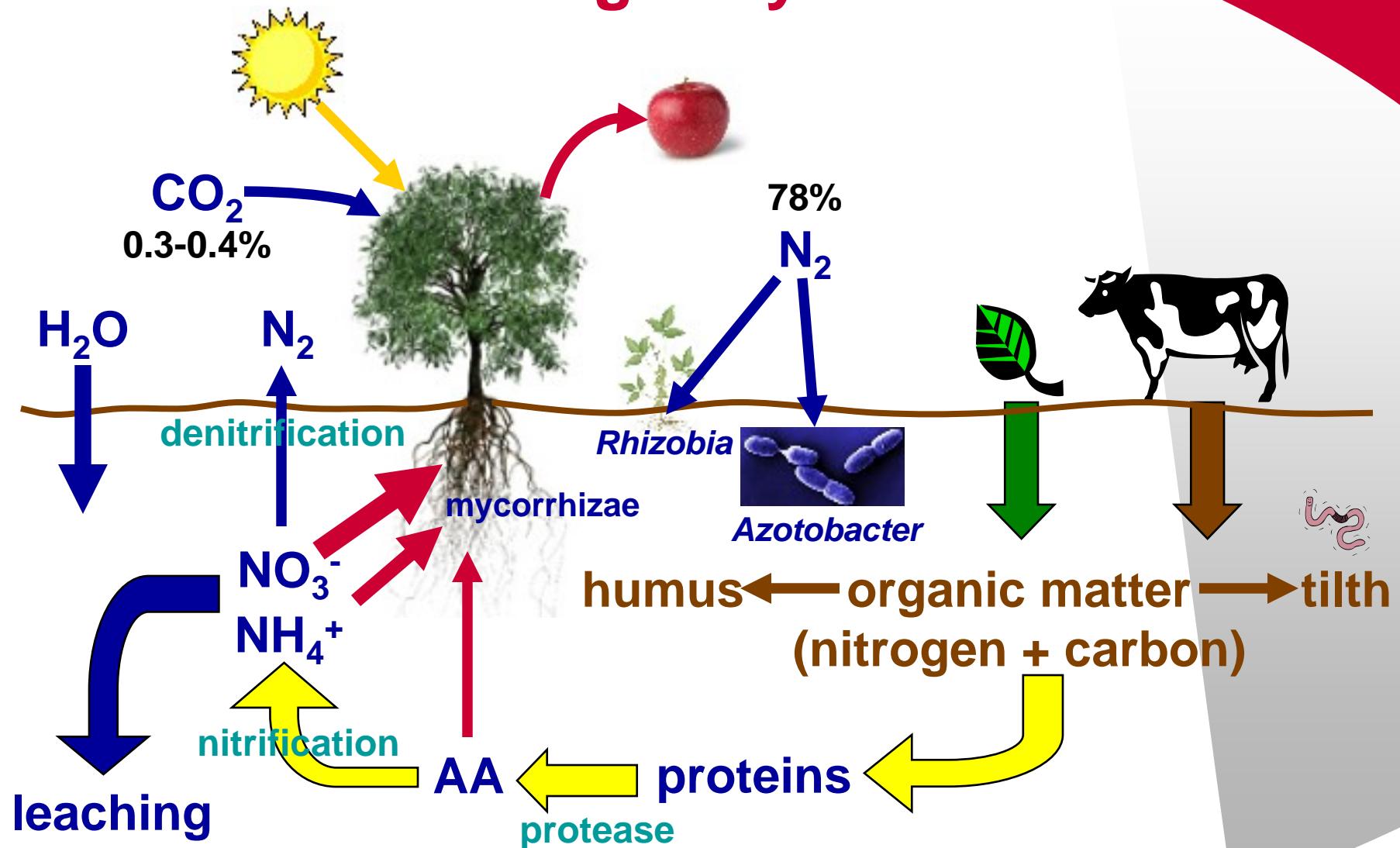
# Characteristics of “living soil”



- Inputs of organic amendments & fertilizers (compost, plant litter, etc)
- High microbial populations, biological diversity & metabolic activity
- High total carbon & nitrogen, but equal or lower readily available nitrogen

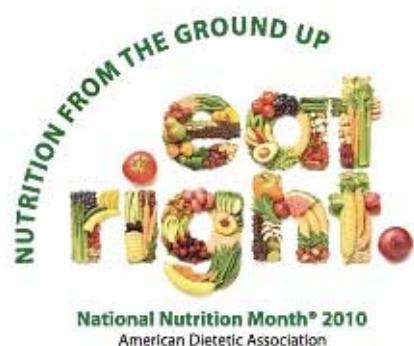


# Carbon and nitrogen cycles



## Conclusions

- Although specific mechanisms and soil-plant interactions are ill-defined, there appears to be a link between soil health and fruit quality.
- Based on research that aims to build soil organic matter, fruit quality appears to be improved.
- Is it enough improvement to warrant the investment?
- Perhaps as inorganic fertilizer costs increase, regional efforts to produce compost and other sources of organic nutrients will gain favor.

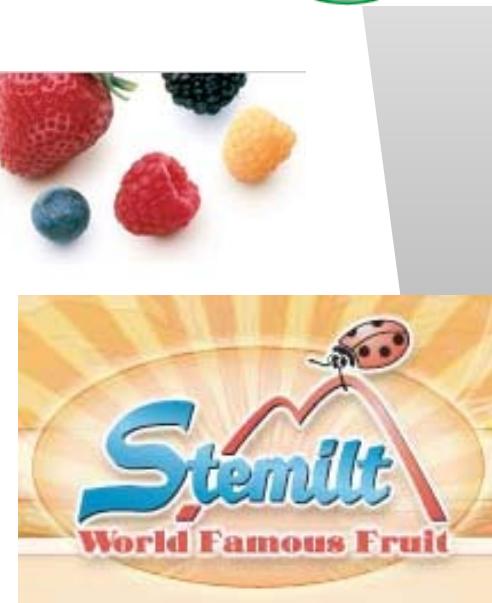
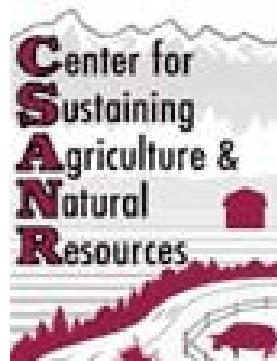


# Supporting organizations



United States Department of Agriculture

Cooperative State Research, Education, and Extension Service



## Questions?

**“Where no kind of manure is to be had, I think the cultivation of lupines will be found the readiest and best substitute.”**

***Columella, 1<sup>st</sup> century Rome***

**“Organic matter functions mainly as it is decayed and destroyed. Its value lies in its dynamic nature.”**

***W.A. Albrecht, 1938***

**“Grass is a source of strength of agriculture and, therefore, to the nation.”**

***Henry Wallace, 1940***